

# VAPOR ALPINE RUNNER INCLINE TRAINER



Climb to new heights with the TRUE Alpine Runner Incline Trainer. The ultimate in incline training with an incline range of -3% to 30%, users will intensify their workouts like never before. Built to last, the Alpine Runner features a patented incline system engineered to reduce load on the incline motor and reduce wear and tear.

## FEATURES

- Incline range of -3% to 30%
- A cushioning system and deck built to relieve impact on joints
- Vertical upper handgrips provide support at highest incline
- TRUE's Monument Workouts (available on touchscreen consoles)
- Thumb switches at the end of the handles for ease of use

## SPECIFICATIONS

DIMENSIONS (L X W X H)  
71" x 40" x 71" / 180 cm x 101 cm x 180 cm

SPEED  
0.5 - 12.5 MPH / 0.8-20 KPH

INCLINE/DECLINE RANGE  
-3% to 30%

PRODUCT WEIGHT  
592 lbs / 269 kg

COLOR  
Matte Black



## CONSOLE OPTIONS



**UNITE 22"**  
**TOUCHSCREEN**



**UNITE 16"**  
**TOUCHSCREEN**



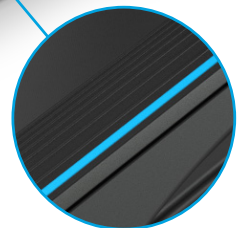
**UNITE 10"**  
**TOUCHSCREEN**



**UNITE LED**  
**CONSOLE**



Optional rear step



Brushed Aluminum  
Side-Step Design

## VAPOR ALPINE RUNNER INCLINE TRAINER

TECHNICAL SPECIFICATIONS	Power Source	120V/20A Dedicated (NEMA 5-20 Receptacle), 230V/15A Option Available
	Cord Length	12' / 3.7M
	Drive Motor	5 HP AC Max Drive™
	Incline Motor	Compression Elevation Motor with 1200 lbs. of Thrust
	Speed Sensor	Optical
	Deck	Reversible / Waxed
	Belt	Maintenance Free
	Rollers	3" / 8 cm Diameter Rollers with Sealed Bearings
	Impact System	TRUE FITX (Foot Impact Transfer) System
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Lubrication	None
	Speed Range	0.5 to 12.5 MPH / 0.8 to 20 KPH
	Incline / Decline Range	-3% to 30%
	Color	Matte Black
	Bluetooth Heart Rate Monitoring	Available on UNITE 22", UNITE 16" and UNITE 10"
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible Bluetooth
	Asset Management	Ecofit
AVAILABLE CONSOLES		UNITE 22" *, UNITE 16", UNITE 10", and UNITE LED
WORKOUTS	UNITE 22", UNITE 16" and UNITE 10" Consoles	10K, 5K, AIR FORCE, ARMY, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, GERKIN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MARINES, MONUMENT WORKOUT, NAVY, PACER WORKOUT, PEB, QUICK START, ROLLING HILLS, SINGLE HILL, SPEED INTERVALS, TARGET HRC, TIME GOAL, VIRTUAL RUNS, WEIGHT LOSS HILL
	UNITE LED Console	10K, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, GERKIN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, and WEIGHT LOSS HILL
SAFETY	Safety Clip	Standard
	High Incline Handrails	Standard
	Straddle Covers	Anodized Aluminum
	User Detection	Person Present Detection
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
OPTIONAL STEP		Robotically welded and reinforced steel frame, molded step with TRUE logo surface
PHYSICAL SPECIFICATIONS	Footprint	71" L x 40" W x 71" H / 180 cm x 101 cm x 180 cm (with optional step - 81" L x 40" W x 71" H / 206 cm x 101 cm x 180 cm)
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	592 lbs / 269 kg
	Shipping Weight	645 lbs / 293 kg
	Shipping Dimensions	89" L x 46" W x 28" H / 226 cm x 117 cm x 71 cm
	Maximum User Weight	400 lbs / 181 kg
	Deck Step-Up Height	5" / 12.7 cm with step. 13.2" / 33.5 cm without step
	Portability	2 Rear Transport Wheels with Built in Rear Handholds
COMMERCIAL WARRANTY	Frame	7 Years
	Parts	3 Years
	Labor	2 Years
	Consoles	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

\*Please note, the cupholders of the Alpine Runner Incline Trainer treadmill will be partially obstructed when used with a 22" console.



truefitness.com | 800.426.6570 | 636.272.7100

©2025 TRUE Fitness Technology, Inc

REV 8-21-2025