

# GRAVITY CROSS TRAINER



The Gravity Cross Trainer provides comfortable, low-impact movement and flow while also providing upper body ergonomics. With the inclusion of built-in Workout Boosters, the Gravity Cross Trainer stands out as an optimal choice for a diverse range of exercisers.

## FEATURES

- 24" Stride Length
- Long-lasting performance
- MultiGrip and Converging Path handlebars
- Advanced Programs & Workout Boosters

## SPECIFICATIONS

DIMENSIONS (L x W)  
69" x 31" / 175 cm x 78 cm

STEP-UP HEIGHT  
9" / 23 cm

DRIVE SYSTEM  
Front Drive

PRODUCT WEIGHT  
320lbs / 145kg

COLOR  
Matte Black



Converging Path  
handlebars follow the  
natural path of the arms.

Close pedal spacing at only  
1.8" aligns the body from head  
to toe and reduces pressure  
on the lower back.

## CONSOLE OPTIONS



**UNITE 22"**  
**TOUCHSCREEN**



**UNITE 16"**  
**TOUCHSCREEN**



**UNITE 10"**  
**TOUCHSCREEN**



**UNITE LED**  
**CONSOLE**

## GRAVITY CROSS TRAINER

TECHNICAL SPECIFICATIONS		Power Source	Self-Generating (110V required with non-LED consoles)
		Cord Length	12' / 3.7M
		Drive System	Front Drive
		Resistance Levels	30
		Stride Length	24" / 61 cm
		Electronically Adjustable Stride	No
		Moving Handlebars Lockout	Yes
		Quiet Motor	Yes
		Workload Range	40-450 Watts
		Frame Construction	Robotically Welded Heavy-Gauge Steel
		Pedal Spacing	1.8" / 4.6 cm
		Handlebar Design	MultiGrip
		Contact Heart Rate Monitoring	Yes, stationary handlebars
		Resistance Source	Hybrid Self-Generating Brake
		Stride Length	24" / 61 cm
		Footpad	Molded Plastic
		Exercise Arms	MultiGrip and Converging Path Handlebars
		Covered Track and Rollers	Yes
		Asset Management	Ecofit
AVAILABLE CONSOLES		UNITE 22", UNITE 16", UNITE 10", and UNITE LED	
WORKOUTS	UNITE 22", UNITE 16" and UNITE 10" Consoles	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RUNS	
	UNITE LED Console	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL	
WORKOUT BOOSTERS	UNITE 22", UNITE 16", UNITE 10", and UNITE LED Consoles	X-MODE, GLUTEKICKER, ARMBLASTER	
TOTAL BODY WORKOUT	Upper Body Isolation	Yes	
	Lower Body Isolation	Yes	
	Total Body	Yes	
EXTRAS	Accessories	Water Bottle Holder, Reading Rack/Tablet Holder	
OPTIONAL STEP		Yes	
PHYSICAL SPECIFICATIONS	Footprint	69" L x 31" W / 175 cm x 78 cm (with Steps - 83" L x 37" W / 211 cm x 94 cm)	
	Active Footprint	83" L x 34" W / 210 cm x 86 cm	
	Machine Weight	320 lbs / 145 kg	
	Machine Weight with Side Steps	348 lbs / 158 kg	
	Shipping Weight	380 lbs / 172 kg	
	Shipping Dimensions	82" L x 31" W x 36" H / 208 cm x 79 cm x 91 cm	
	Maximum User Weight	400 lbs / 181 kg	
	Step-Up Height	9" / 23 cm	
	Portability	2 Front Transport Wheels	
COMMERCIAL WARRANTY	Frame	7 Years	
	Parts	3 Years	
	Labor	1 Years	
	Console	3 Years	
LIMITED-USE COMMERCIAL WARRANTY*	Frame	7 Years	
	Parts	5 Years	
	Labor	2 Years	
	Consoles	3 Years	

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

\*To be eligible for the alternative limited-use commercial warranty, equipment use cannot exceed 6-hour use a day or be for use in a membership, dues paying, or institutional facility.