

# APEX CROSS TRAINER



Designed based on precise human biomechanics, the Apex Cross Trainer delivers comfortable natural movement and flow, both forward and backward. With MultiGrip handlebars, users can target different upper-body muscles simply by changing the grip; and Converging Path handlebars follow the natural path of the arms when walking or running.

## FEATURES

- Electronically adjustable stride from 20"- 28"
- SmartStride® technology
- Close pedal spacing
- Low step-up height
- Advanced training 30:30 and MMA

## SPECIFICATIONS

DIMENSIONS (L x W)  
77" x 33" / 196cm x 84cm

STEP-UP HEIGHT  
8" / 20.32cm

UNIT HEIGHT  
64" / 162.56cm

PRODUCT WEIGHT  
364lbs / 165kg

COLOR  
Matte Black



Advanced programs with workout boosters



Optional side steps



SmartStride ergonomics automatically adjusts stride length between 20" - 28" to replicate walking, jogging, and running

## CONSOLE OPTIONS



UNITE 22"  
TOUCHSCREEN



UNITE 16"  
TOUCHSCREEN



UNITE 10"  
TOUCHSCREEN



UNITE LED  
CONSOLE

