



Palladium Modular Training Systems



Model # TMS2000, TMS4000, TMS5000,
TMS6000, TMS8000, TMS12000, TMS16000
Revision: 041422

OWNER'S MANUAL

A MESSAGE TO OUR CUSTOMERS

Frank Trulaske began TRUE Fitness® over thirty-five year ago with the simple philosophy of delivering superior fitness products, service, and support. Today, TRUE is the global leader in premium fitness equipment for the commercial and residential markets. Our goal is to be the leader in technology, innovation, performance, safety and style. TRUE has received many awards for its product over the years and remains the benchmark for the industry. Fitness facilities and consumers invest in TRUE products for their durable commercial platforms used in all its products, both commercial and residential alike.

The proud manufacturing tradition of quality and the culture of innovation at TRUE have given rise to a full line of extraordinary cardio and strength equipment. As a result, people all over the world are benefiting from the TRUE experience. Innovation across the full product line has made TRUE successful and is a trademark of the TRUE heritage. TRUE's patented Heart Rate Control technology is just one of the remarkable ways we deliver simple and superior performance every user can enjoy, and most importantly, use to achieve personal health and fitness goals.

At the heart of our success is the relentless and systematic life testing of both our products and their components. We have dedicated employees who understand our philosophy is to deliver the best products in the world.

Our goal is to deliver the world's best premium equipment for our customers' health and fitness solutions.

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CHAPTER 1: SAFETY INSTRUCTIONS



FACILITY AND USER SAFETY PRECAUTIONS

1. Review and understand all of the warning labels affixed to this machine and on the facility safety sign.
2. Be certain that the machine operation is understood before it is used. Refer to the instructional procedure label affixed to the machine.
3. Make sure all users are properly trained on how to use this equipment. If this machine is being used in a commercial setting, end users may not have access to this owners manual. It is the responsibility of the facility to instruct users as to the proper usage of the equipment as well as making them aware of potential hazards. Maximum user weight is 300 lbs (136 kg) unless otherwise stated in the manual.
4. Use each machine only for the intended exercise. Do not allow anyone to invent exercises not included on the instructional procedure label or the intended use Label.
5. Do not modify the machine.
6. This equipment meets industry safety standards for stability when used for the intended exercise. Do not allow straps, resistance bands or other means to be attached to the framework of this machine to perform stretching or body weight exercises. This can result in machine instability and lead to serious crushing injuries.
7. Keep children away from this equipment. Adults should closely supervise use by teenagers.
8. It is recommended that users receive a thorough medical exam before commencing an exercise program. All medical issues should be reviewed to ensure that weight training will not aggravate pre-existing medical conditions.
9. If the machine appears damaged or inoperable, contact a facility staff member to place an "OUT OF ORDER, DO NOT USE" sign on the machine until it is repaired. Only use TRUE supplied replacement components to service this machine.
10. Instruct users not to wear loose or dangling clothes or have headphone wires hanging when using this equipment.
11. Do not attempt to free any jammed assemblies by yourself as this may cause injury.
12. On Plate Loaded and Free Weight machines:
 - 12a. Use of spotter(s). Instruct users to seek the advice of the facility staff as to the appropriate use of spotters when lifting. More than one spotter may be required depending upon the amount of weight being lifted.
 - 12b. Instruct users to load weight plates evenly and carefully to avoid tipping equipment and crushing injuries.
 - 12c. If the machine is equipped with safety stops or catches, inspect them and verify their proper operation before use and make sure they are securely in place before using or exiting the machine. Be certain members are instructed on how to operate and adjust

CHAPTER 1: SAFETY INSTRUCTIONS

- 12d. This equipment is designed for standard olympic size weight plates with a 50mm bore (1.9").
- 12e. Do not exceed the maximum weight capacity of the machine. Maximum plate size is 45 lbs. (25 kg.).
13. On Selectorized and Cable equipped machines:
- 13a. Do not allow users to perform any exercise by holding the end of the cable and/or the cable end fitting. Use only appropriate handles or attachments properly connected to the cable end.
- 13b. Do not high-pin or double-pin the weight stack. Do not allow the machine to be used if the top plate or weight stack is pinned in a raised position. Use an assistant and carefully return the machine to the proper position with the cap plate resting on the top weight. Inspect the entire length of the cable to ensure that it is properly seated in all of the pulley grooves.
- 13c. Do not allow the use of weight plates or dumbbells to be used as a means to add additional weight to the weight stacks. Use only the TRUE adder weight system specifically designed for the machine.



INSTALLATION SAFETY PRECAUTIONS

1. Read this installation manual entirely before assembling this equipment.
2. Verify that there is adequate space surrounding this piece of equipment for safe access and operation. Installation must meet ADA requirements for accessibility.
3. Install this piece of equipment on a solid level surface that does not deviate more than 1/8" over a 10' distance (or as defined and required by local building and architectural codes.)
4. TRUE strongly recommends that all equipment be anchored to the floor to prevent movement and increase stability.
 - Due to the wide variation of flooring on which the unit can be installed, contact a qualified contractor to determine an appropriate fastening system for your floor.
 - Use 3/8" diameter hardware (10 mm) to anchor the machine. Anchors should have a minimum pull out force of 220 lb (110 kg) for each position.
 - When attaching the machine to the floor, if there is a gap between the machine foot and the floor, do not use the anchor to remove the gap as this can cause the machine frame to deform. Instead, place a shim between the bottom of the foot and the floor, then tighten the anchor.
 - Anchoring holes are provided on the feet of the frame. All anchoring locations must be used when anchoring the equipment to the floor.
5. DO NOT install any fitness equipment near a pool, hot tub or other damp locations. Corrosion caused by installation in these locations can lead to premature failure of components.
6. Be sure all hardware is tight before using this machine.
7. Some assembly materials may come preassembled in the carton. Refer to Chapter 2: Assembly Guide for instructions on disassembling assembly materials where appropriate before beginning assembly.

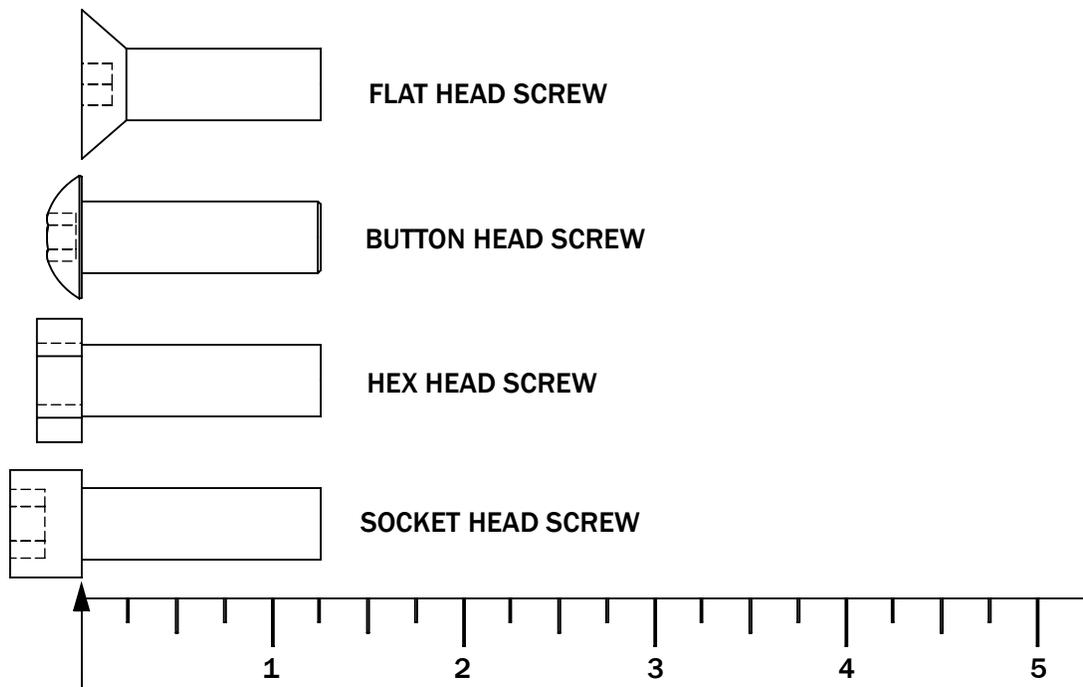
CHAPTER 1: SAFETY INSTRUCTIONS



MAINTENANCE SAFETY PRECAUTIONS

1. Refer to the maintenance schedule table in this manual for when to perform maintenance.
2. Check the function of your machine DAILY by verifying the following:
 - If equipped with cables, inspect cables and end fittings for any signs of wear. Replace if worn, frayed, or damaged with TRUE replacement components.
 - Verify that all adjustments are possible and carried out with ease. Make sure that each adjustment pin inserts completely into each position without binding.
 - Verify that safety catches and stops are in proper working order and engaged.
 - Verify that the exercise is performed smoothly, free of noise, and/or binding.
 - If equipped with a weight stack, verify that the proper weight selector pin is in place.
3. Check the function of your machine WEEKLY by verifying the following:
 - Nuts, Bolts, and Fasteners: check tightness weekly. If any hardware has become loose, retighten it, use Loctite™ Threadlocker 242, or both.
 - Frames and Lifting Arms: Inspect weekly for integrity and function. Replace any component at first signs of wear. Use only TRUE supplied components.
4. Replace any warning label at the first sign of wear. Labels and the facility safety sign may be obtained from TRUE.

BOLT LENGTH MEASURING GUIDE



CHAPTER 1: SAFETY INSTRUCTIONS



IMPORTANT

Preventative maintenance is crucial to maintaining the function and safety of this equipment. Your facility must establish written guidelines for preventative maintenance and keep written or online records of the maintenance performed on these products. As a minimum, the items presented in the SAFETY section of this document and the items that follow here, should be included in your maintenance program.

1. **Cables (If equipped):** inspect end fittings daily for wear. Inspect the entire length of the cable weekly. Replace cables at the first sign of wear and on an annual basis. If the cable tension has been adjusted, be certain that the cable nut is tight.
2. **Nuts, Bolts, and Fasteners:** check tightness weekly. If any hardware has become loose, retighten and/or use Loctite[™] brand Threadlocker 242. Be sure all hardware is tight before using the machine.
3. **Safety Catches:** inspect catches, stop rods and their associated fasteners weekly. Tighten any loose hardware and replace any components at first signs of wear.
4. **Frames:** sweat, disinfecting sprays and spills can lead to corrosion which may lead to premature failure of components. Wipe all machines down with a damp cloth and dry completely each day. This includes painted parts, chrome parts and upholstered pads.
5. **Painted and chrome plated parts:** use Simple Green with a dilution of 32:1 or similar cleaner for light dirt and grime. Use Turtle Wax Polishing Compound or a good car polish to remove heavier dirt and grease as well as for polishing. **DO NOT** use solvents, lacquer thinner, acetone or finger nail polish remover. For scuffs and marks that are not removed by the above methods use a soft scrub cleanser. Make sure all parts are dry upon completion.
6. **Weight stack enclosures (shrouds)(If Equipped):** wipe down with a damp cloth as needed.
7. **Exercise instruction labels:** clean with soap and water as needed.
8. **Guide rods (If equipped):** wipe all dirt and dust from the guide rods before applying a light application of Tri-Flow[™] or other teflon spray lubricant. Spray the Tri-Flow[™] on a rag and then wipe the guide rods with the rag. **DO NOT** use oil lubricants such as WD-40. Caution: Tri-Flow[™] will stain carpet and clothing.
9. **Bronze bushings:** check monthly for signs of wear and replace as needed.
10. **Linear Bearing Shafts:** wipe any accumulation of dust or other contaminants from the shafts on a weekly basis. Apply a thin layer of a Teflon[®] (PTFE) grease on a weekly basis. TRUE recommends Magnalube[®] brand.
11. **When replacing any component, use only TRUE supplied parts.**
12. **Be sure all hardware is tight before using the machine.**

Retain these instructions for future reference.

If you have any questions, do not hesitate to contact your TRUE dealer or TRUE Fitness Technology at (800)883-8783 or service@truefitness.com.

CHAPTER 1: SAFETY INSTRUCTIONS

COMMERICAL MAINTENANCE SCHEDULE					
	DAILY	WEEKLY	MONTHLY	6 MONTHS	ANNUALLY
INSPECT: Cables for wear, tension, and proper connection if equipped.	X				
INSPECT: All nuts and bolts and tighten if needed.		X			
INSPECT: All anti-slip surfaces and replace as needed.		X			
INSPECT: All adjustment pins, weight stack pins, set screws, gas shocks, snap links, and pulleys if equipped.	X				
INSPECT: All accessory bars and handles.		X			
INSPECT: All safety and instructional decals.	X				
INSPECT: All weight stack shields if equipped.	X				
CLEAN: Guide rods and lubricate with a teflon lubricant if equipped.			X		
CLEAN: Upholstery	X				
LUBRICATE: Pivot bearings and linear bearings.				X	
REPLACE: Cables if equipped.					X

COMPLIANCES:

This equipment complies with all fitness product standards. For a complete list of compliances, please visit www.TrueFitness.com.

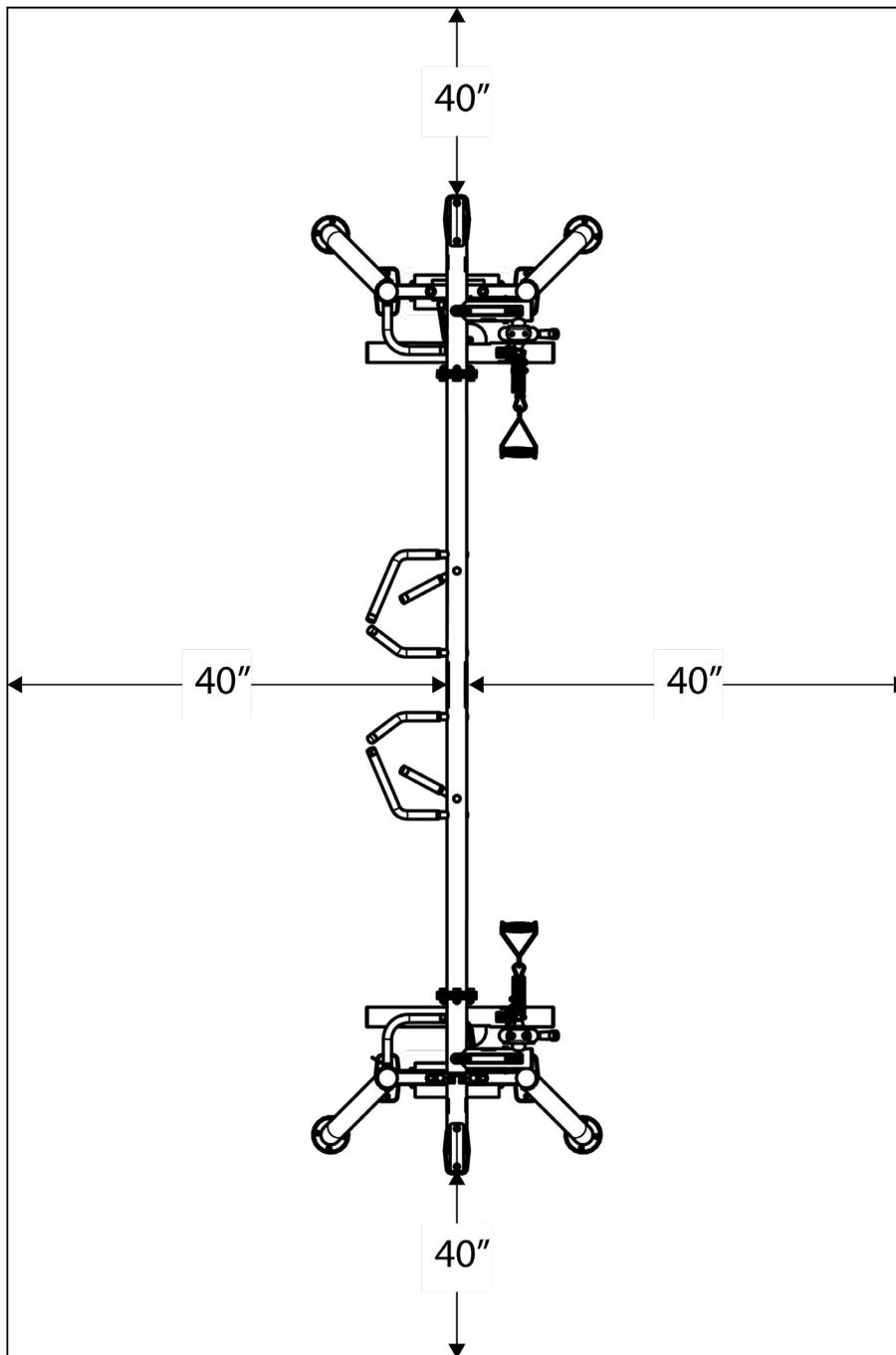
CHAPTER 2: ASSEMBLY GUIDE

SPACE REQUIREMENTS:

TRUE Fitness recommends the following space requirements:

- Leave a 40" (1.0m) safety zone on all sides of the unit.
- Allow sufficient room for the full extension of a cable in all directions.

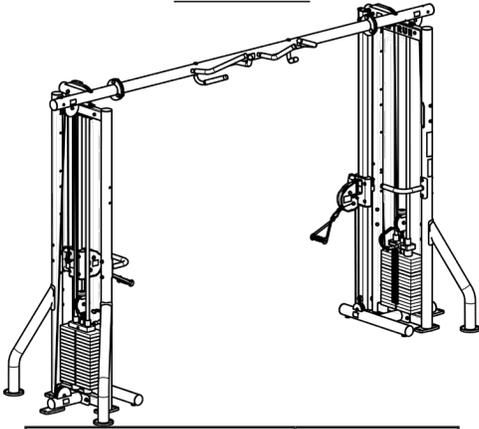
Note: The TMS2000 is shown below, but the recommended space requirements apply to all Modular Strength configurations.



CHAPTER 2: ASSEMBLY GUIDE

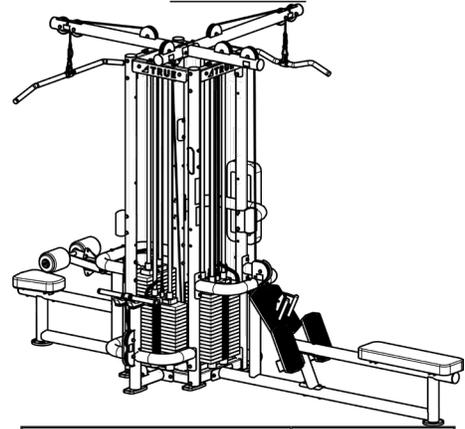
COMMON MODULAR STRENGTH CONFIGURATIONS:

TMS2000:



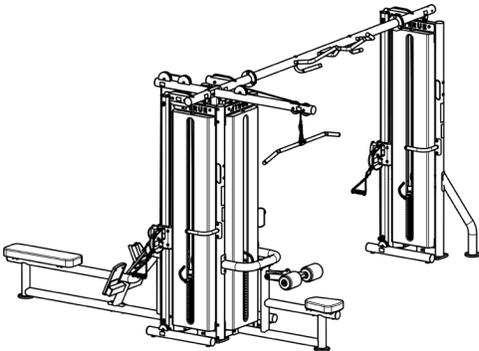
Part Number	Quantity
TMS0001	2
TMS0002	1

TMS4000:



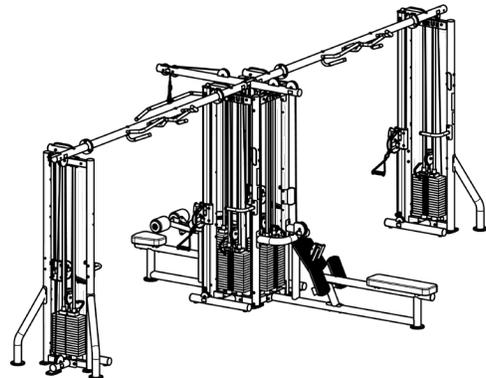
Part Number	Quantity
TMS0004	1
TMS0500	1
TMS0600	1
TMS1100	1
TMS1200	1

TMS5000:



Part Number	Quantity
TMS0001	1
TMS0002	1
TMS0004	1
TMS0070	1
TMS1100	1
TMS1200	1

TMS6000:

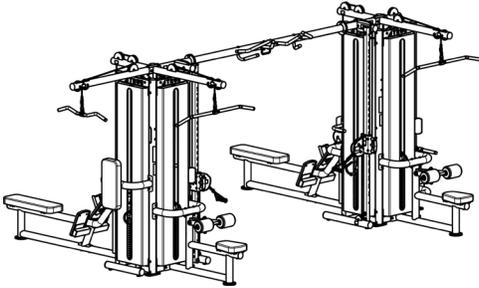


Part Number	Quantity
TMS0001	2
TMS0002	2
TMS0004	1
TMS1100	1
TMS1200	1

CHAPTER 2: ASSEMBLY GUIDE

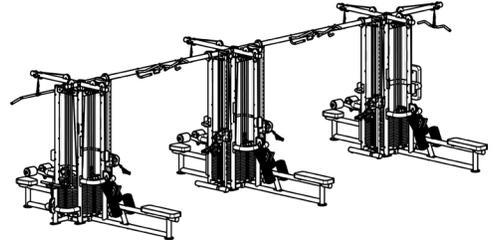
COMMON MODULAR STRENGTH CONFIGURATIONS:

TMS8000:



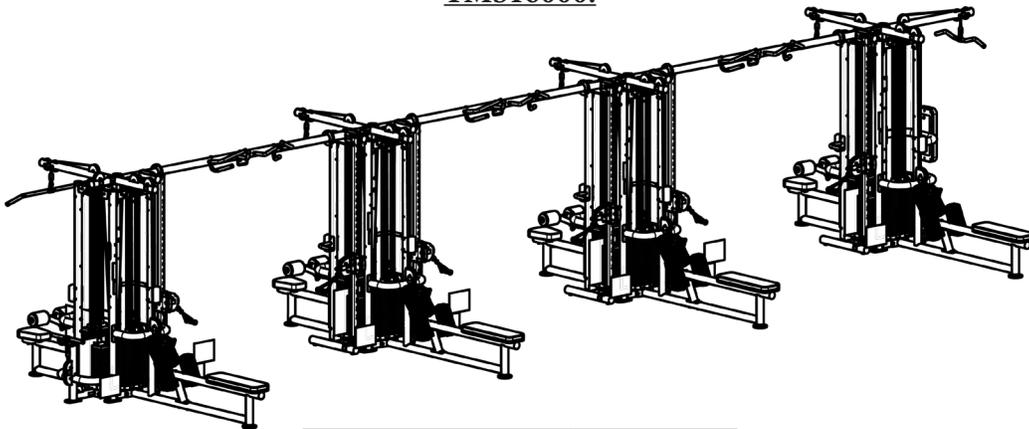
Part Number	Quantity
TMS0003	1
TMS0004	2
TMS0500	1
TMS0600	1
TMS1100	2
TMS1200	2

TMS12000:



Part Number	Quantity
TMS0003	2
TMS0004	3
TMS0500	1
TMS0600	1
TMS1100	3
TMS1200	3

TMS16000:

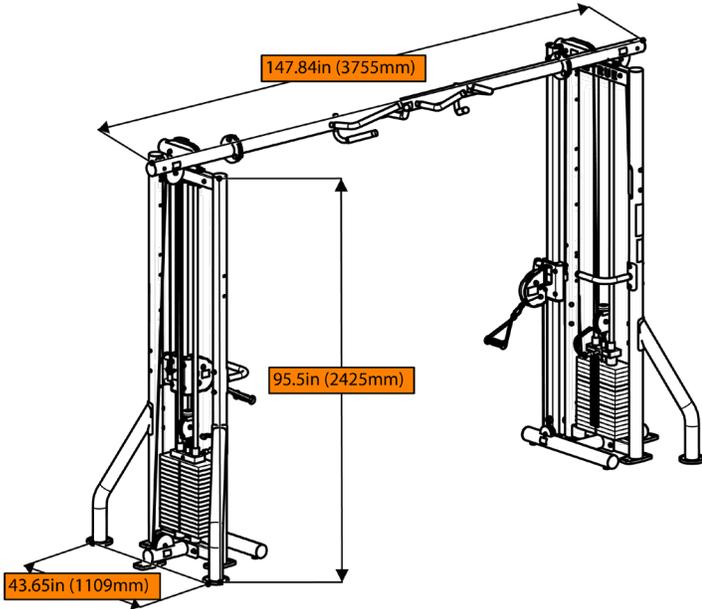


Part Number	Quantity
TMS0003	3
TMS0004	4
TMS0500	1
TMS0600	1
TMS1100	4
TMS1200	4

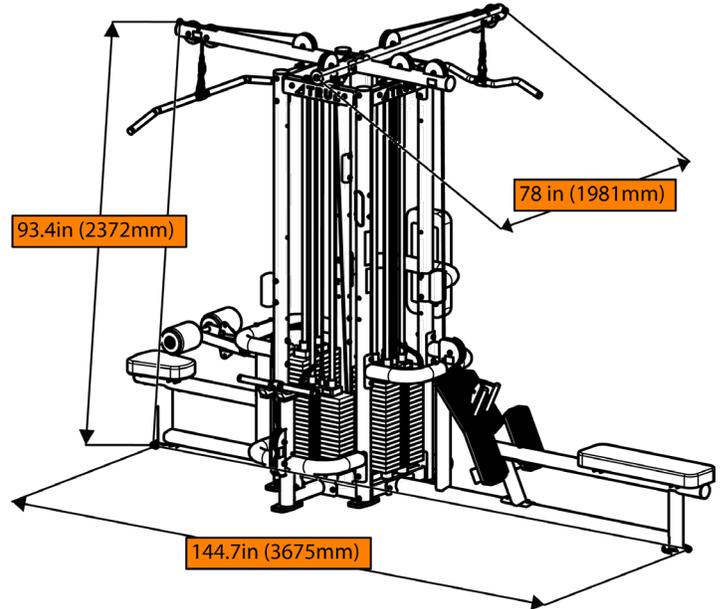
CHAPTER 2: ASSEMBLY GUIDE

PRODUCT DIMENSIONS:

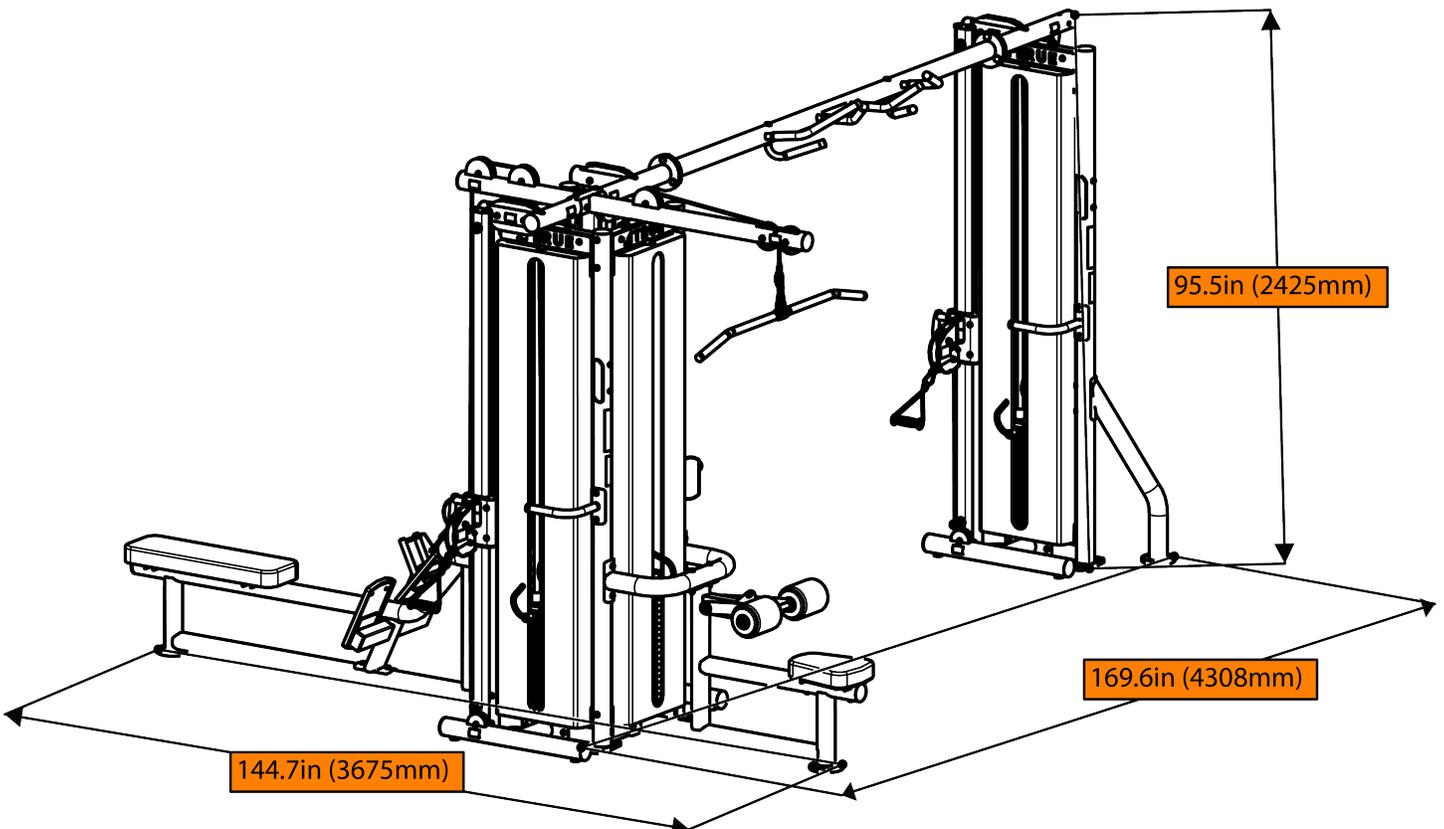
TMS2000:



TMS4000:



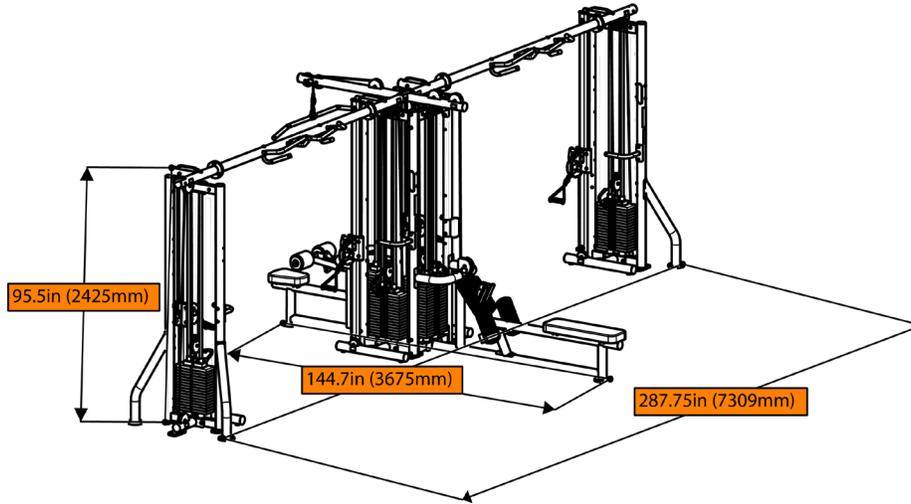
TMS5000:



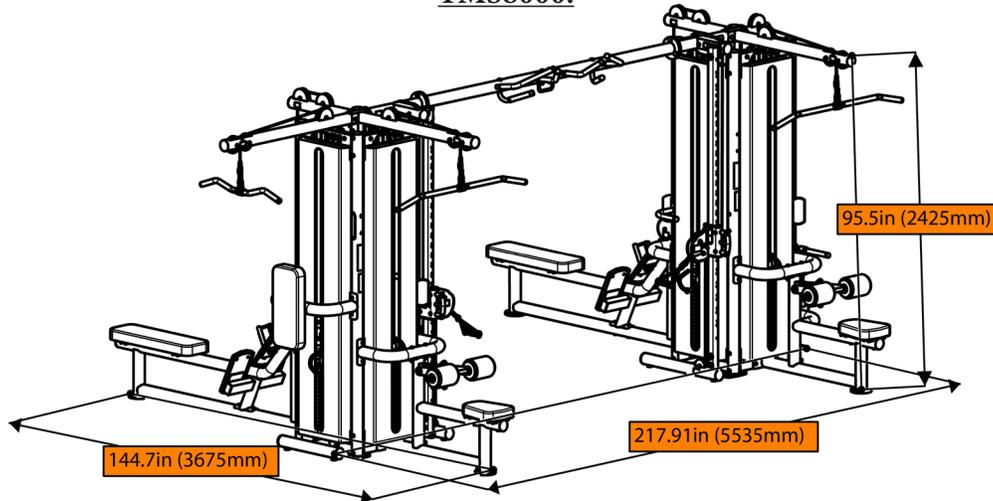
CHAPTER 2: ASSEMBLY GUIDE

PRODUCT DIMENSIONS:

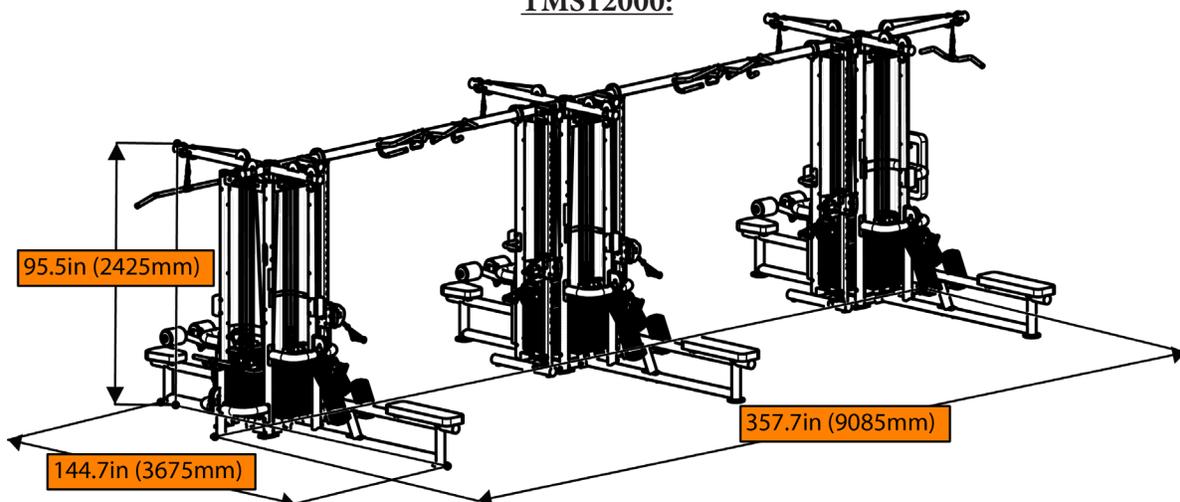
TMS6000:



TMS8000:



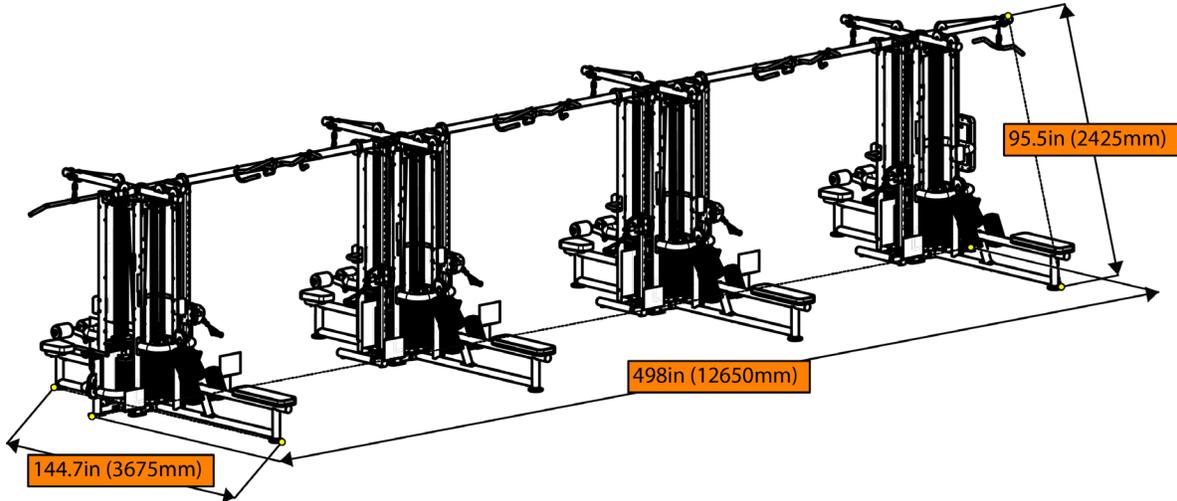
TMS12000:



CHAPTER 2: ASSEMBLY GUIDE

PRODUCT DIMENSIONS:

TMS16000:



CHAPTER 2: ASSEMBLY GUIDE

MODULAR SERIAL LABEL LOCATIONS:

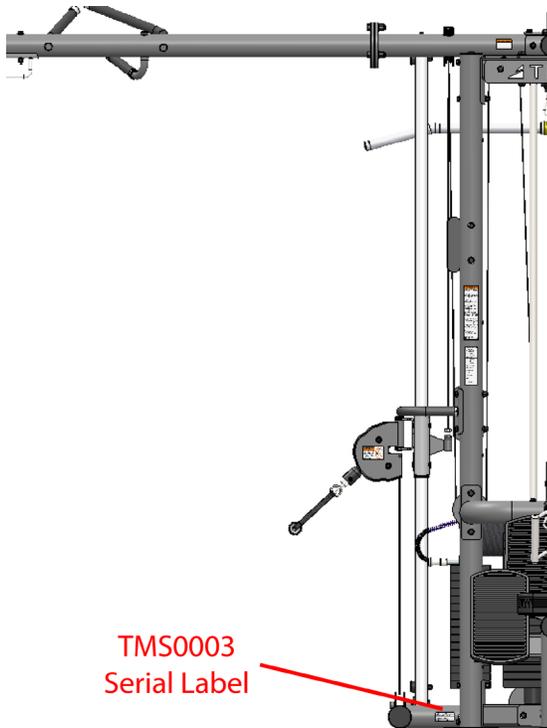
TMS0001:



TMS0002:



TMS0003:



TMS0004:



CHAPTER 2: ASSEMBLY GUIDE

MODULAR SERIAL LABEL LOCATIONS:

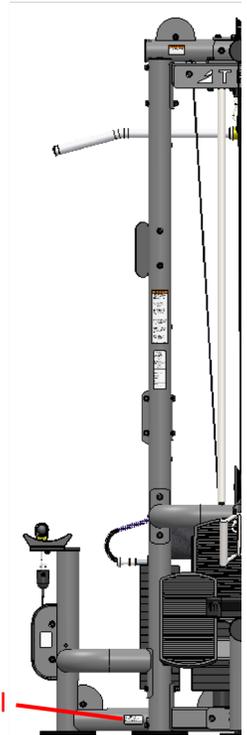
TMS0070:



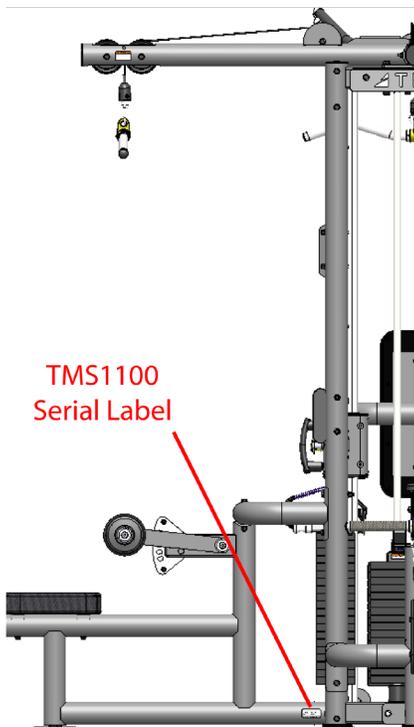
TMS0500:



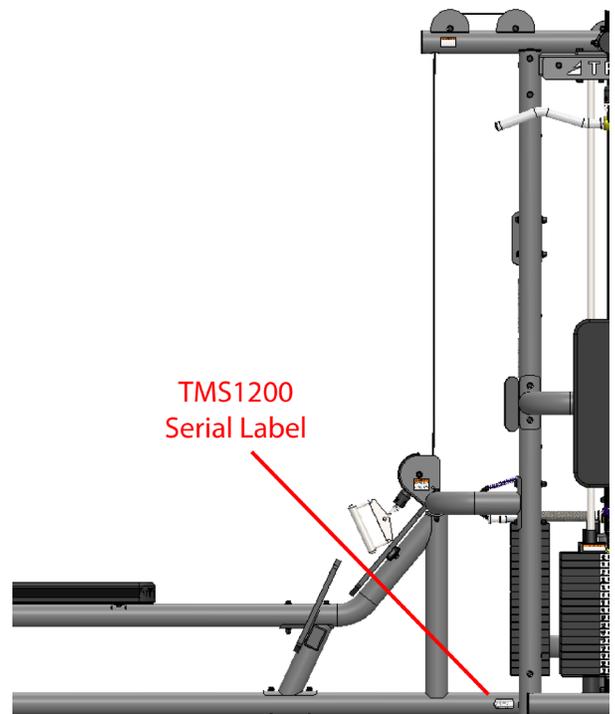
TMS0600:



TMS1100:

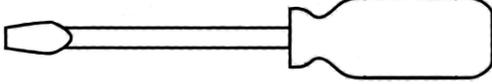
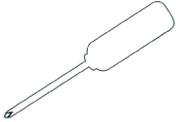
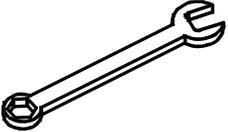
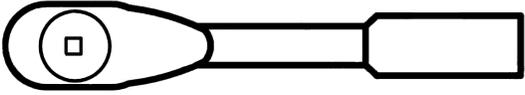


TMS1200:



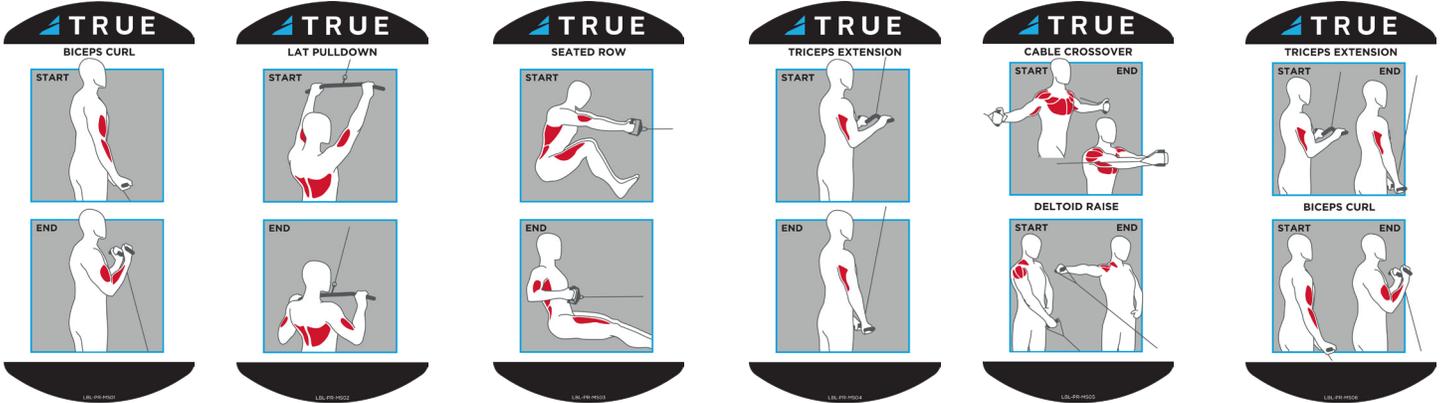
CHAPTER 2: ASSEMBLY GUIDE

REQUIRED TOOLS:

	Flat Head Screwdriver
	Phillips Head Screwdriver
	Open Ended wrench: <ul style="list-style-type: none"> • 9/16" • 5/8" • 3/4"
	Allen wrench: <ul style="list-style-type: none"> • 3/32" • 5/32" • 3/16" • 7/32"
	Rubber Mallet
	Ratchet
	Socket: <ul style="list-style-type: none"> • 9/16" • 5/8" • 3/4"

CHAPTER 2: ASSEMBLY GUIDE

WORKOUT PLACARDS:



LABELS:

⚠ WARNING

SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT. FOLLOW THESE PRECAUTIONS TO HELP AVOID INJURY.

- BEFORE USING:** Read all of the warnings and obtain instruction on the use of this machine. Use only for the intended exercise. **DO NOT** modify the machine.
- Get a medical exam before beginning an exercise program.
- Keep body and clothing clear of all moving parts. **DO NOT** wear anything loose or dangling.
- Inspect the machine before use. **DO NOT** use if it appears damaged. **DO NOT** try to fix any machine. Notify staff immediately.
- INSPECT MACHINE DAILY** for loose, worn or damaged parts. Tighten and adjust all loose parts. Replace any part or label at first signs of wear. Inspect all cables and their connections closely. If you are in doubt about any part, **DO NOT** use the machine until the part is replaced.
- Inspect cables and connections before using the machine. **DO NOT** use this machine if any part appears worn or damaged.
- Be certain that weight pin is completely inserted. Use only the pin provided by the manufacturer. If unsure, seek assistance.
- NEVER** pin the weights or top plate into an elevated position. **DO NOT** use the machine if found in this condition. **DO NOT** try to fix. Seek assistance.
- Use only the incremental weights supplied by the manufacturer. **DO NOT** use dumbbells or other means to add resistance to the machine.
- NEVER** allow children near this machine. Supervise teenagers.
- DO NOT REMOVE THIS LABEL. REPLACE IF DAMAGED.**

P/N B2060 8/20 ASTM F1749

⚠ WARNING

SERIOUS INJURY CAN OCCUR IF ADJUSTMENT PIN IS NOT COMPLETELY INSERTED.

VISUALLY INSPECT AND BE CERTAIN PIN IS FULLY INSERTED BEFORE EACH SET.

DO NOT DO EXERCISES WITH HEAD UNDER ADJUSTABLE TROLLEY OR PULLY HOUSING.

ASTM F1749 LBL-WRN-FTPIN

⚠ WARNING

SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT IF THE PIN IS NOT COMPLETELY INSERTED BEFORE USE.

ASTM F1749 B2065

⚠ WARNING

SERIOUS INJURY CAN OCCUR! DO NOT GRASP END FITTING TO PERFORM EXERCISES. ONLY USE HANDLE OPTIONS AND ATTACHMENT LINKS PROVIDED BY TRUE.

LBL-WRN-MS02

⚠ WARNING

SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT IF THE CABLES AND THEIR ATTACHMENT COMPONENTS ARE NOT INSPECTED OFTEN. REPLACE AT FIRST SIGNS OF WEAR.

ASTM F1749 B2051

CHAPTER 2: ASSEMBLY GUIDE

LABELS:

MAINTENANCE SCHEDULE	DAILY	WEEKLY
Check the integrity and function of the following items. Replace all worn components immediately.		
Cables: Check tension, end fittings, and coating. Check tightness of weight stack locking nut.	X	X
Upholstery: Wipe down and dry. Clean and condition.	X	X
Frame: Wipe with water dampened cloth and dry completely. DO NOT leave parts damp. Polish/Wax	X	X
Chrome: Wipe with water dampened cloth and dry completely. DO NOT leave parts damp. Polish/Wax	X	X
Nuts/Bolts/ Fasteners: Tighten and/or adjust as needed.		X
Guide Rods: Lubricate and clean		X
Linear Rods: Lubricate and clean		X
Seat Sleeves: Lubricate and clean		X
Adjustments/Locking Pins/ Tightening Knobs		X
Weight Stack Pin		X
Warning/Instruction Labels		X
Springs		X
Anti-Skid		X
Hand Grips		X
For recommended maintenance products refer to the owner's manual.		
1-800-883-8783 B2315BK 04/20		

WARNING

TO PREVENT TIPPING AND SERIOUS CRUSHING INJURIES, DO NOT ATTACH ANYTHING TO THE FRAMEWORK OF THIS MACHINE. THIS MACHINE IS NOT TO BE USED AS A GROUND-BASED FRAME FOR ATTACHING BANDS, STRAPS, ROPES OR OTHER DEVICES.

ASTM F1749 LBL-WRN-0011

WARNING

SERIOUS INJURY CAN OCCUR. MAKE SURE PIN IS COMPLETELY INSERTED PRIOR TO USING.

ASTM F1749 B4999

WARNING

BOLT HEIGHT MUST NOT EXCEED 1". CHECK REGULARLY. MAKE SURE LOCKING NUT IS TIGHT.

ASTM F1749 LBL-WRN-MS01

10 LBS. 5 KG.	12.5 LBS. 6 KG.	20 LBS. 9 KG.	20 LBS. 9 KG.	25 LBS. 11 KG.
15 LBS. 7 KG.	20.0 LBS. 9 KG.	30 LBS. 14 KG.	30 LBS. 14 KG.	40 LBS. 18 KG.
20 LBS. 9 KG.	27.5 LBS. 13 KG.	40 LBS. 18 KG.	40 LBS. 18 KG.	55 LBS. 25 KG.
25 LBS. 11 KG.	35.0 LBS. 16 KG.	50 LBS. 23 KG.	50 LBS. 23 KG.	70 LBS. 32 KG.
30 LBS. 14 KG.	42.5 LBS. 19 KG.	60 LBS. 27 KG.	60 LBS. 27 KG.	85 LBS. 39 KG.
35 LBS. 16 KG.	50.0 LBS. 23 KG.	70 LBS. 32 KG.	70 LBS. 32 KG.	100 LBS. 46 KG.
40 LBS. 18 KG.	57.5 LBS. 26 KG.	80 LBS. 36 KG.	80 LBS. 36 KG.	115 LBS. 52 KG.
45 LBS. 20 KG.	65.0 LBS. 30 KG.	90 LBS. 41 KG.	90 LBS. 41 KG.	130 LBS. 59 KG.
50 LBS. 23 KG.	72.5 LBS. 33 KG.	100 LBS. 45 KG.	100 LBS. 45 KG.	145 LBS. 66 KG.
55 LBS. 25 KG.	80.0 LBS. 36 KG.	110 LBS. 50 KG.	110 LBS. 50 KG.	160 LBS. 73 KG.
60 LBS. 27 KG.	87.5 LBS. 40 KG.	120 LBS. 54 KG.	120 LBS. 54 KG.	175 LBS. 80 KG.
65 LBS. 30 KG.	95.0 LBS. 43 KG.	130 LBS. 59 KG.	130 LBS. 59 KG.	190 LBS. 86 KG.
70 LBS. 32 KG.	102.5 LBS. 47 KG.	140 LBS. 64 KG.	140 LBS. 64 KG.	205 LBS. 93 KG.
75 LBS. 34 KG.	110.0 LBS. 50 KG.	150 LBS. 68 KG.	150 LBS. 68 KG.	220 LBS. 100 KG.
80 LBS. 36 KG.	117.5 LBS. 53 KG.	160 LBS. 73 KG.	160 LBS. 73 KG.	235 LBS. 107 KG.
85 LBS. 39 KG.	125.0 LBS. 57 KG.	170 LBS. 77 KG.	170 LBS. 77 KG.	250 LBS. 114 KG.
			180 LBS. 82 KG.	265 LBS. 120 KG.
			190 LBS. 86 KG.	280 LBS. 127 KG.
			200 LBS. 91 KG.	295 LBS. 134 KG.
			210 LBS. 95 KG.	310 LBS. 141 KG.

CHAPTER 2: ASSEMBLY GUIDE

LABELS:



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0001
SERIAL NO: 21-TMS001001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0002
SERIAL NO: 21-TMS002001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0003
SERIAL NO: 21-TMS003001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0004
SERIAL NO: 21-TMS004001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0070
SERIAL NO: 21-TMS007001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0500
SERIAL NO: 21-TMS050001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS0600
SERIAL NO: 21-TMS060001A



TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS1100
SERIAL NO: 21-TMS110001A



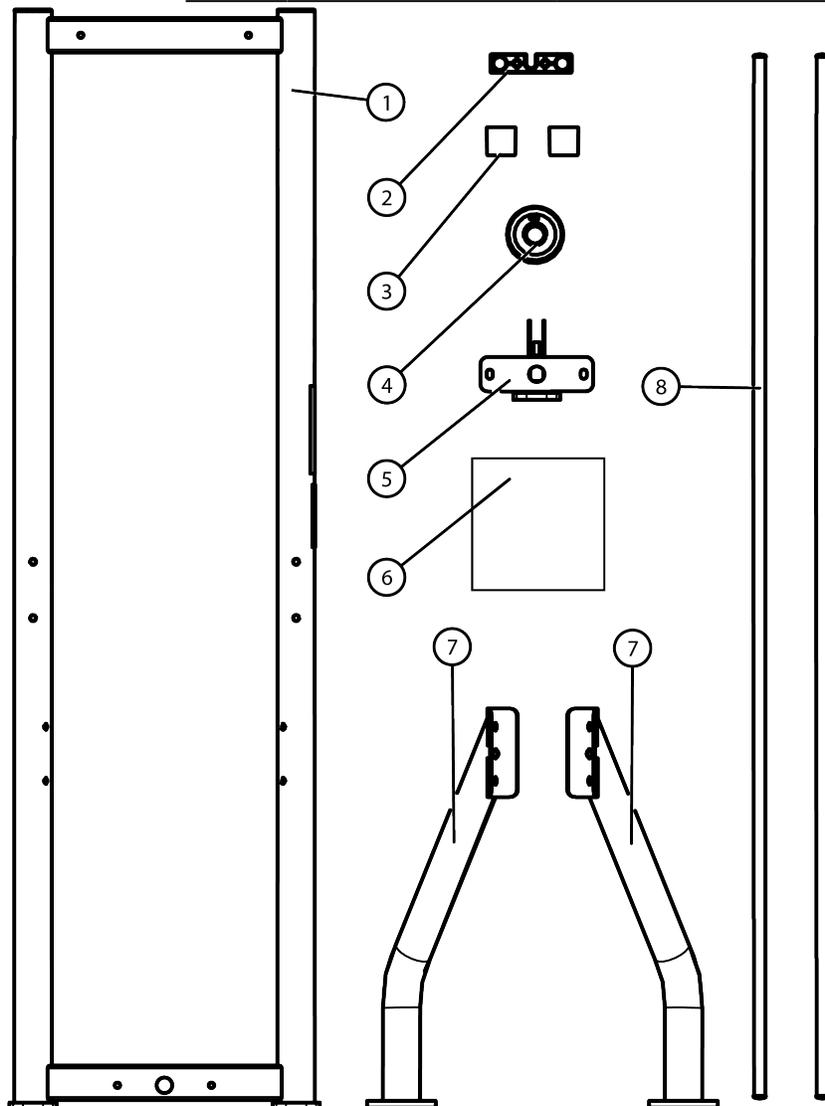
TRUE FITNESS TECHNOLOGY, INC
865 HOFF RD, ST LOUIS MISSOURI 63366 USA
MODEL NO: TMS1200
SERIAL NO: 21-TMS120001A

CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0001 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS00011	Frame, Upright Assembly	1
2	S 547	Guide Rod Bracket	1
3	FUS-00WB001	Rubber Bumper	2
4	B 900	Pulley	1
5	TMS00016	Frame, Lower Assembly	1
6	TMS0001HW	Hardware Pack, TMS0001	1
7	TMS00015	Frame, Leg Assembly	2
8	TMS00014	Guide Rod Assembly, Single	1

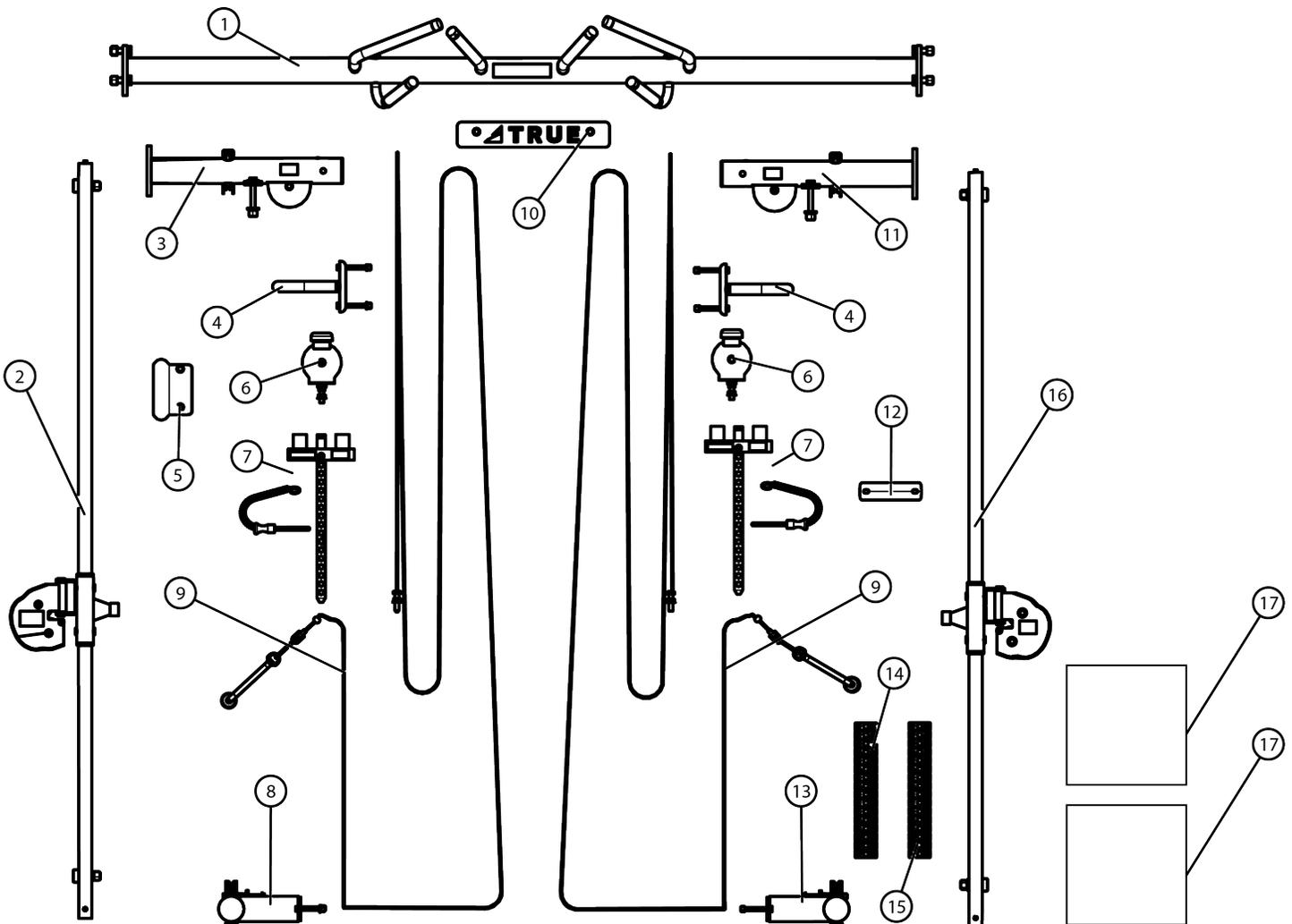


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0002 Carton Contents:

Item	Part Number	Description	Quantity
10	TMS000336	Plate/Logo Assembly	2
11	TMS000332	Frame, Upper Assembly, Right	1
12	TMS0002305	Bracket, Connector	2
13	TMS000331	Frame, Lower Assembly, Right	1
14	LBL-WS-MS125	Label, Weight Stack, 125 lb.	1
15	LBL-WS-MS85	Label, Weight Stack, 85 lb.	1
16	TMS000335	Column, Adjustable, Right	1
17	TMS0002HW01	Hardware Pack, TMS0002, 1 and 2	1

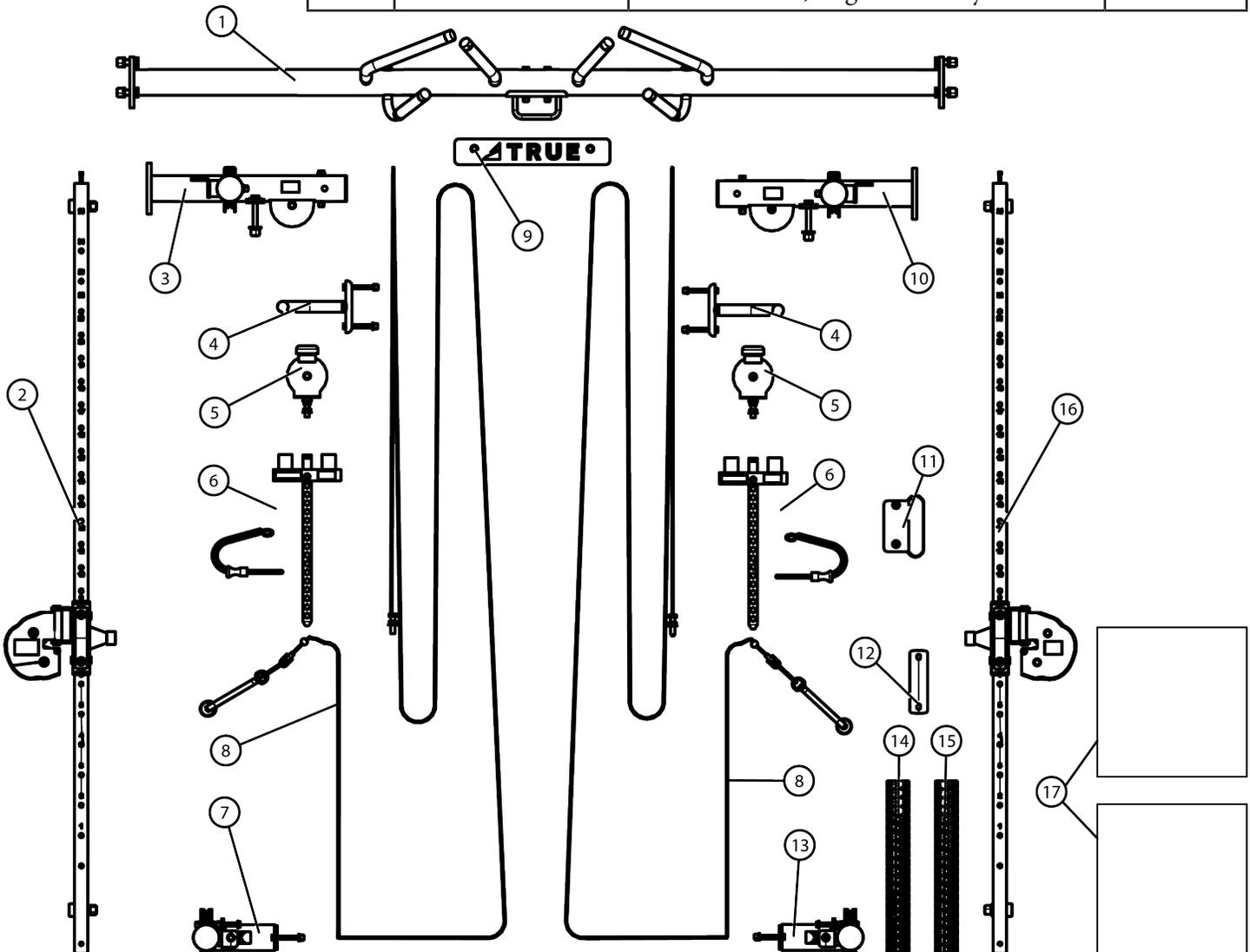


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0003 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS00031	Crossbar with Hook	1
2	TMS000335	Column, Adjustable, Right	1
3	TMS000332	Frame, Upper Assembly, Right	1
4	TMS000337	Handle Assembly	2
5	TMS0003341	Weight Stack Pulley Housing Assembly	
6	TMS06004	Weight Stack Selector and Pin Assembly	
7	TMS000331	Frame, Lower Assembly, Right	1
8	TMS000333	Cable and Attachments	2
9	TMS000336	Plate, Logo Assembly	1

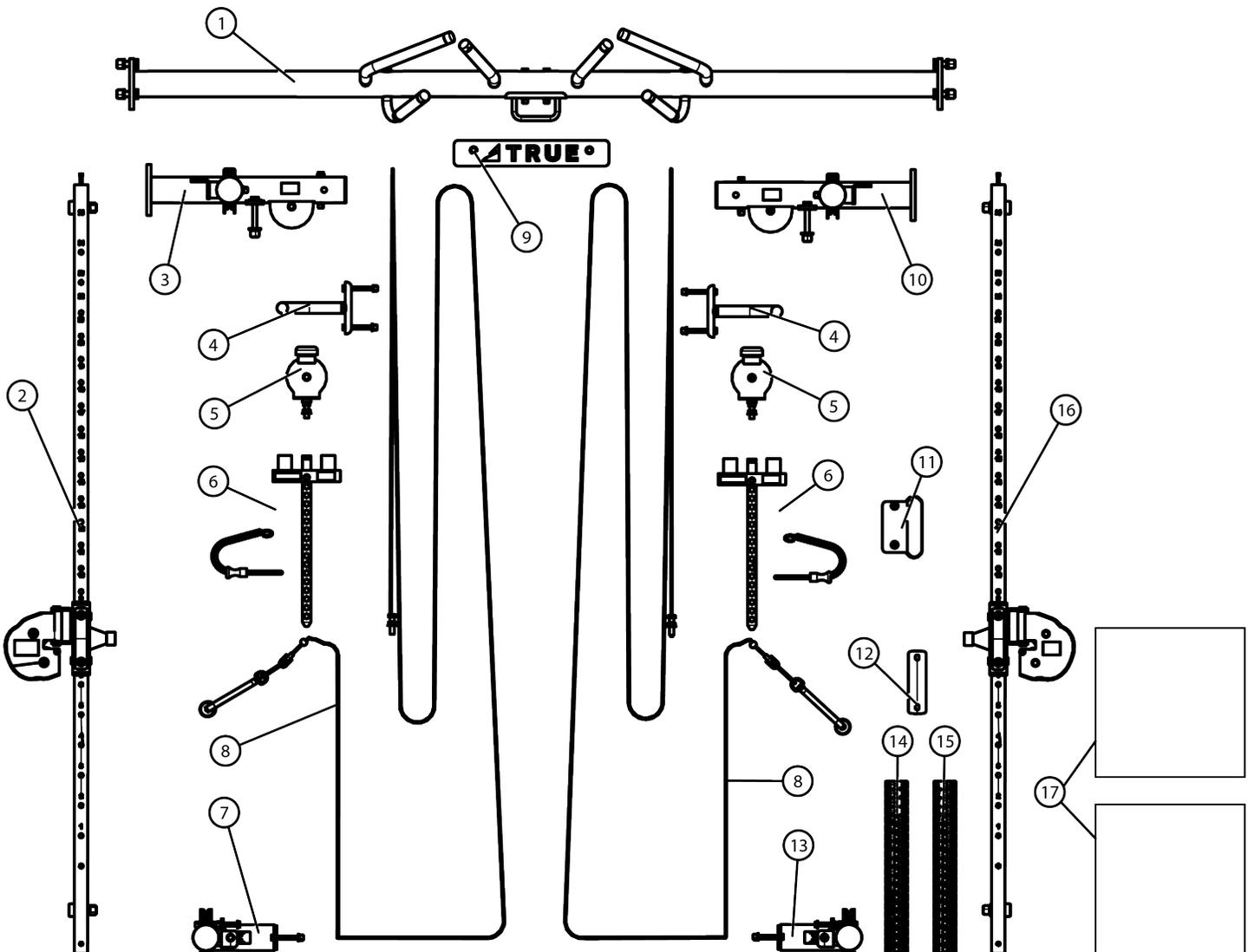


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0003 Carton Contents:

Item	Part Number	Description	Quantity
10	TMS000322	Frame, Upper Assembly, Left	1
11	TMS000328	Placard Assembly	1
12	TMS0002305	Bracket, Connector	2
13	TMS000321	Frame, Lower Assembly, Left	1
14	LBL-WS-MS125	Label, Weight Stack, 125 lb.	2
15	LBL-WS-MS85	Label, Weight Stack, 85 lb.	2
16	TMS000325	Column, Adjustable, Left	1
17	TMS0003HW	Hardware Pack, TMS0003, 1 and 2	1



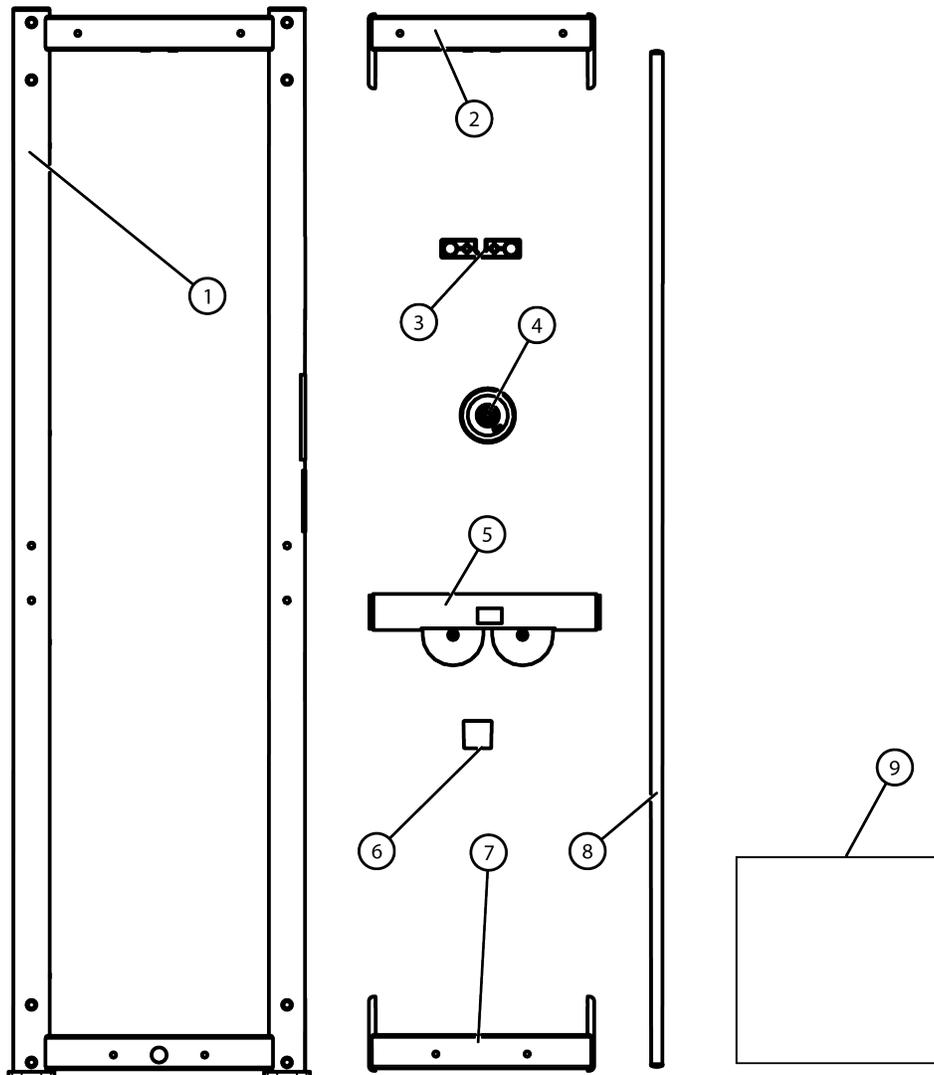
CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0004 Carton Contents:

Note: TMS00045 is comprised of eight guide rods (TMS0000101), eight rubber bumpers (XL2-01002600), and the corresponding hardware to support the four Modular Strength stations possible with each Frame Assembly (TMS0004).

Item	Part Number	Description	Quantity
1	TMS00041	Frame, Upright Assembly	2
2	TMS00042	Frame, Upper Attachment	2
3	S 547	Braacket, Guide Rod	4
4	B 900	Pulley, 4-1/2" with 1/4" Groove	2
5	TMS00044	Frame, Center Pulley Attachment	1
6	FUS-00WB001	Rubber Bumper	8
7	TMS00043	Frame, Lower Attachment	2
8	TMS0000101	Guide Rod	8
9	TMS0004HW	Hardware Pack, TMS0004	1

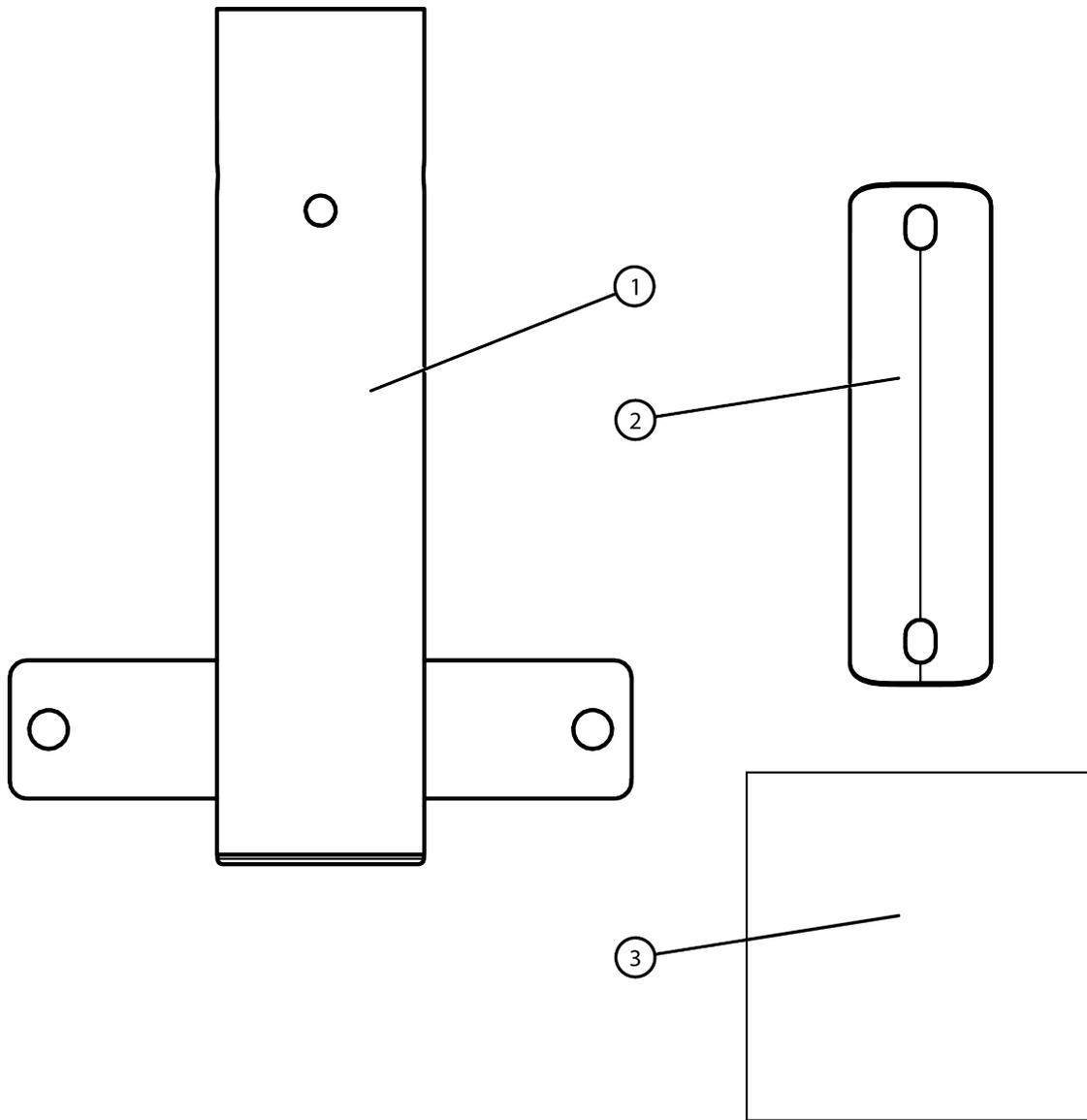


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0005 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS00050	Upper Assembly Frame	1
2	TMS0002305	Bracket, Connector	1
3	TMS0005HW	Hardware Pack, TMS0005	1

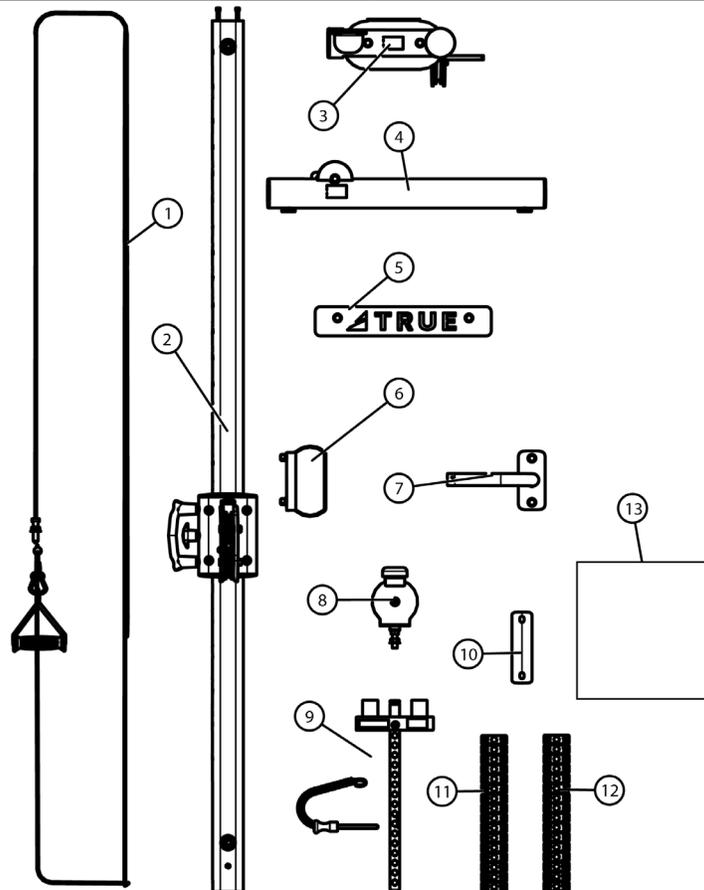


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0070 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS000333	Cable and Attachments	1
2	TMS000325	Column, Adjustable, Left	1
3	TMS00701	Frame, Upper Assembly, Left	1
4	TMS000321	Frame, Lower Assembly, Left	1
5	TMS000336	Plate, Logo Assembly	1
6	TMS00702	Placard Assembly	1
7	TMS000337	Handle Assembly	1
8	TMS0003341	Weight Stack Pulley Housing Assembly	1
9	TMS000334	Weight Stack Selector and Pin Assembly	1
10	TMS0002305	Bracket, Connector	1
11	LBL-WS-MS125	Label, Weight Stack, 125 lb.	1
12	LBL-WS-MS85	Label, Weight Stack, 85 lb.	1
13	TMS0070HW	Hardware Pack, TMS0070	1

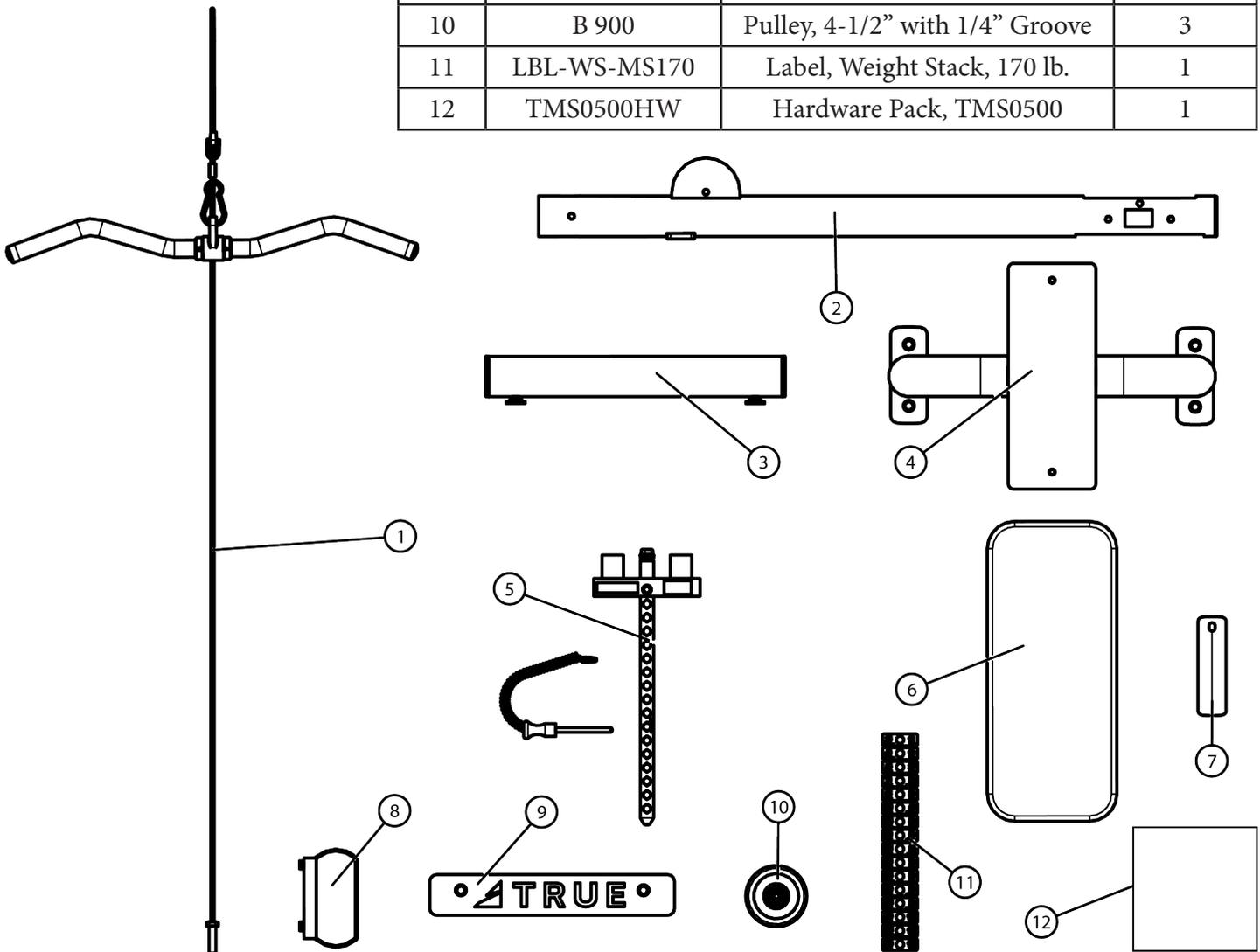


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0500 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS05004	Cable and Attachments	1
2	TMS05001	Frame, Upper Assembly	1
3	TMS05003	Frame, Lower Assembly	1
4	TMS05002	Frame, Mid Assembly	1
5	TMS06004	Weight Stack Top Plate	1
6	TMS05006	Pad Assembly, Triceps Station	1
7	TMS0002305	Bracket, Connector	2
8	TMS05005	Placard Assembly	1
9	TMS000336	Plate, Logo Assembly	1
10	B 900	Pulley, 4-1/2" with 1/4" Groove	3
11	LBL-WS-MS170	Label, Weight Stack, 170 lb.	1
12	TMS0500HW	Hardware Pack, TMS0500	1

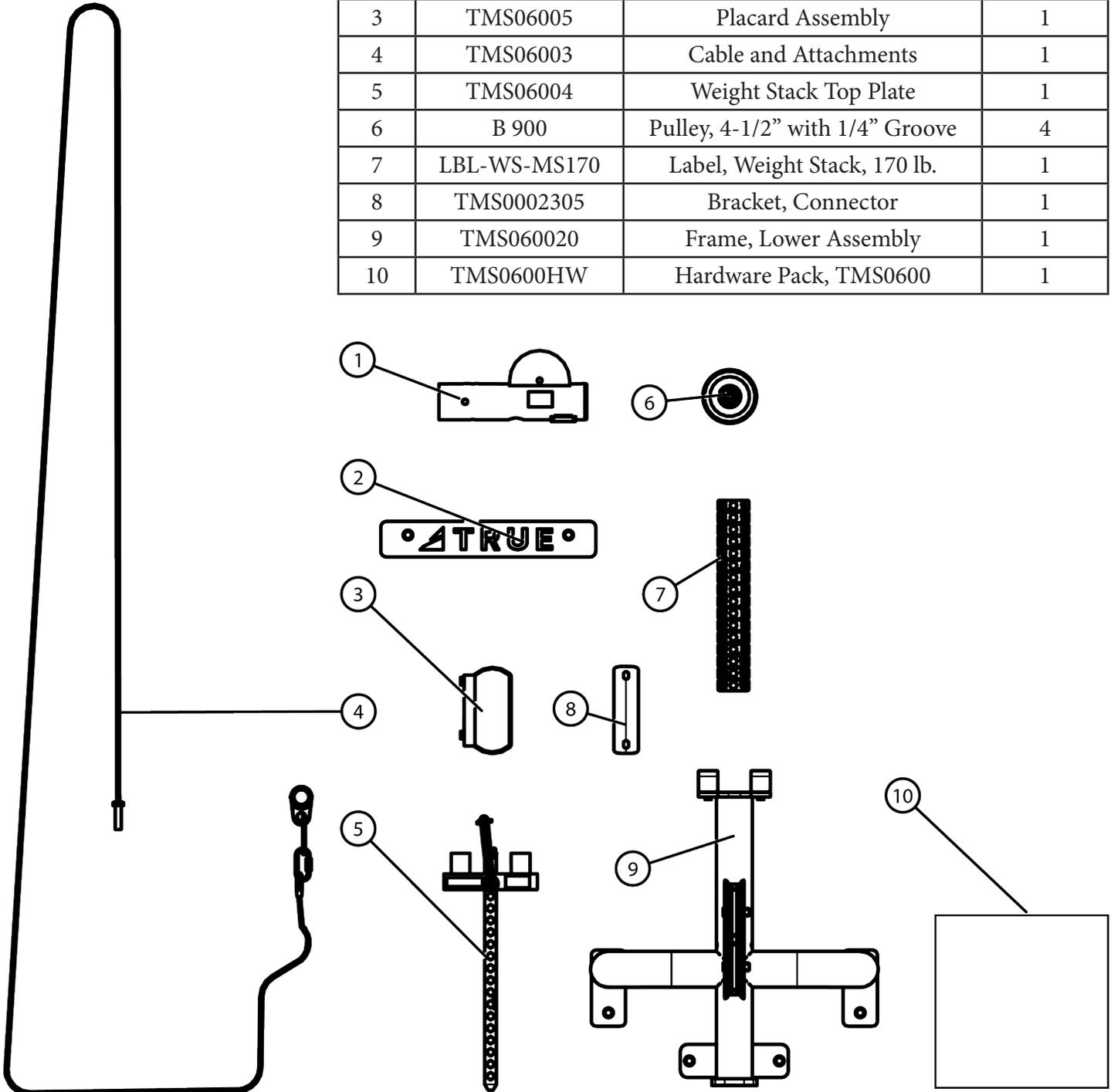


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0600 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS06001	Frame, Upper Assembly	1
2	TMS000336	Plate, Logo Assembly	1
3	TMS06005	Placard Assembly	1
4	TMS06003	Cable and Attachments	1
5	TMS06004	Weight Stack Top Plate	1
6	B 900	Pulley, 4-1/2" with 1/4" Groove	4
7	LBL-WS-MS170	Label, Weight Stack, 170 lb.	1
8	TMS0002305	Bracket, Connector	1
9	TMS060020	Frame, Lower Assembly	1
10	TMS0600HW	Hardware Pack, TMS0600	1

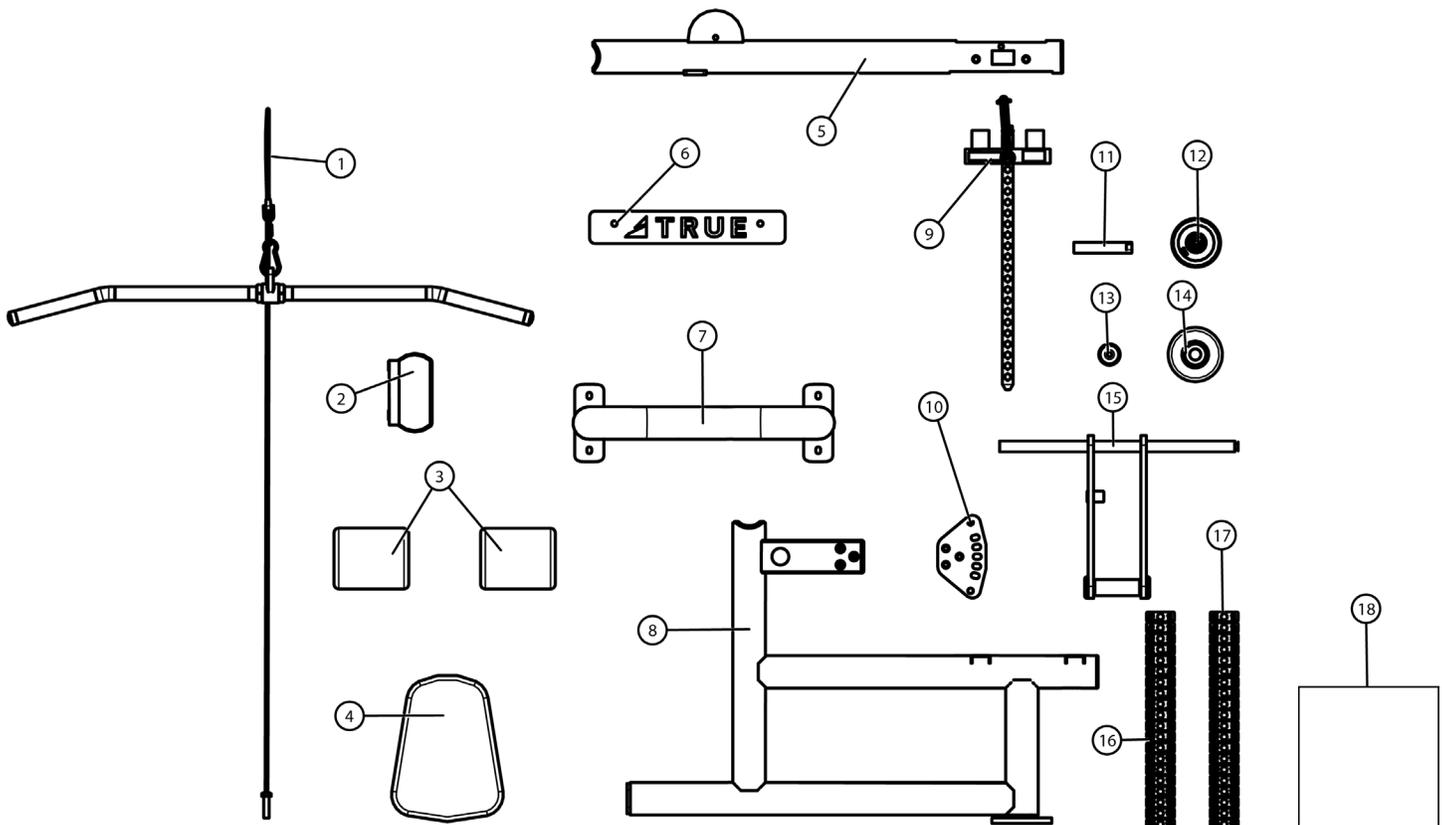


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS1100 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS11004	Cable and Attachments	1
2	TMS11005	Placard Assembly	1
3	PAD-RL003-00XBK	Pad, Roller Assy, W/ Fabric	2
4	SD0024	Seat Pad - SD1001 / SF1000	1
5	TMS11001	Frame, Upper Assembly	1
6	TMS000336	Plate, Logo Assembly	1
7	TMS11002	Frame, Mid Assembly	1
8	TMS11003	Frame, Lower Assembly	1
9	TMS11007	Weight Stack Top Plate Assy, 20 Plates	1

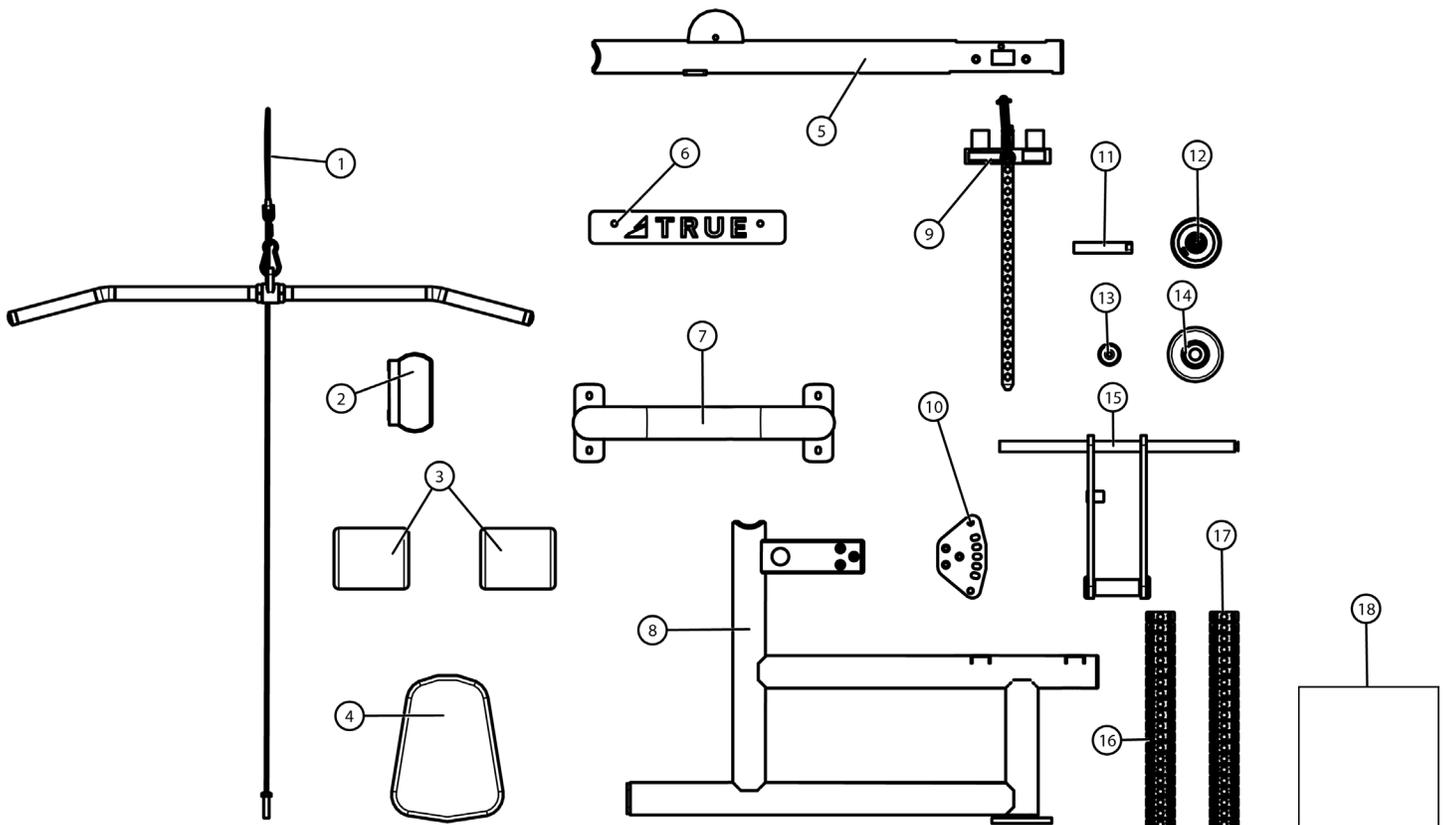


CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS1100 Carton Contents:

Item	Part Number	Description	Quantity
10	TMS0006317	Plate, Adjustment	1
11	TMS0006316	Axle, Thigh Pad Adjustment	1
12	B 900	Pulley, 4-1/2" with 1/4" Groove	3
13	TMS110031	End Cap, Roller, Insert	4
14	TRXL2-02AX501	End Cap, Roller	4
15	TMS0006309	Frame, Thigh Pad Adjustment Assembly	1
16	LBL-WS-MS210	Label, 210 lb. Weight Stack	1
17	LBL-WS-MS310	Label, 310 lb. Weight Stack	1
18	TMS1100HW	Hardware Pack, TMS1100	1

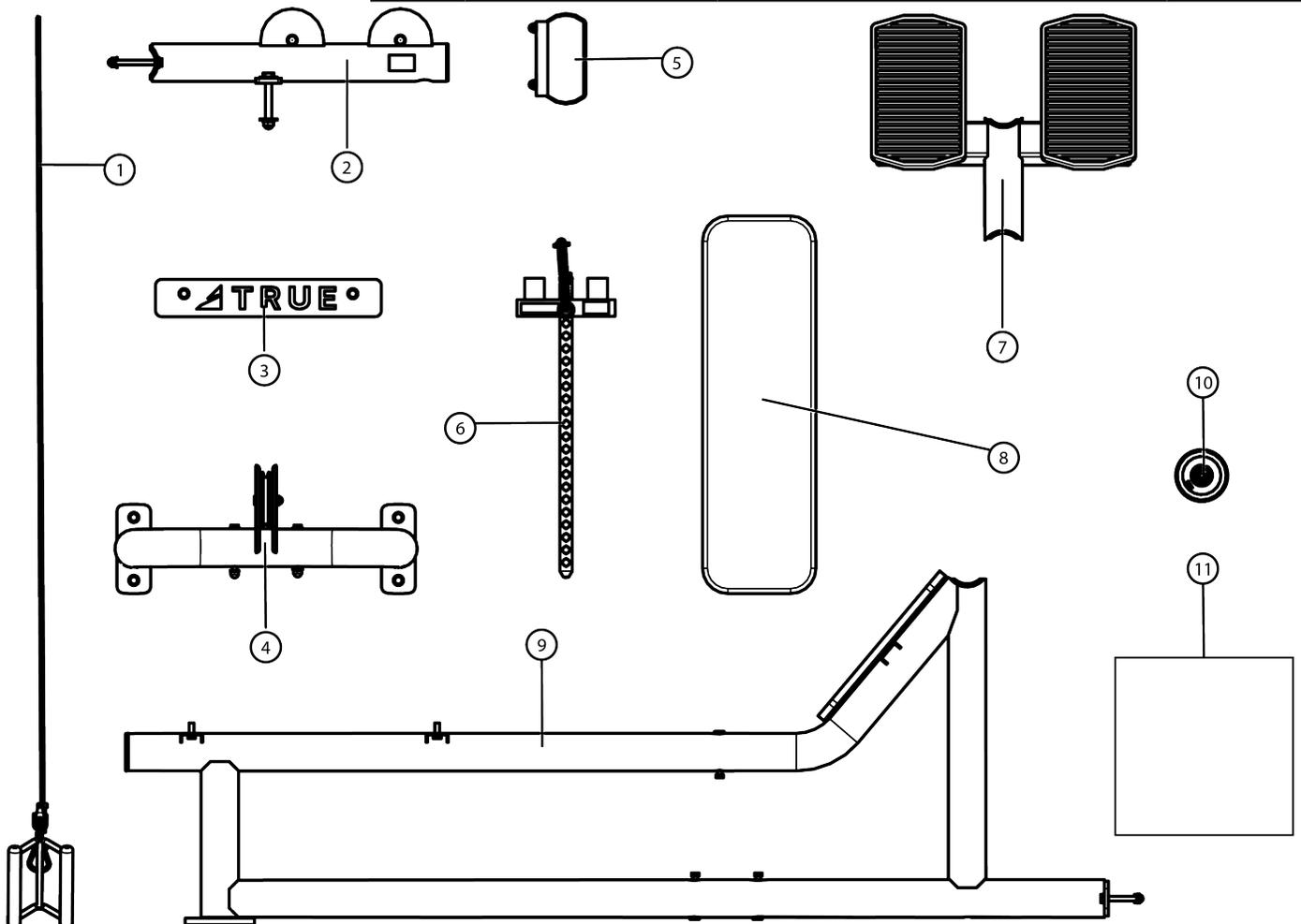


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PRE-ASSEMBLY CHECKLIST:

TMS1200 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS12006	Cable and Attachments	1
2	TMS12001	Frame, Upper Assembly	1
3	TMS000336	Plate, Logo Assembly	1
4	TMS12002	Frame, Mid Assembly	1
5	TMS12005	Placard Assembly	1
6	TMS11007	Weight Stack Top Plate	1
7	TMS12004	Frame, Foot Rest Assembly	1
8	TMS12007	Pad Assembly, Seated Row Station	1
9	TMS12003	Frame, Lower Assembly	1
10	B 900	Pulley, 4-1/2" with 1/4" Groove	2
11	TMS1200HW	Hardware Pack, TMS1200	1

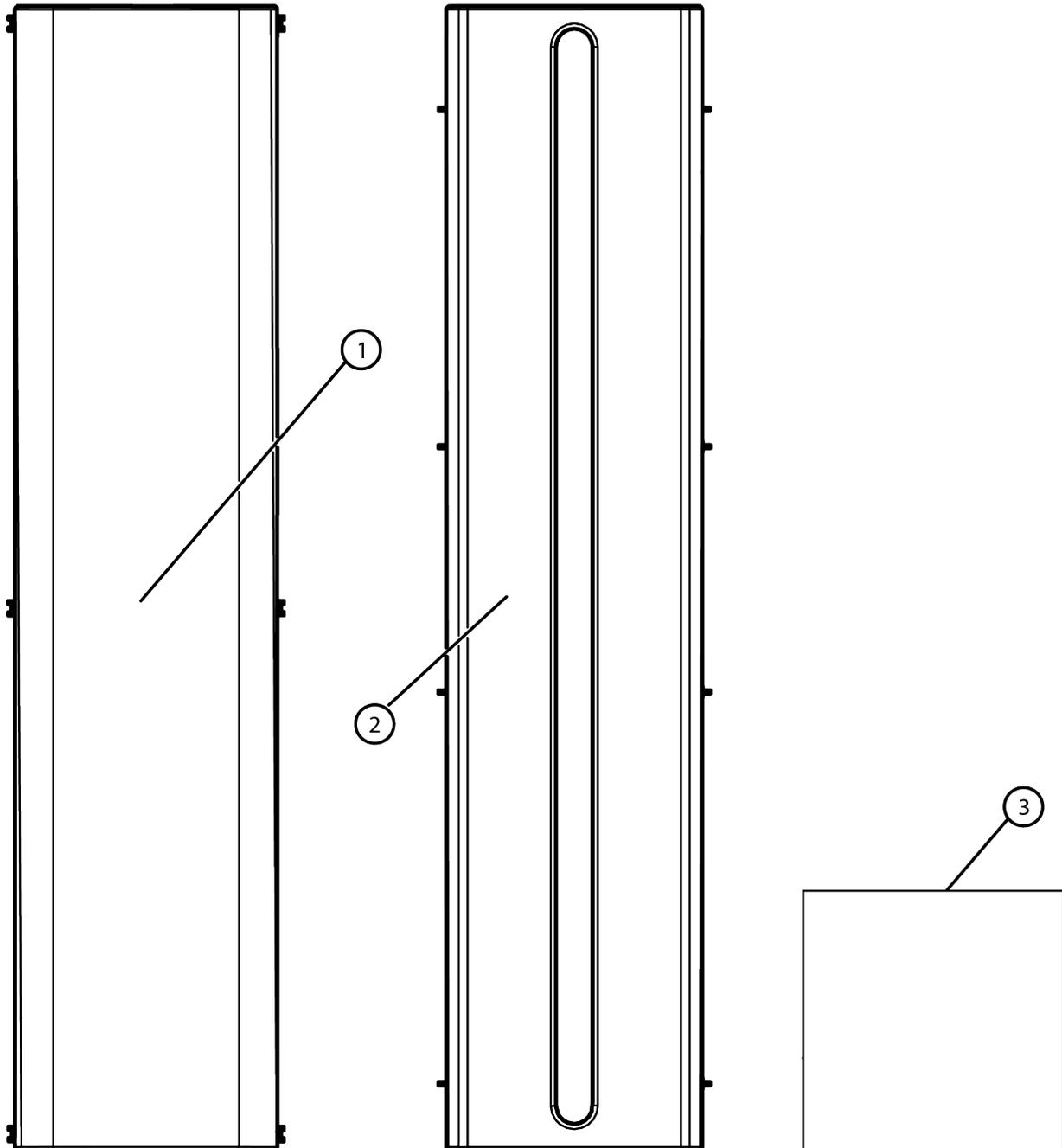


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PRE-ASSEMBLY CHECKLIST:

TMS0011 Carton Contents:

Item	Part Number	Description	Quantity
1	TMS00111	Shroud, Rear Assembly	1
2	TMS00141	Shroud, Front Assembly	1
3	TMS0011HW	Hardware Pack, TMS0011	1



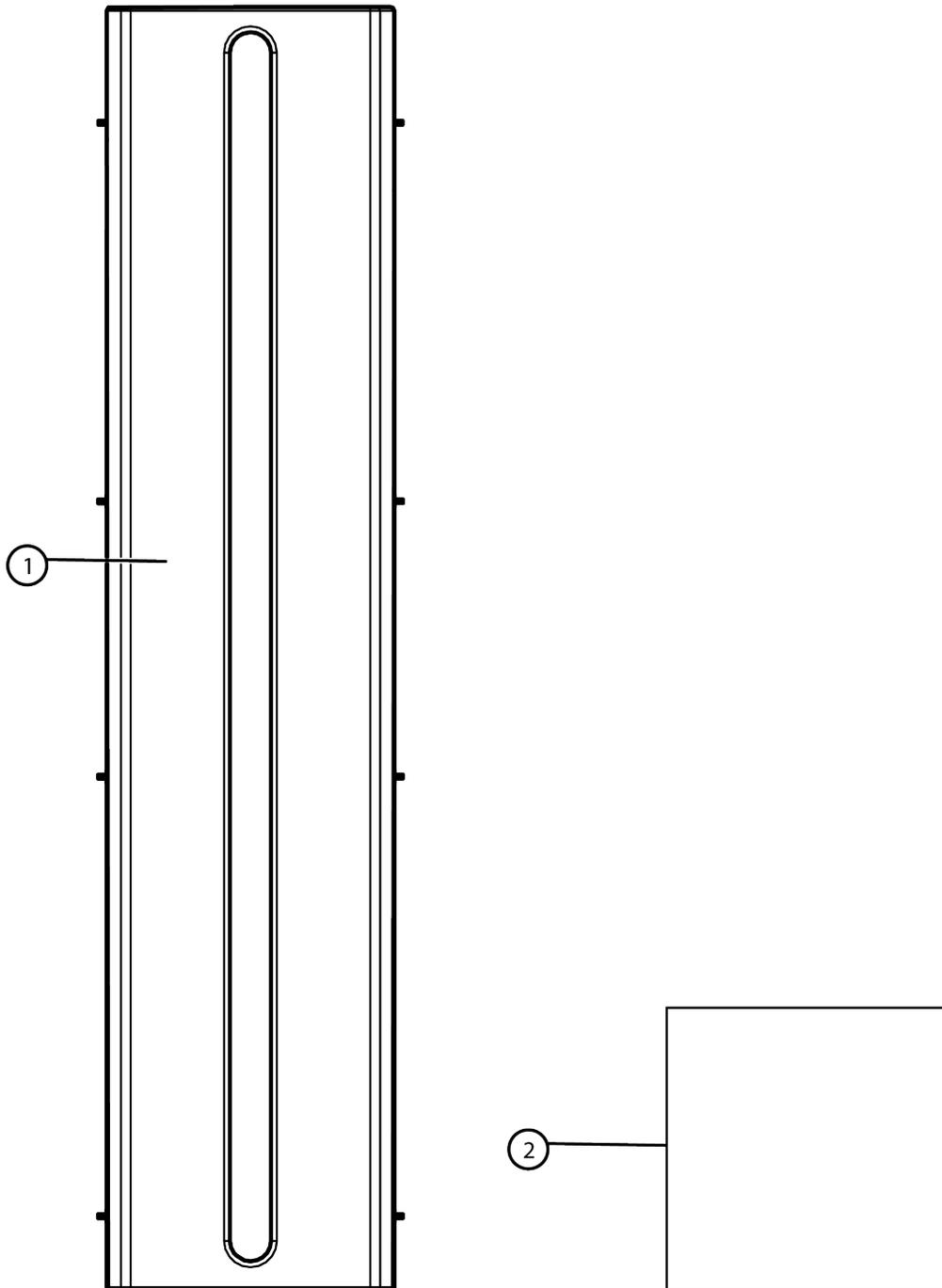
CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

TMS0014 Carton Contents:

Note: TMS0014 is comprised of four sub-assemblies (TMS00141).

Item	Part Number	Description	Quantity
1	TMS00141	Shroud, Front Assembly	4
2	TMS0014HW	Hardware Pack, TMS0014	1



CHAPTER 2: ASSEMBLY GUIDE

Modular Strength Side A and B Station Designations:

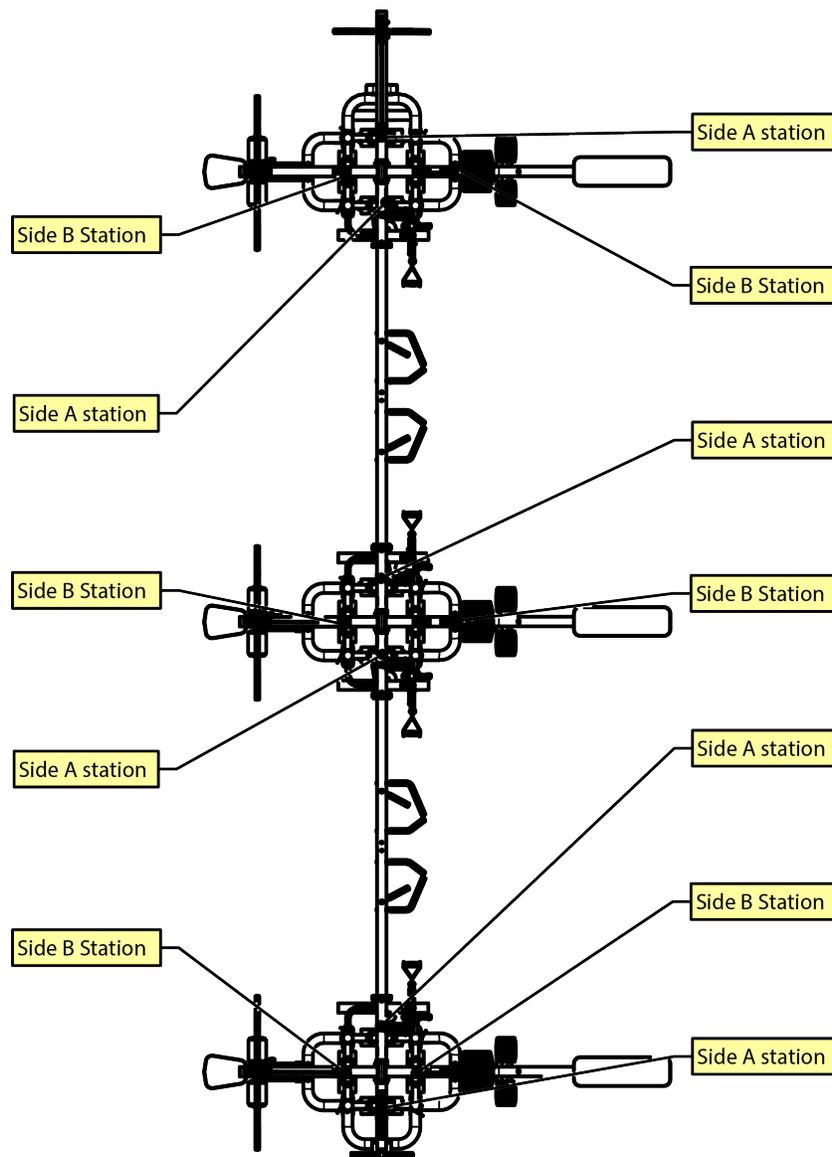
TMS12000 shown below, but this content applies to all Modular Strength configurations.

Modular Strength stations marked Side A may contain the following:

- Biceps Curl
- Triceps
- Cable Crossover
- Single Adjustable Cable Column
- Blank Station (Side A Station only)

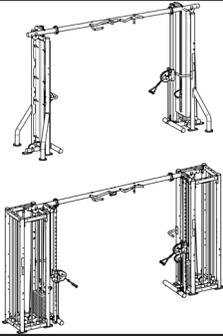
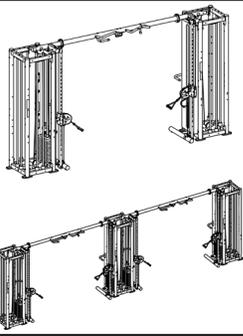
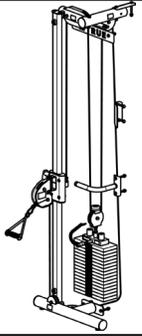
Modular Strength stations marked Side B may contain the following:

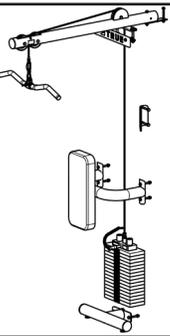
- Lat Pulldown
- Seated Row

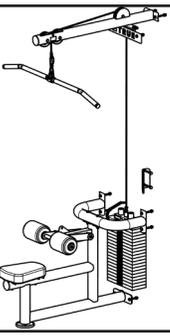
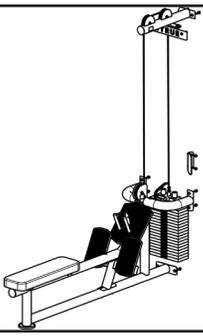


CHAPTER 2: ASSEMBLY GUIDE

Modular Strength Assembly Overview:

	Base Configuration (Required)	Additional Upright Assemblies (Optional)	Cable Column (Optional)
Illustration			
Instruction	Secure the Crossbar(s), Leg Assemblies, and Cable Column Stations to the Upright Assemblies.	Secure additional Upright Assemblies to the Base Configuration.	Secure the Cable Column Station(s) to a Side A station on the Upright Assembly(ies).
Page #	34-54	41-43	39-40, 44, 47-51

	Triceps Station (Optional)	Biceps Curl Station (Optional)
Illustration		
Instruction	Secure the Triceps Station(s) to a Side A station on the Upright Assembly(ies).	Secure the Biceps Curl Station(s) to a Side A station on the Upright Assembly(ies).
Page #	55-57	63-70

	Lat Pulldown Station (Optional)	Seated Row Station (Optional)
Illustration		
Instruction	Secure the Lat Pulldown Station(s) to a Side B station on the Upright Assembly(ies).	Secure the Seated Row Station(s) to a Side B station on the Upright Assembly(ies).
Page #	54-60	71-76

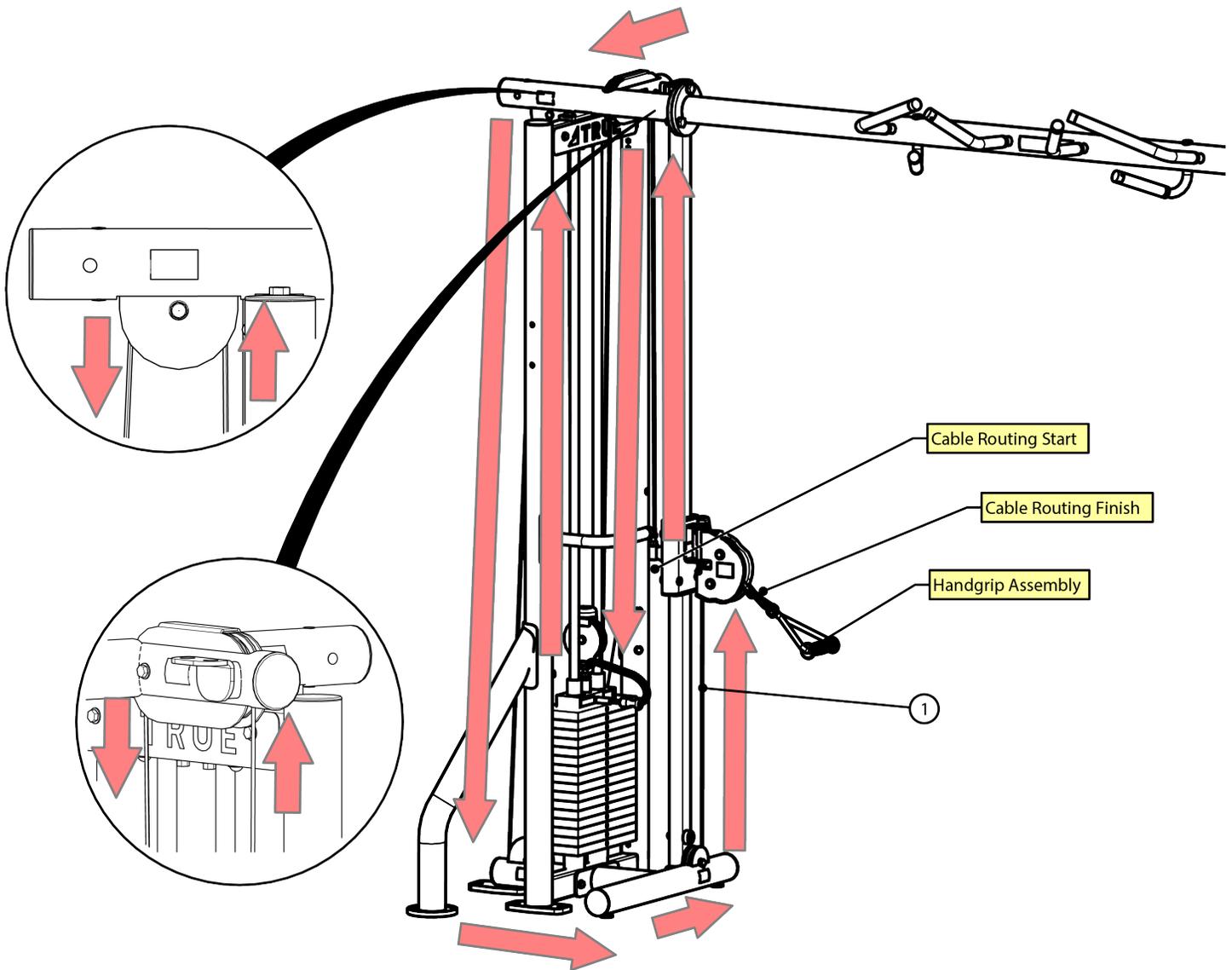
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 1-1 (Cable Column Stations [Left and Right] Cable Routing):

Refer to the below illustration for routing the Weight Stack Cable of the Cable Column Stations as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	TMS000333	WEIGHT STACK CABLE	1



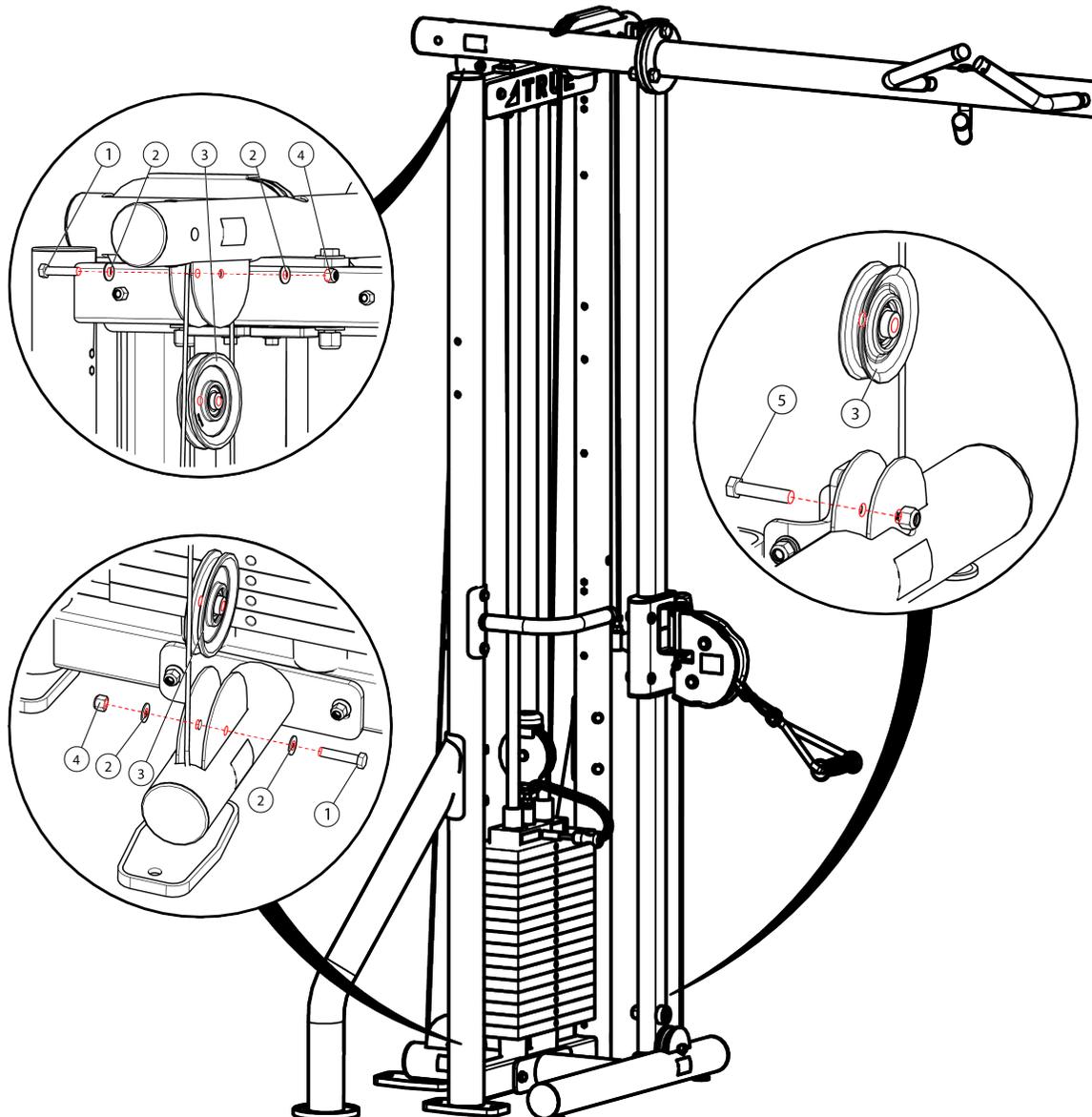
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 1-2 (Cable Column Stations [Left and Right] Cable Routing):

Refer to the below illustration for assembling the pulleys of the Cable Column Stations as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	C 453C	HH SCREW, 3/8"-16, 2"	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	B 900	PULLEY, 4-1/2" with 1/4" GROOVE	3
4	C 742C	NYLON LOCK NUT, 3/8"-16	2
5	C 627B	SH SCREW, 3/8"-16, 2"	1



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 2 (Lower Assembly):

Assemble the Cable Column Lower Assembly and either the Lower Assembly (Support) or Center Pulley Attachment to the Upright Assembly based on your Modular Strength Configuration(s) using the identified hardware.

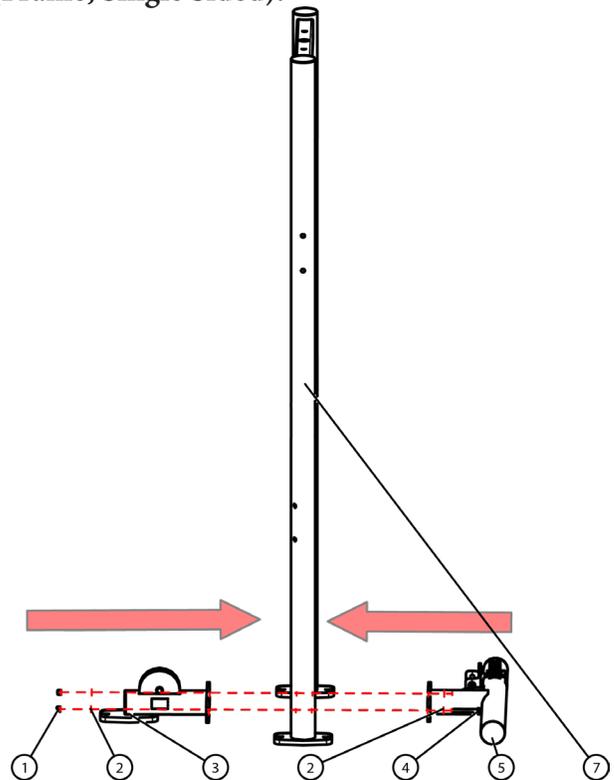
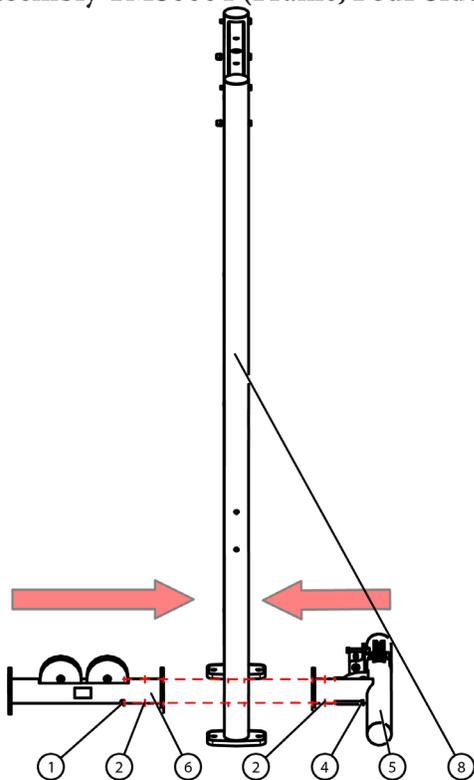
Note: For the TMS5000 and TMS6000, both the Lower Assembly (Support) and Center Pulley Attachment will be used.

Note: Do not fully tighten hardware from any assembly step until Step 17-5 (Seated Row Station) is completed.

TMS4000, TMS5000, TMS6000, TMS8000, TMS12000, and TMS 16000 only. Part of the larger parent assembly TMS0004 (Frame, Four Sided).

TMS2000, TMS5000, and TMS6000 only. Paired with part number TMS00015 (Leg Assembly). Part of the larger parent assembly TMS0001 (Frame, Single Sided).

Item	Part Number	Description	Quantity
1	C 742C	NYLON LOCK NUT, 3/8"-16	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	TMS00016	LOWER ASSEMBLY (SUPPORT)	1
4	C 456B	HH SCREW, 3/8"-16, 3-1/4"	2
5	TMS000331 (RT) or TMS000321 (LT)	CABLE COLUMN LOWER ASSEMBLY	1
6	TMS00044	CENTER PULLEY ATTACHMENT	1
7	TMS00011	UPRIGHT ASSEMBLY (FRAME, SINGLE SIDED)	1
8	TMS00041	UPRIGHT ASSEMBLY (FRAME, FOUR SIDED)	1



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

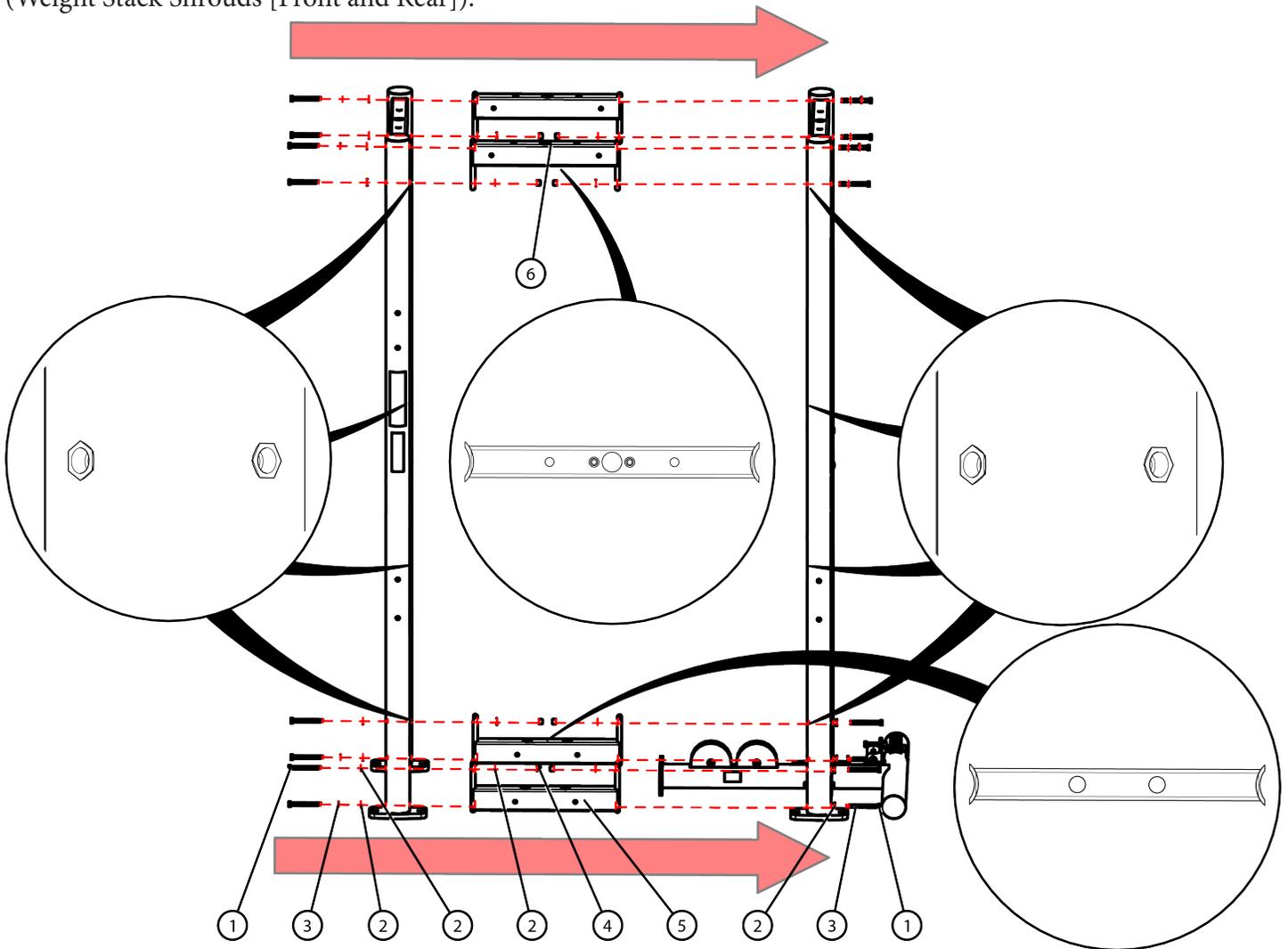
Step 3 (Upper and Lower Frame Attachments):

Assemble the Upper and Lower Frame Attachments to the Upright Assemblies using the identified hardware.

Note: This assembly step applies only when assembling the TMS0004 (Frame, Four Sided) for the TMS4000, TMS5000, TMS6000, TMS8000, and TMS12000.

Note: Orient the Upright Assemblies with the Front and Rear Weight Stack Shroud mounting holes facing inward as shown in Step 17 (Weight Stack Shrouds [Front and Rear]).

Item	Part Number	Description	Quantity
1	C 455B	HH SCREW, 3/8"-16, 4"	16
2	C 754D	WASHER, FLAT, 3/8"	24
3	C 749B	WASHER, LOCK, 3/8"	8
4	C 742C	NYLON LOCK NUT, 3/8"-16	8
5	TMS00043	LOWER FRAME ATTACHMENT	4
6	TMS00042	UPPER FRAME ATTACHMENT	4



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ASSEMBLY STEPS:

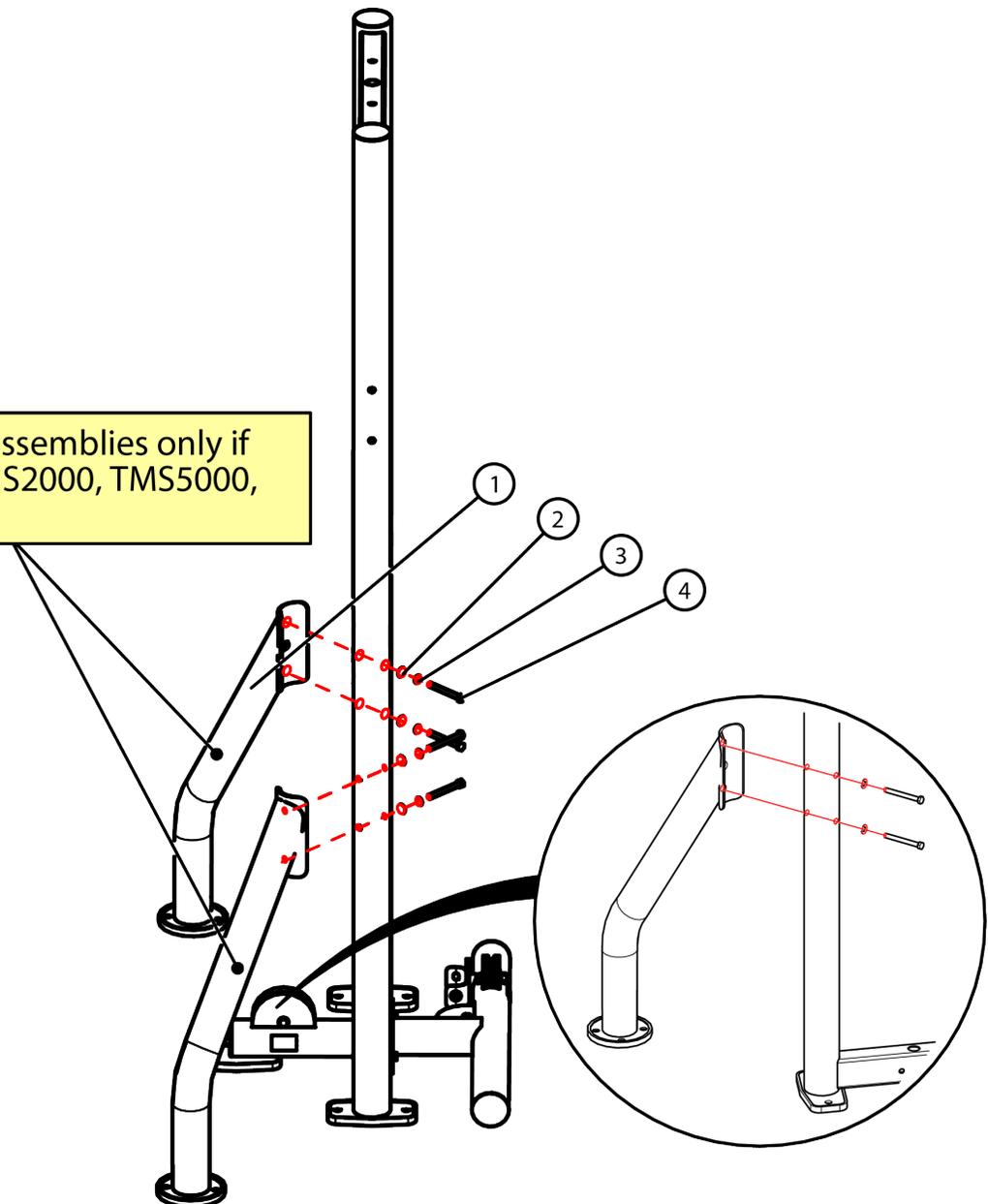
Step 4 (Leg Assembly):

Assemble the Leg Assemblies to the Upright Assemblies using the identified hardware.

Note: This assembly step applies only when assembling the TMS0001 (Frame, Single Sided) for the TMS2000, TMS5000, and TMS6000.

Item	Part Number	Description	Quantity
1	TMS00015	LEG ASSEMBLY	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	C 749B	WASHER, LOCK, 3/8"	4
4	C 457A	HH SCREW, 3/8"-16, 3-3/4"	4

Assemble the leg assemblies only if assembling the TMS2000, TMS5000, or TMS6000.



CHAPTER 2: ASSEMBLY GUIDE

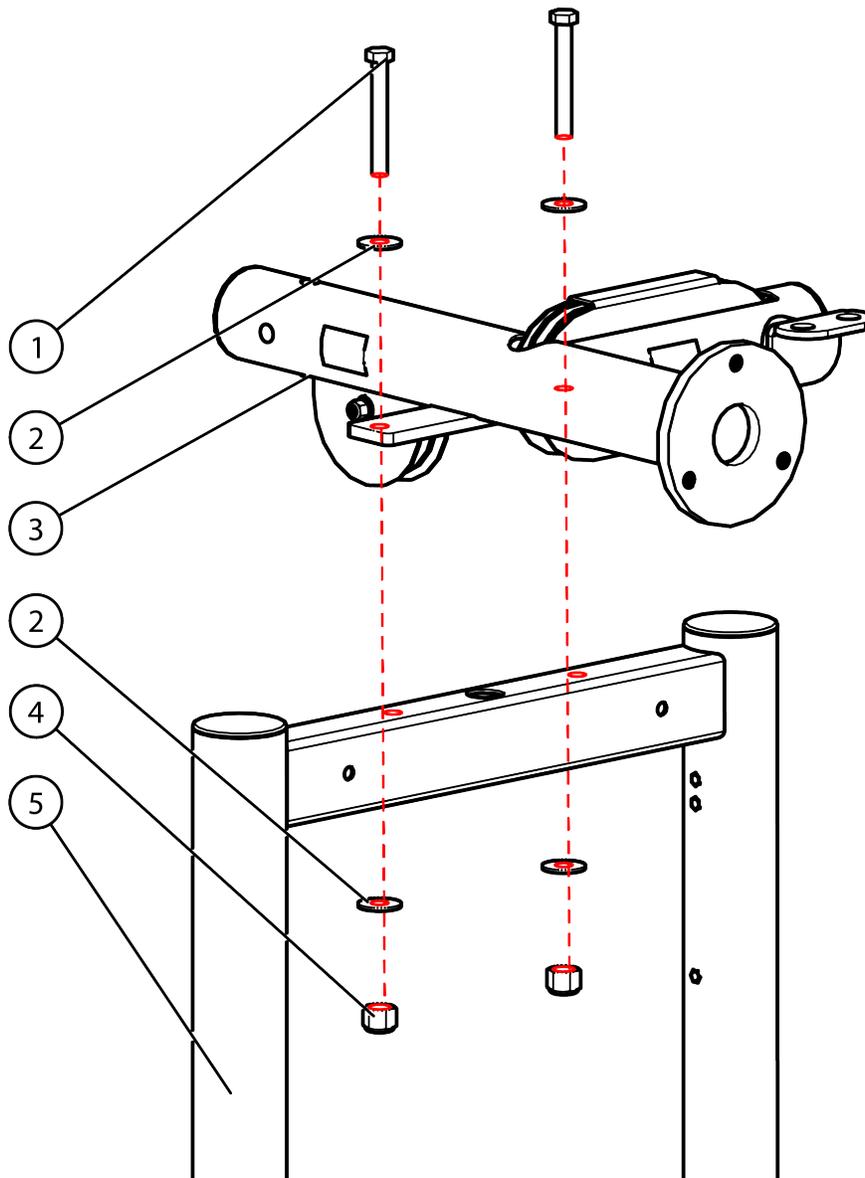
ASSEMBLY STEPS:

Step 5 (Upper Assembly):

Assemble the Upper Assemblies (Left and Right) to their respective Upright Assemblies using the identified hardware.

Note: Upper Assembly, Left (TMS000322) replaces Upper Assembly, Right (TMS000332) when assembling to the opposite side Upright Assembly (TMS0001 [Single Frame]/TMS0004 [Quad Frame]).

Item	Part Number	Description	Quantity
1	C 476B	HH SCREW, 1/2"-13, 4"	2
2	C 755C	WASHER, FLAT, 1/2"	4
3	TMS000332	UPPER ASSEMBLY, RIGHT	1
4	C 766B	NYLON LOCK NUT, 1/2"-13	2
5	TMS00011	UPRIGHT ASSEMBLY	1



CHAPTER 2: ASSEMBLY GUIDE

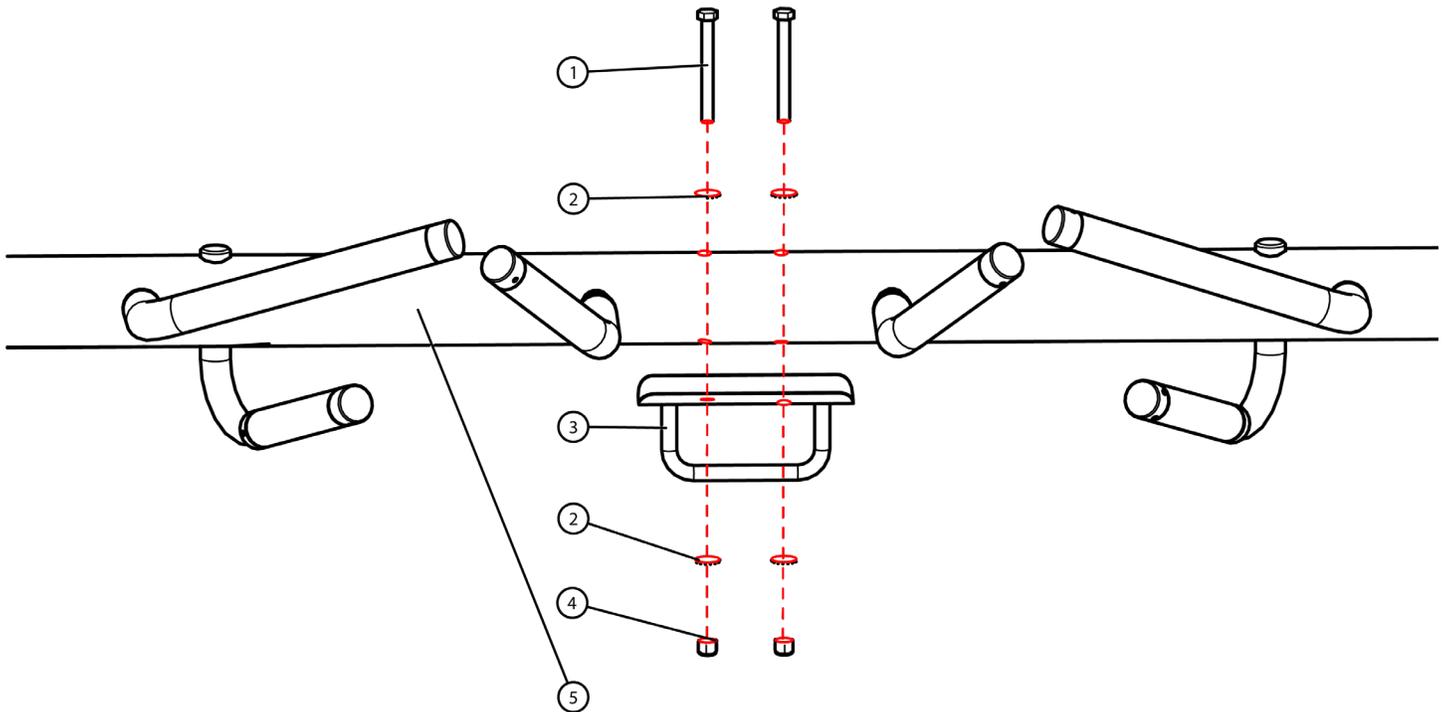
ASSEMBLY STEPS:

Step 6-1 (Crossbar With Hook):

Assemble the Hook to the Crossbar using the identified hardware.

Note: TMS00031 (Crossbar with Hook) is included with TMS0003. TMS00021 (Crossbar without Hook) is included with TMS0002.

Item	Part Number	Description	Quantity
1	C 455B	HH SCREW, 3/8"-16, 4"	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	TMS0001301	HOOK	1
4	C 742C	NYLON LOCK NUT, 3/8"-16	1
5	TMS000311	CROSSBAR	1



CHAPTER 2: ASSEMBLY GUIDE

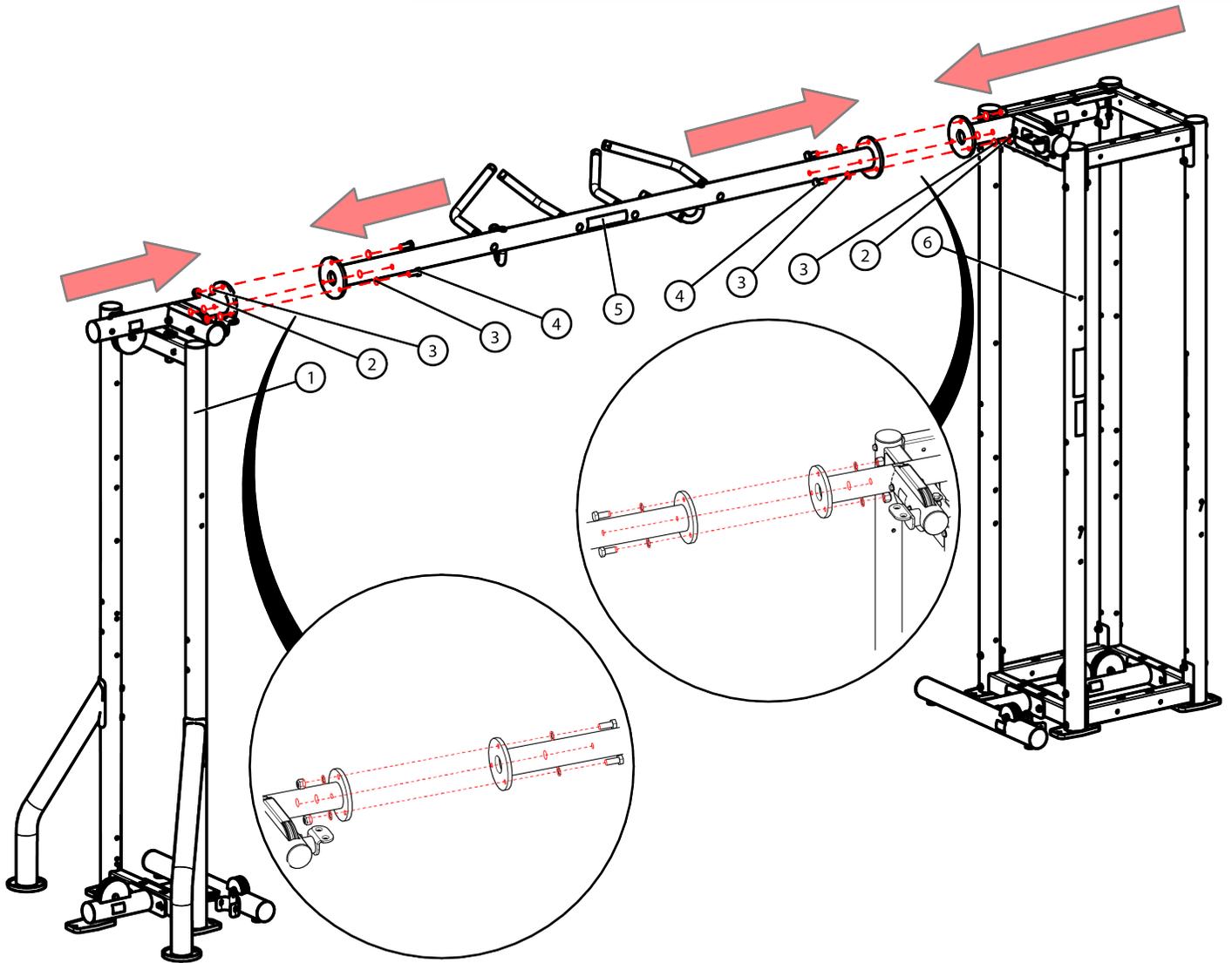
ASSEMBLY STEPS:

Step 6-2 (Crossbar):

Assemble the Crossbar (TMS00021 or TMS00031) to the Upright Assemblies using the identified hardware.

Note: Crossbar with Hook (TMS00031) can be used in lieu of Crossbar without Hook (TMS00021).

Item	Part Number	Description	Quantity
1	TMS0001	UPRIGHT ASSEMBLY	1
2	C 766B	NYLON LOCK NUT, 1/2"-13	6
3	C 755C	WASHER, FLAT, 1/2"	12
4	C 479A	HH SCREW, 1/2"-13, 2"	6
5	TMS00021	CROSSBAR WITHOUT HOOK	1
6	TMS0004	UPRIGHT ASSEMBLY	1



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 7-1 (Weight Stack Assembly):

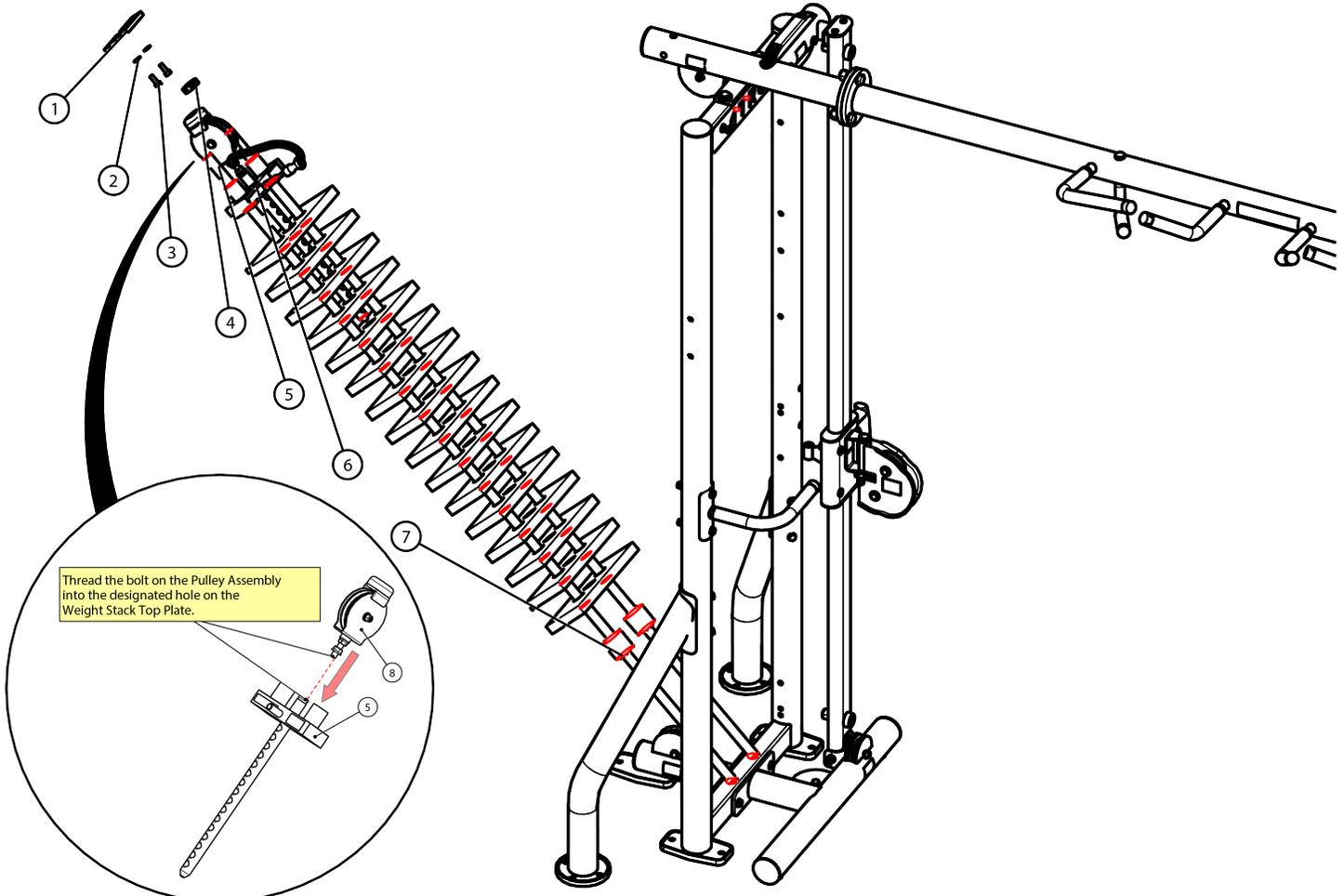
Secure the Pulley Assembly to the Weight Stack Top Plate following the Cable Tension guidelines outlined on pg. 63.

Place the various pieces of the Weight Stack Assembly onto the Guide Rods as shown below.

Next, secure the Weight Stack Assembly to the Upright Assembly using the identified hardware.

Note: TMS1100 and TMS1200 use TMS110070 (Weight Stack Top Plate) in lieu of TMS0003345 (Weight Stack Top Plate). Additionally, TMS1100 and TMS1200 require twenty of B 1603A (Weight Plate [15 lbs.]).

Item	Part Number	Description	Quantity
1	S 547	GUIDE ROD BRACKET	1
2	C 754D	WASHER, FLAT, 3/8"	2
3	C 999	HH SCREW, M10 X 30MM	2
4	D 840C	CLAMPING COLLAR	1
5	TMS0000101	GUIDE ROD	2
6	TMS0003345	WEIGHT STACK TOP PLATE	1
7	FUS-00WB001	RUBBER BUMPER	2
8	TMS0003341	PULLEY ASSEMBLY	1



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 7-2 (Overall Cable Routing):

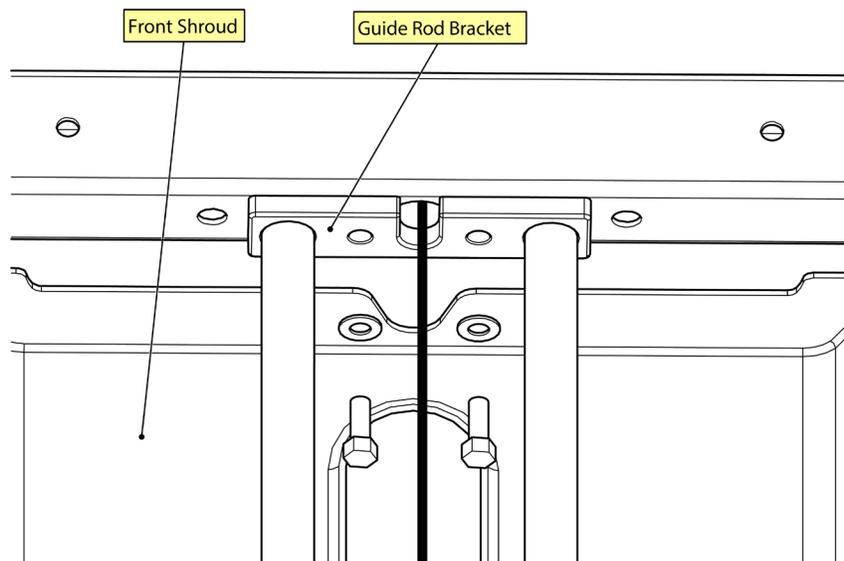
The neutral position of the Guide Rod Bracket orients itself away from the Front Shroud.

If the cable leans more towards the Rear Shroud, then orient the Guide Rod Bracket towards the Front Shroud to reduce wear on the cable.

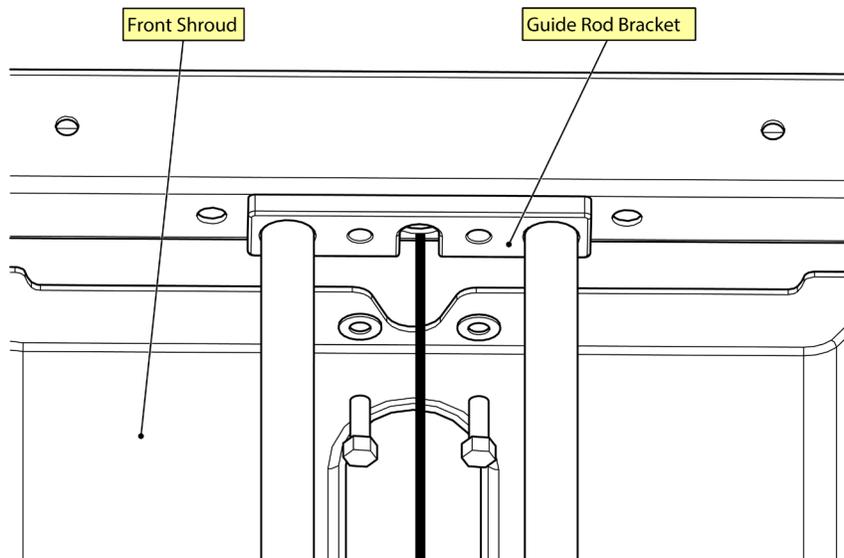
Note: This applies to all cables except the cables on the Cable Column Stations.

Note: Front and Rear Shrouds are optional.

Guide Rod Bracket Neutral Position



Guide Rod Bracket Reversed Position



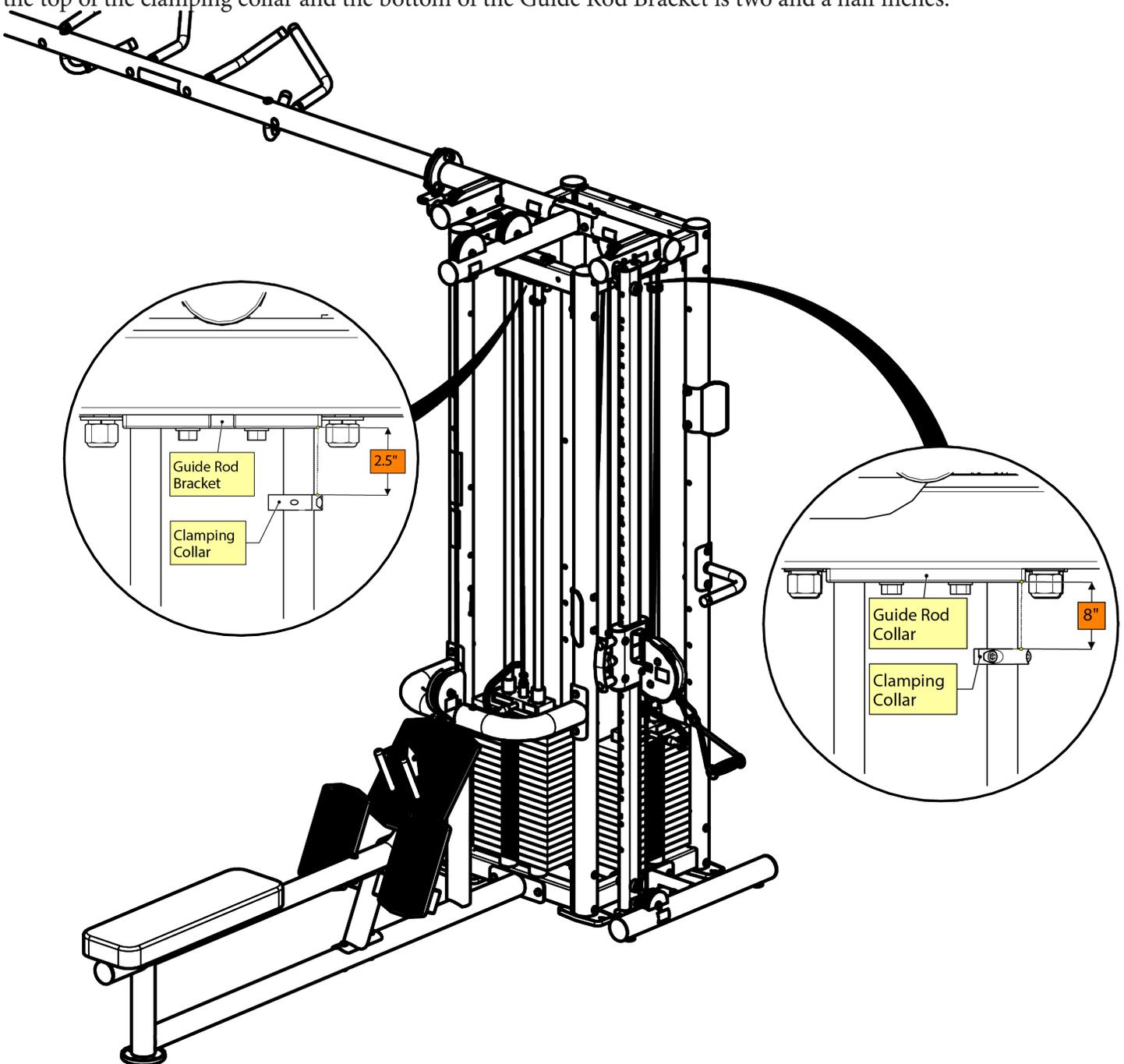
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 7-3 (Clamping Collar):

For Side A Stations only (TMS0002, TMS0003, and TMS0070), the recommended distance between the top of the clamping collar and the bottom of the Guide Rod Bracket is eight inches.

For Side B Stations only (TMS0500, TMS0600, TMS1100, and TMS1200), the recommended distance between the top of the clamping collar and the bottom of the Guide Rod Bracket is two and a half inches.



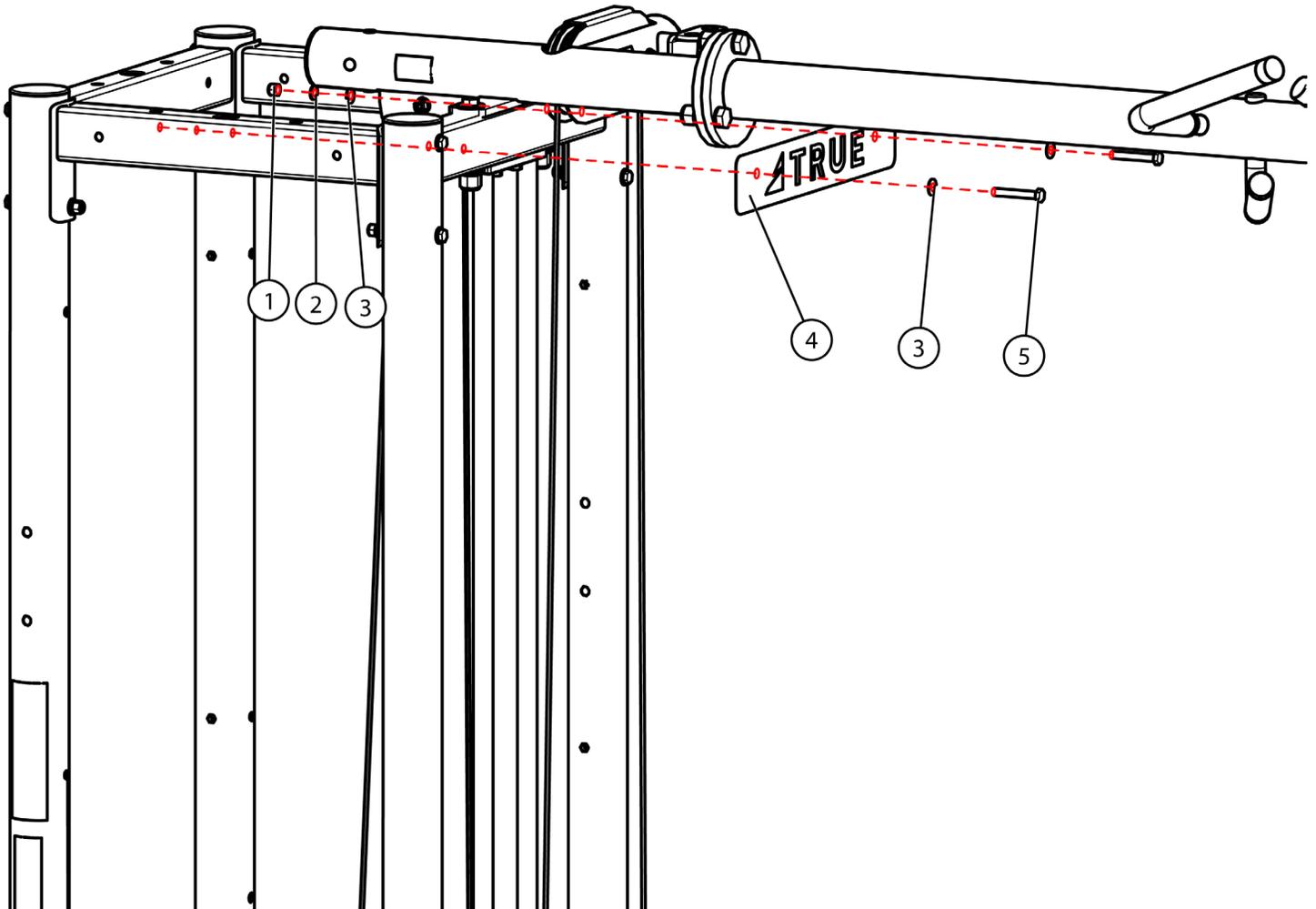
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 8 (Logo Plate):

Assemble the Logo Plate to the Upright Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C 737	NYLON LOCK NUT, 3/8"-16	2
2	C 749A	LOCK WASHER, 3/8"	2
3	C 754B	FLAT WASHER, 3/8"	4
4	TMS000336	LOGO PLATE (METAL)	1
5	C 450	HH SCREW, 3/8"-16, 2-1/2"	2



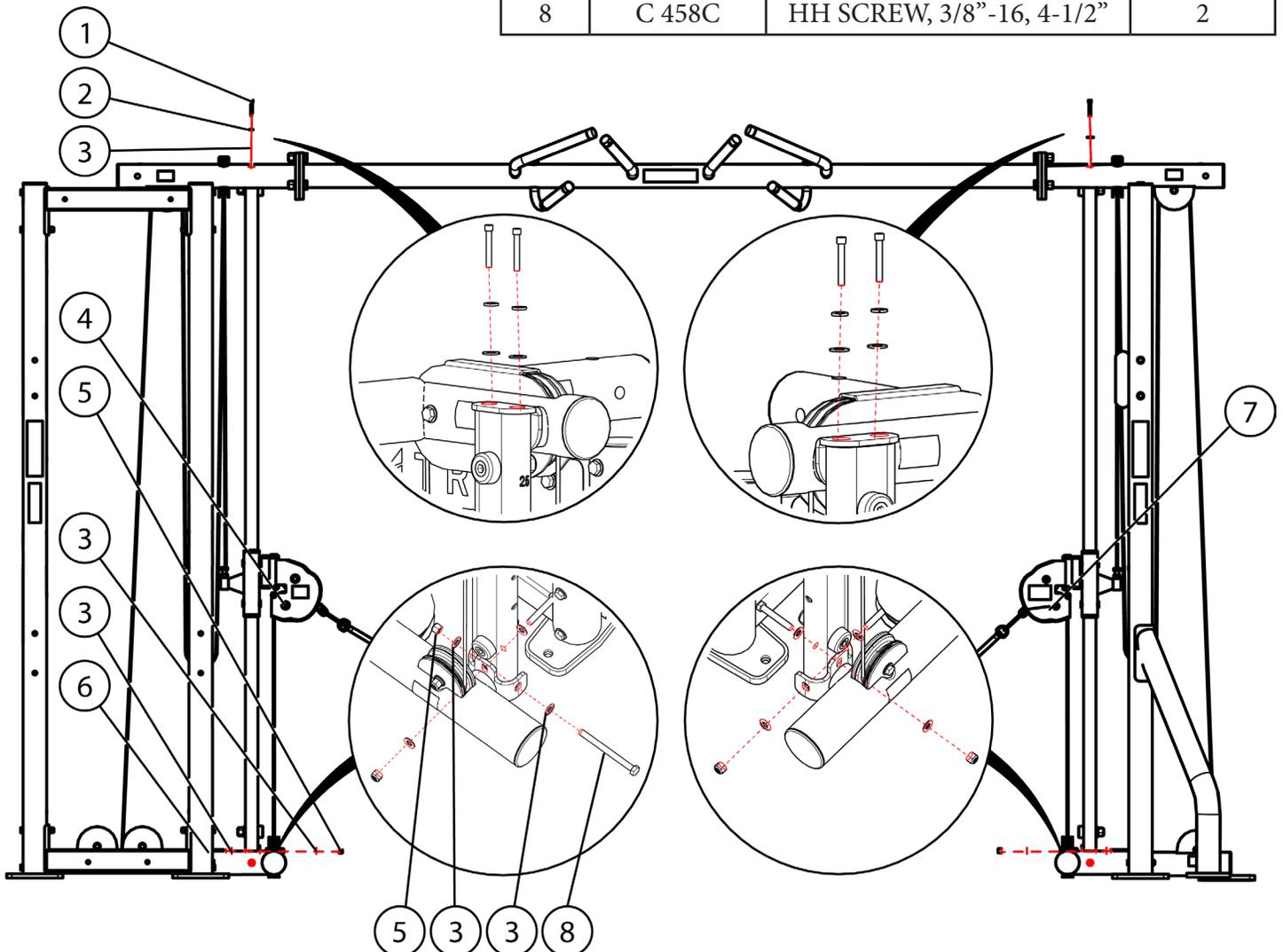
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 9 (Cable Column Stations):

Assemble the Adjustable Columns (Left and Right) to the Upper and Lower Assemblies using the identified hardware.

Item	Part Number	Description	Quantity
1	C 623A	SH SCREW, 3/8"-16, 1"	4
2	C 749B	WASHER, LOCK, 3/8"	4
3	C 754D	WASHER, FLAT, 3/8"	12
4	TMS000335	ADJUSTABLE COLUMN (RIGHT)	1
5	C 742C	NYLON LOCK NUT, 3/8"-16	4
6	C 450B	HH SCREW, 3/8"-16, 2-1/2"	2
7	TMS000325	ADJUSTABLE COLUMN (LEFT)	1
8	C 458C	HH SCREW, 3/8"-16, 4-1/2"	2



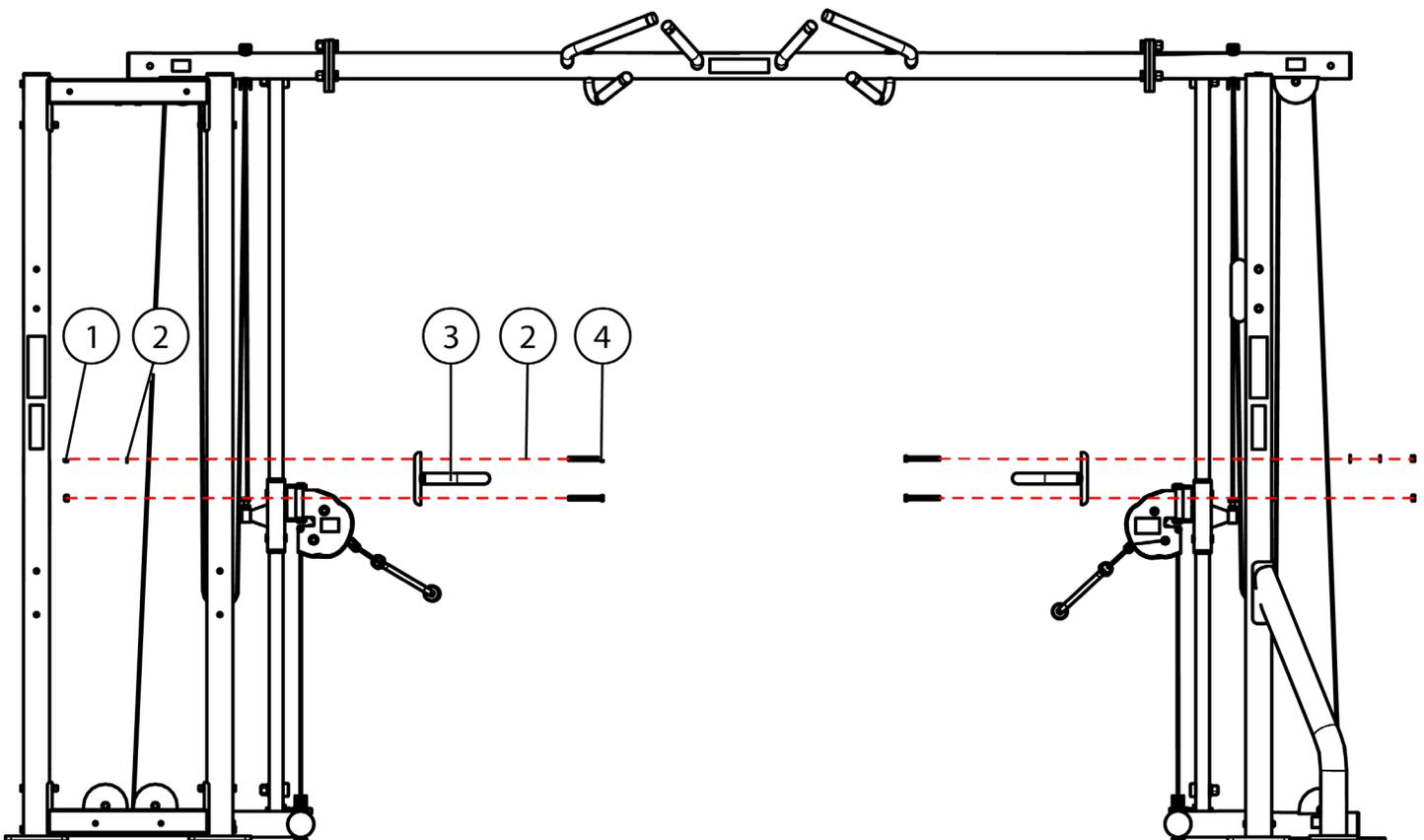
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 10 (Handle Assembly):

Assemble the Handle Assemblies to the Upright Assemblies using the identified hardware.

Item	Part Number	Description	Quantity
1	C 742C	NYLON LOCK NUT, 3/8"-16	4
2	C 754D	WASHER, FLAT, 3/8"	8
3	TMS000337	HANDLE ASSEMBLY	2
4	C 455B	HH SCREW, 3/8"-16, 4"	4



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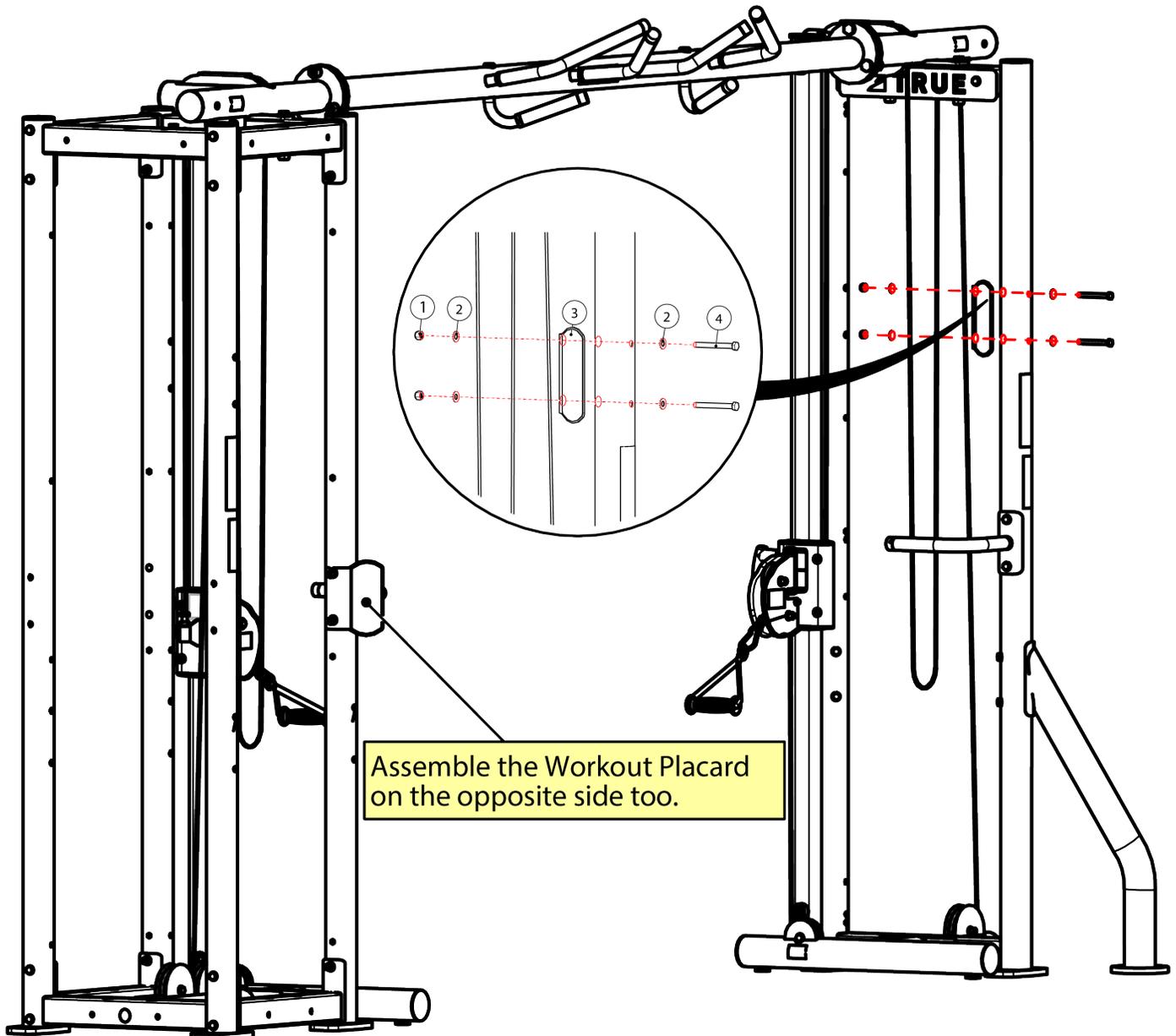
ASSEMBLY STEPS:

Step 11 (Workout Placard):

Assemble the Workout Placard to the Upright Assemblies using the identified hardware.

Note: Additionally, secure the Workout Placard to the Upright Assembly of each station shown in Steps 10, 11, 12, and 13.

Item	Part Number	Description	Quantity
1	C 742C	NYLON LOCK NUT, 3/8"-16	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	TMS000328	WORKOUT PLACARD	1
4	C 457A	HH SCREW, 3/8"-16, 3-3/4"	2



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ASSEMBLY STEPS:

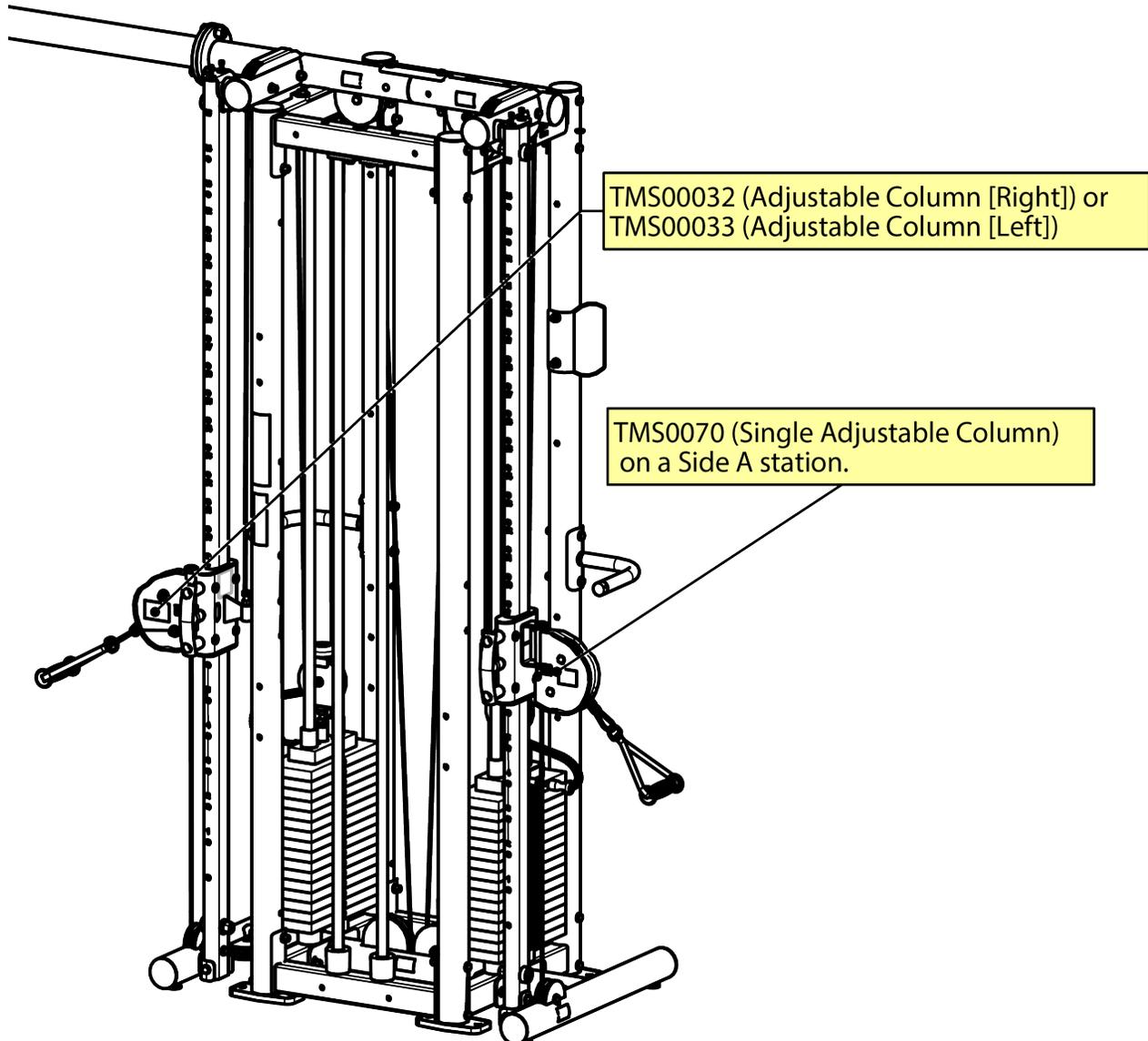
Step 12 (Single Adjustable Column):

To assemble the TMS0070 (Single Adjustable Column), refer to Step 2 (Lower Assembly), Step 5 (Upper Assembly), and Step 7-1 (Weight Stack Assembly) – Step 11 (Workout Placard).

Item	Part Number	Description	Quantity
1	TMS0070	SINGLE ADJUSTABLE COLUMN	1

Note: The TMS0070 (Single Adjustable Column) can only be assembled on a Side A station.

Note: On the TMS0070, the Upper Assembly is part number TMS00701.



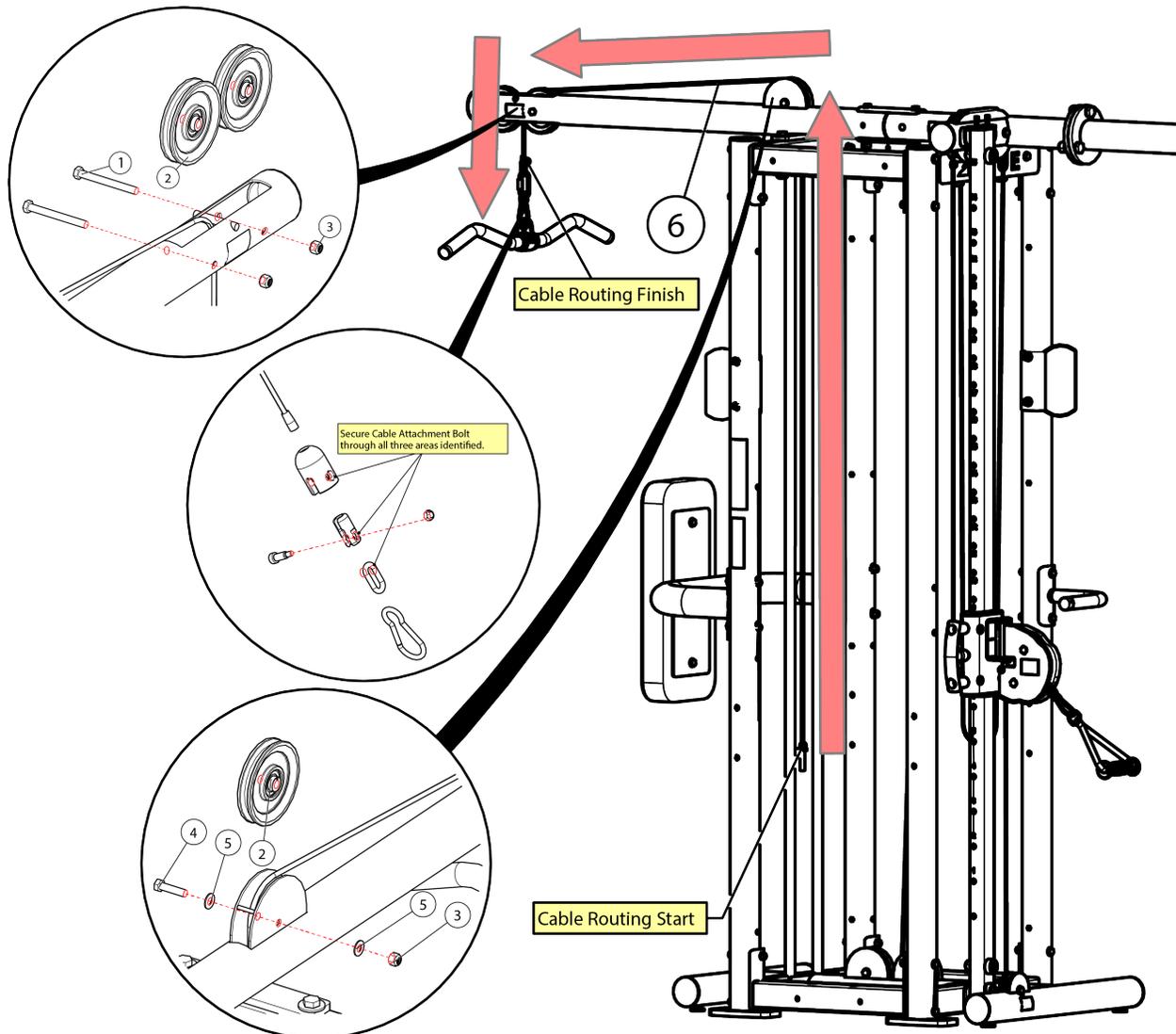
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 13-1 (Triceps Station):

Refer to the below illustration for routing the Weight Stack Cable and assembling the pulleys of the Triceps Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	C 457A	HH SCREW, 3/8"-16, 3-3/4"	2
2	B 900	PULLEY, 4-1/2" WITH 1/4" GROOVE	3
3	C 742C	LOCK NUT, 3/8"-16 NYL INS	3
4	C 453C	HH SCREW, 3/8"-16, 2"	1
5	C 754D	WASHER, FLAT, 3/8"	2
6	TMS05004	WEIGHT STACK CABLE	1



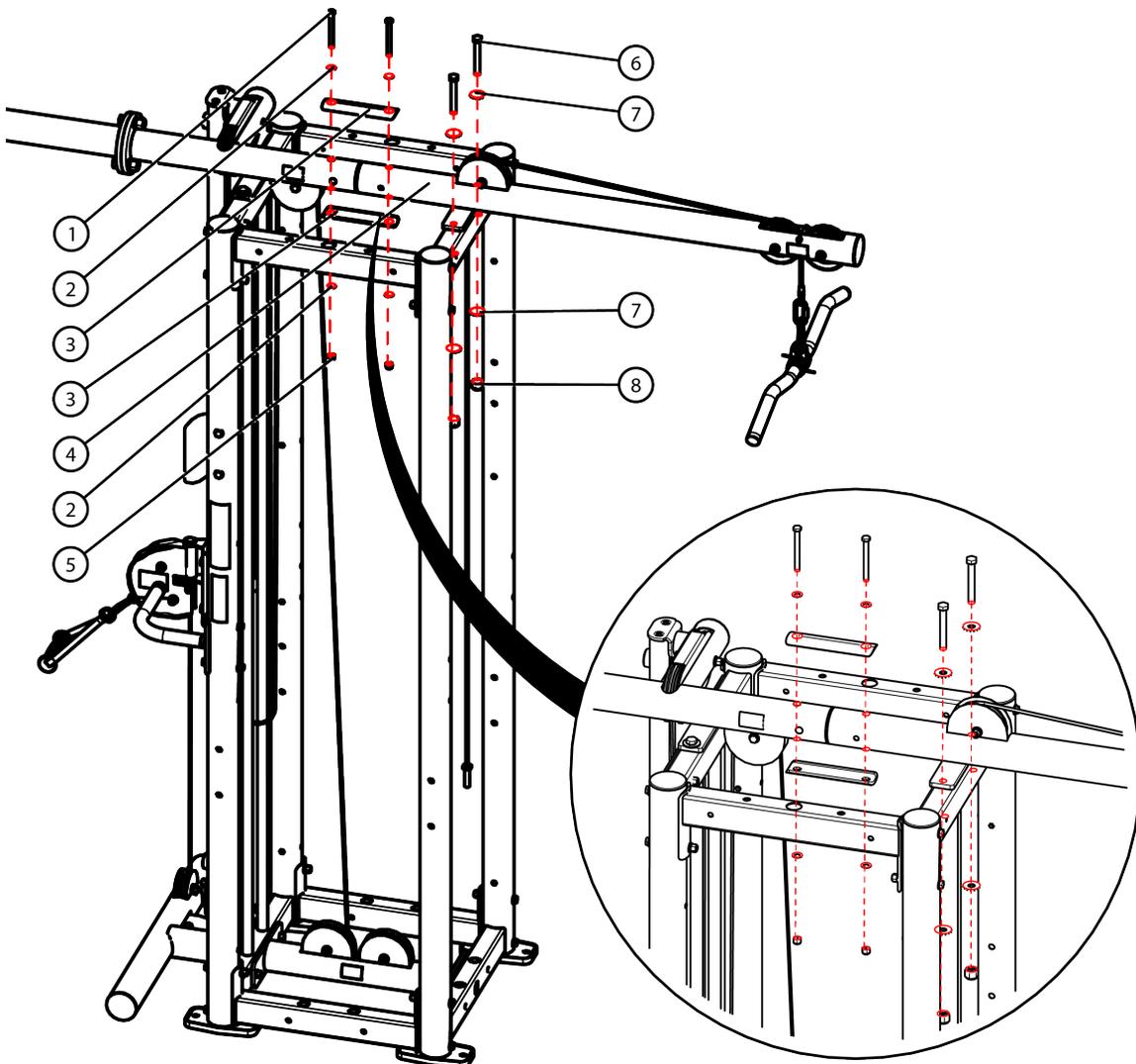
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 13-2 (Triceps Station):

Secure the Upper Assembly to the Upright Assembly and Crossbar using the identified hardware.

Item	Part Number	Description	Quantity
1	C 1354A	HH SCREW, 3/8"-16, 4-1/4"	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	TMS0002305	BRACKET, CONNECTOR	2
4	TMS05001	UPPER ASSEMBLY	1
5	C 742C	NYLON LOCK NUT, 3/8"-16	2
6	C 476B	HH SCREW, 1/2"-13, 4"	2
7	C 755C	WASHER, FLAT, 1/2"	4
8	C 766B	NYLON LOCK NUT, 1/2"-13	2



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ASSEMBLY STEPS:

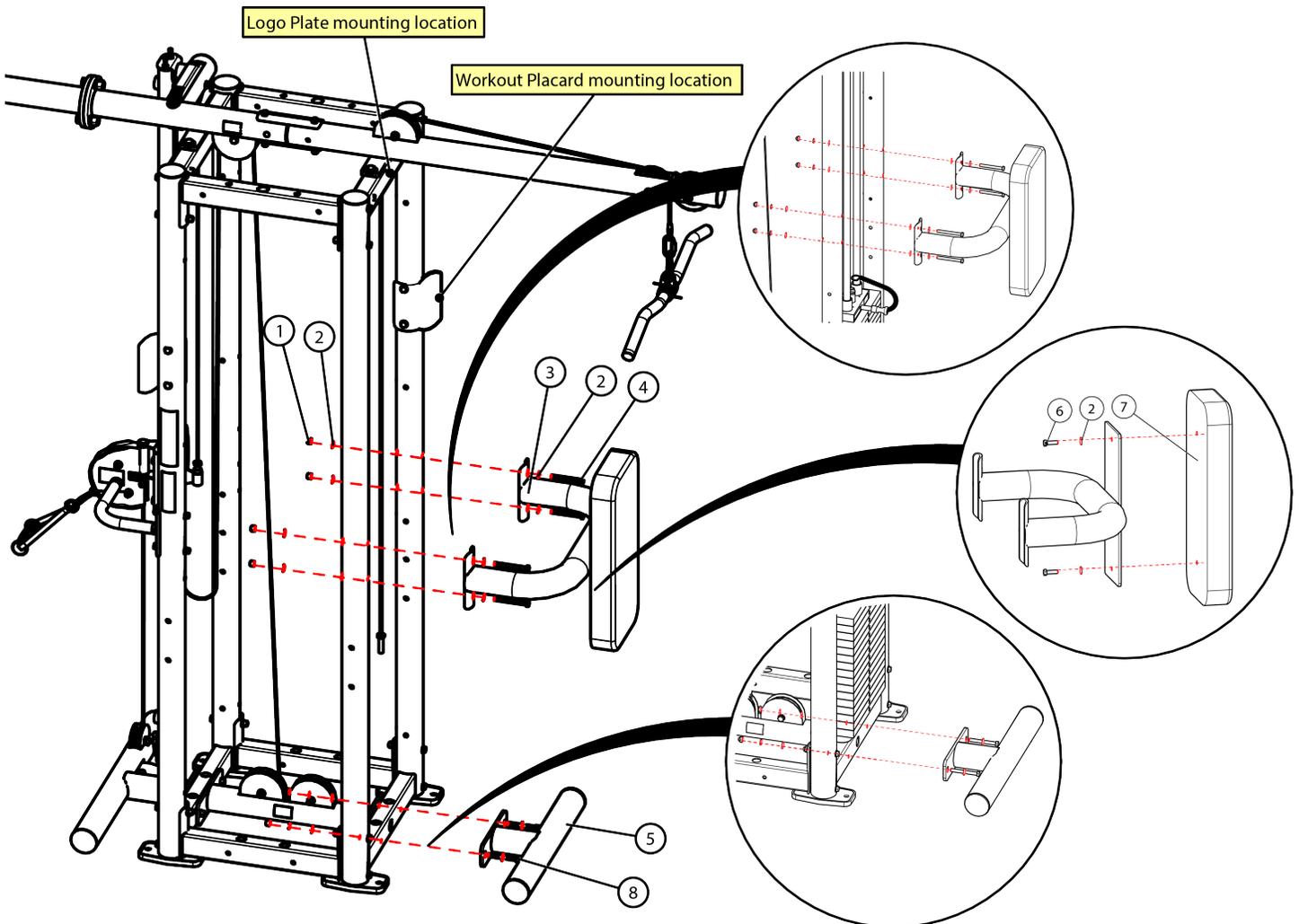
Step 13-3 (Triceps Station):

Secure the Logo Plate to the Upright Assembly as shown in Step 8 (Logo Plate).

Secure the Workout Placard to the Upright Assembly as shown in Step 11 (Workout Placard).

Lastly, secure the Middle Assembly and Lower Assembly to the Upright Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C 742C	NYLON LOCK NUT, 3/8"-16	6
2	C 754D	WASHER, FLAT, 3/8"	14
3	TMS05002	MIDDLE ASSEMBLY	1
4	C 455B	HH SCREW, 3/8"-16, 4"	4
5	TMS05003	LOWER ASSEMBLY	1
6	C 446B	HH SCREW, 3/8"-16, 1-1/4"	2
7	TMS05006	BACK PAD	1
8	C 456B	HH SCREW, 3/8"-16, 3-1/4"	2



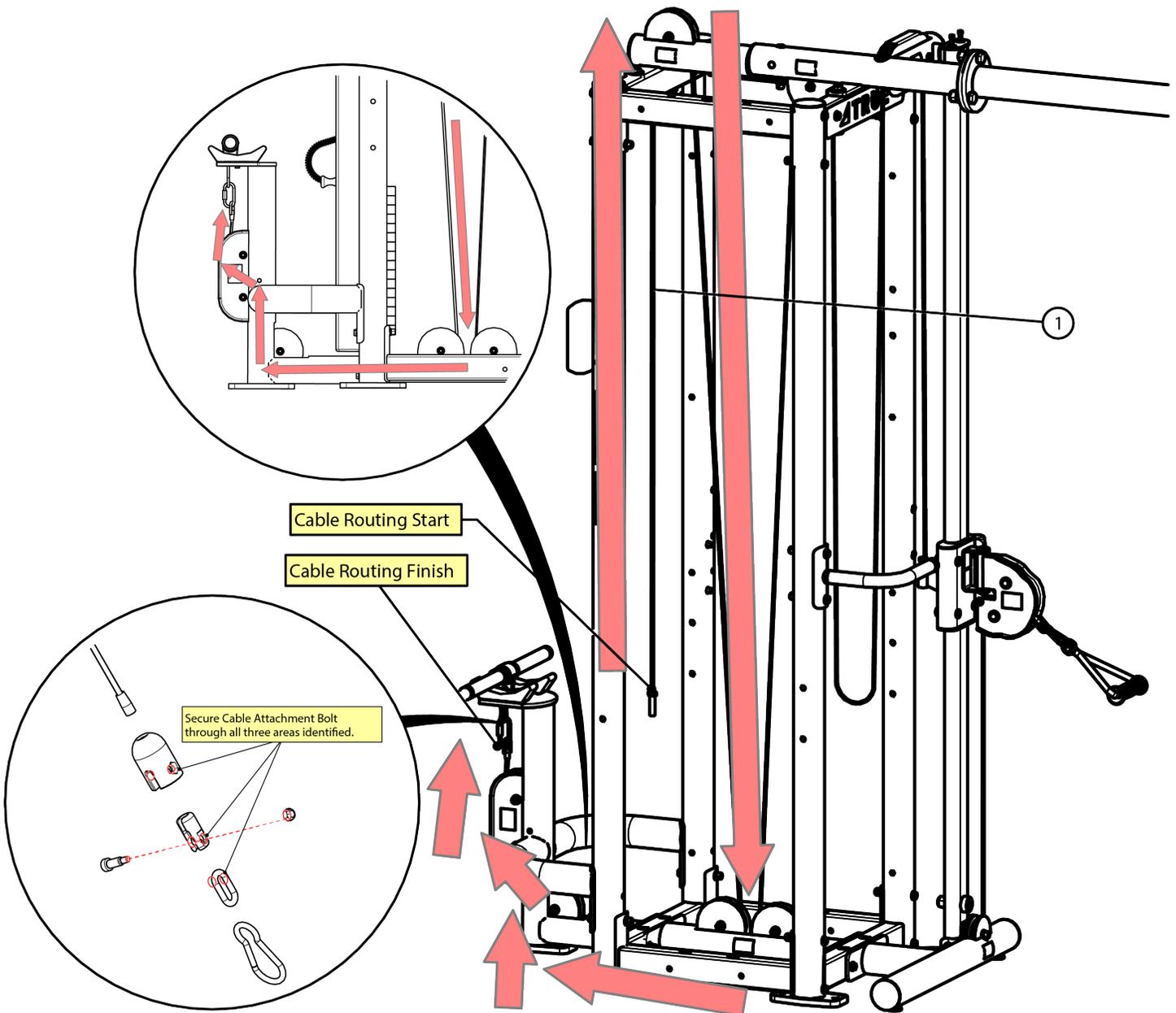
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 14-1 (Biceps Curl Station):

Refer to the below illustration for routing the Weight Stack Cable of the Biceps Curl Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	TMS06003	WEIGHT STACK CABLE	1



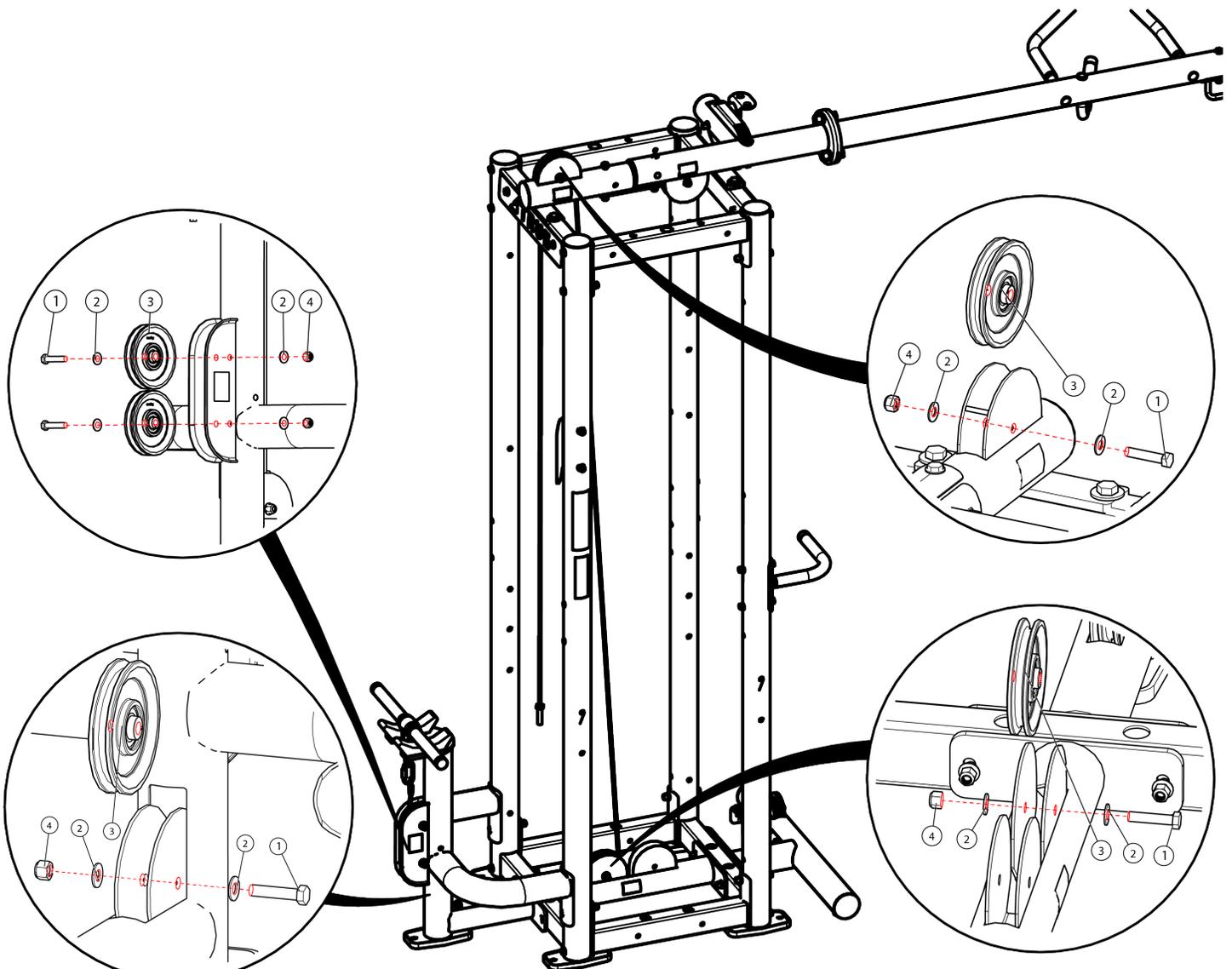
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 14-1 (Biceps Curl Station):

Refer to the below illustration for assembling the pulleys of the Biceps Curl Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	C 453C	HH SCREW, 3/8"-16, 2"	5
2	C 754D	WASHER, FLAT, 3/8"	10
3	B 900	PULLEY, 4-1/2" WITH 1/4" GROOVE	5
4	C 742C	NYLON LOCK NUT, 3/8"-16	5



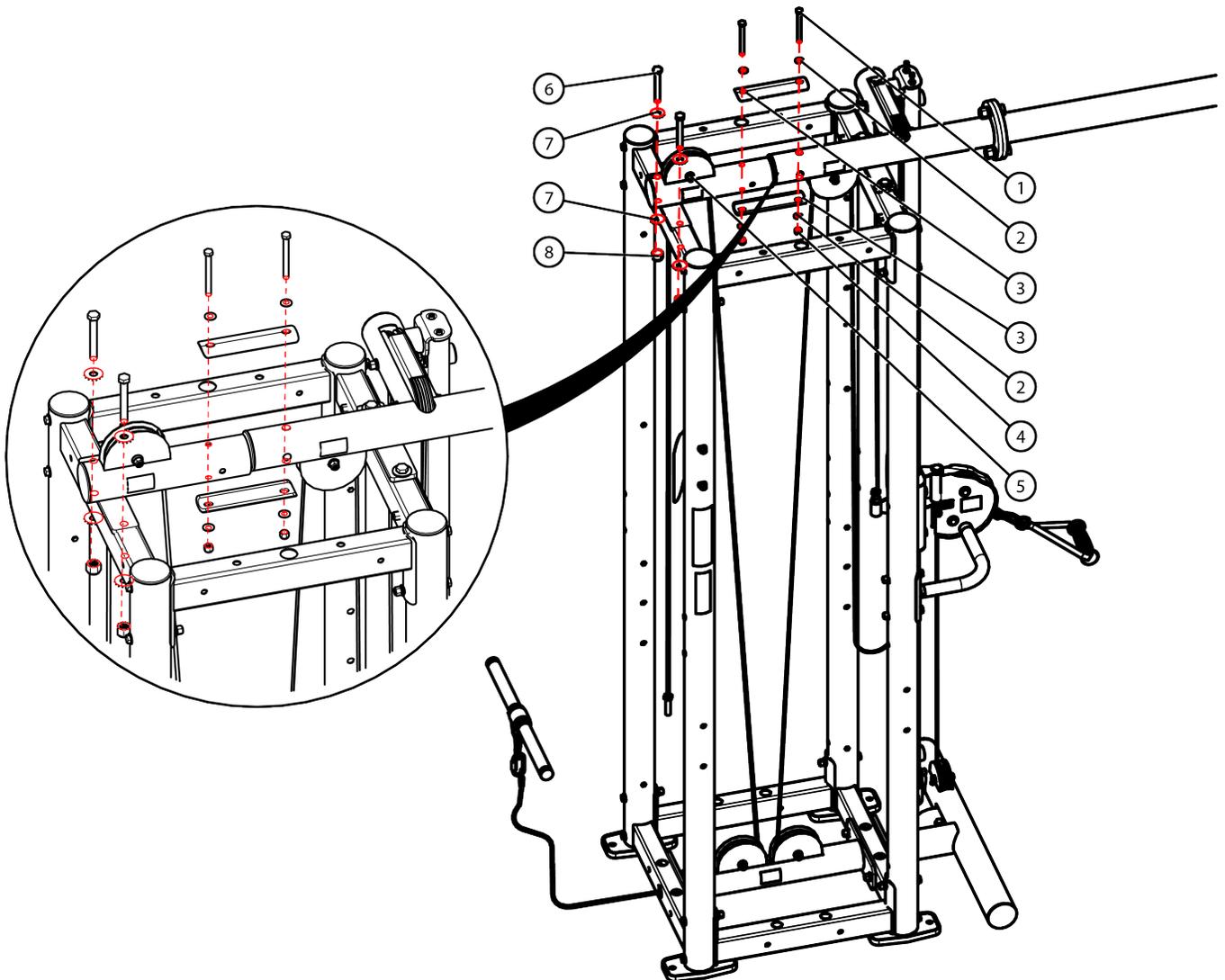
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 14-2 (Biceps Curl Station):

Secure the Upper Assembly to the Upright Assembly and Crossbar using the identified hardware.

Item	Part Number	Description	Quantity
1	C 1354A	HH SCREW, 3/8"-16, 4-1/4"	2
2	C 754D	WASHER, FLAT, 3/8" SAE, BLK	4
3	TMS0002305	BRACKET, CONNECTOR	2
4	C 742C	NYLON LOCK NUT, 3/8"-16	2
5	TMS06001	UPPER ASSEMBLY	1
6	C 476B	HH SCREW, 1/2"-13, 4"	2
7	C 755C	WASHER, FLAT, 1/2"	4
8	C 766B	NYLON LOCK NUT, 1/2"-13	2



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ASSEMBLY STEPS:

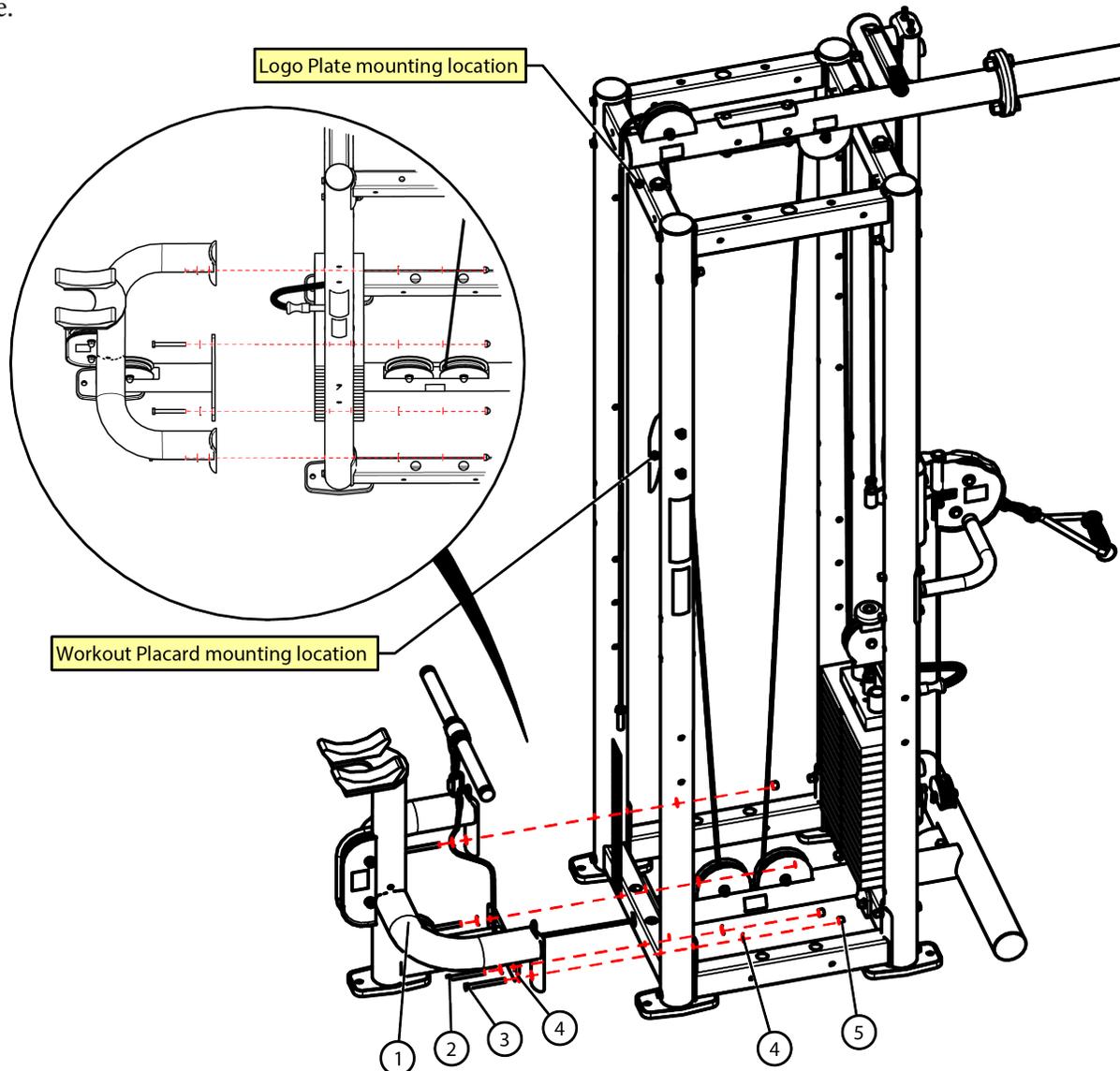
Step 14-3 (Biceps Curl Station):

Secure the Logo Plate to the Upright Assembly as shown in Step 8 (Logo Plate).

Secure the Workout Placard to the Upright Assembly as shown in Step 11 (Workout Placard).

Lastly, secure the Lower Assembly to the Upright Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	TMS06002	LOWER ASSEMBLY	1
2	C 456B	HH SCREW, 3/8"-16, 3-1/4"	2
3	C 1354A	HH SCREW, 3/8"-16, 4-1/4"	2
4	C 754D	WASHER, FLAT, 3/8"	8
5	C 742C	NYLON LOCK NUT, 3/8"-16	4



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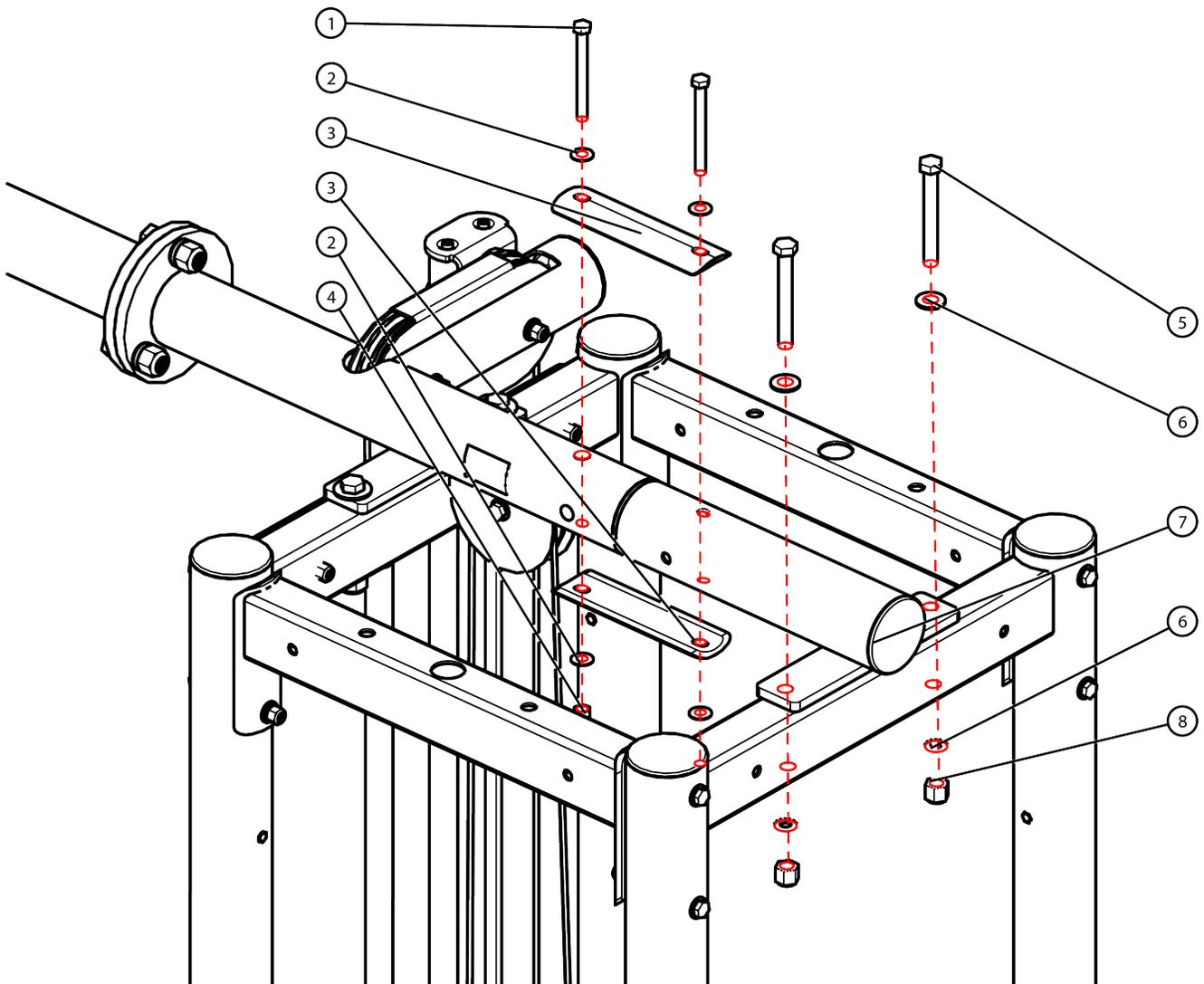
ASSEMBLY STEPS:

Step 15 (Upper Assembly Frame {Side A Stations}):

Secure the Upper Assembly Frame to the Upright Assembly using the identified hardware.

Note: TMS0005 is for Side A Stations only.

Item	Part Number	Description	Quantity
1	C-1354A	HHS, 3/8"-16, 4-1/4"	1
2	C-754D	WASHER, FLAT, 3/8"	2
3	TMS0002305	BRACKET, CONNECTOR	2
4	C-742C	LOCK NUT, 3/8"-16 NYL INS	1
5	C-476B	HHS, 1/2"-13, 4"	2
6	C-755C	WASHER, FLAT, 1/2"	3
7	TMS00050	UPPER ASSEMBLY FRAME	1
8	C-766B	LOCK NUT, 1/2"-13, NYL INS	2



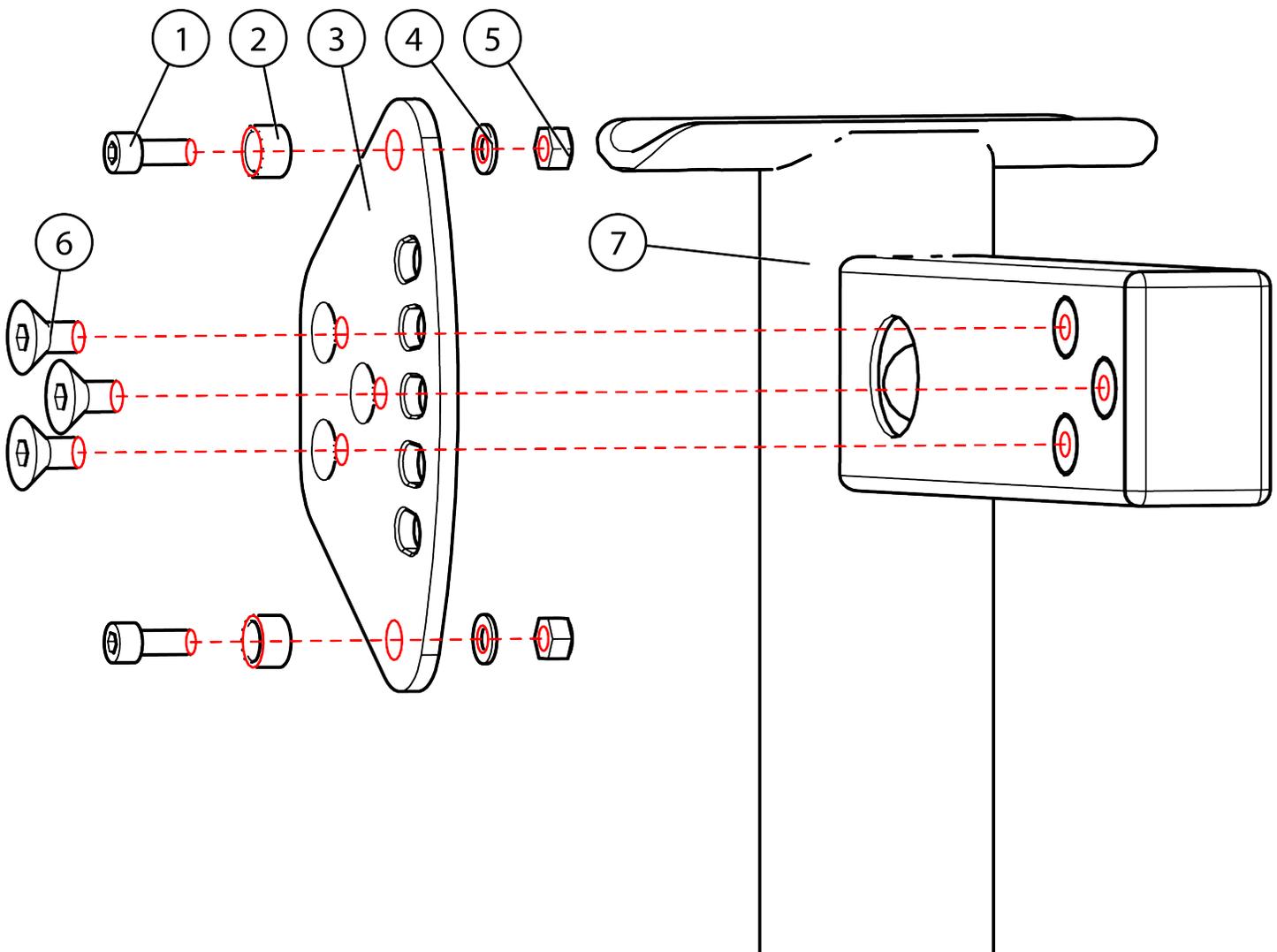
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ASSEMBLY STEPS:

Step 16-1 (Lat Pulldown Station):

Secure the Adjustment Plate Assembly to the Lower Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C1125A	SHCS, M8 X 20 MM	2
2	SD0014	STOP COLLAR	2
3	TMS0006310	ADJUSTMENT PLATE ASSEMBLY	1
4	C1093A	WASHER, FLAT, M8	2
5	SM0033A	NYLON LOCK NUT, M8,	2
6	C2005	FHCS, M10 X 20 MM	3
7	TMS0006301	LOWER ASSEMBLY	1



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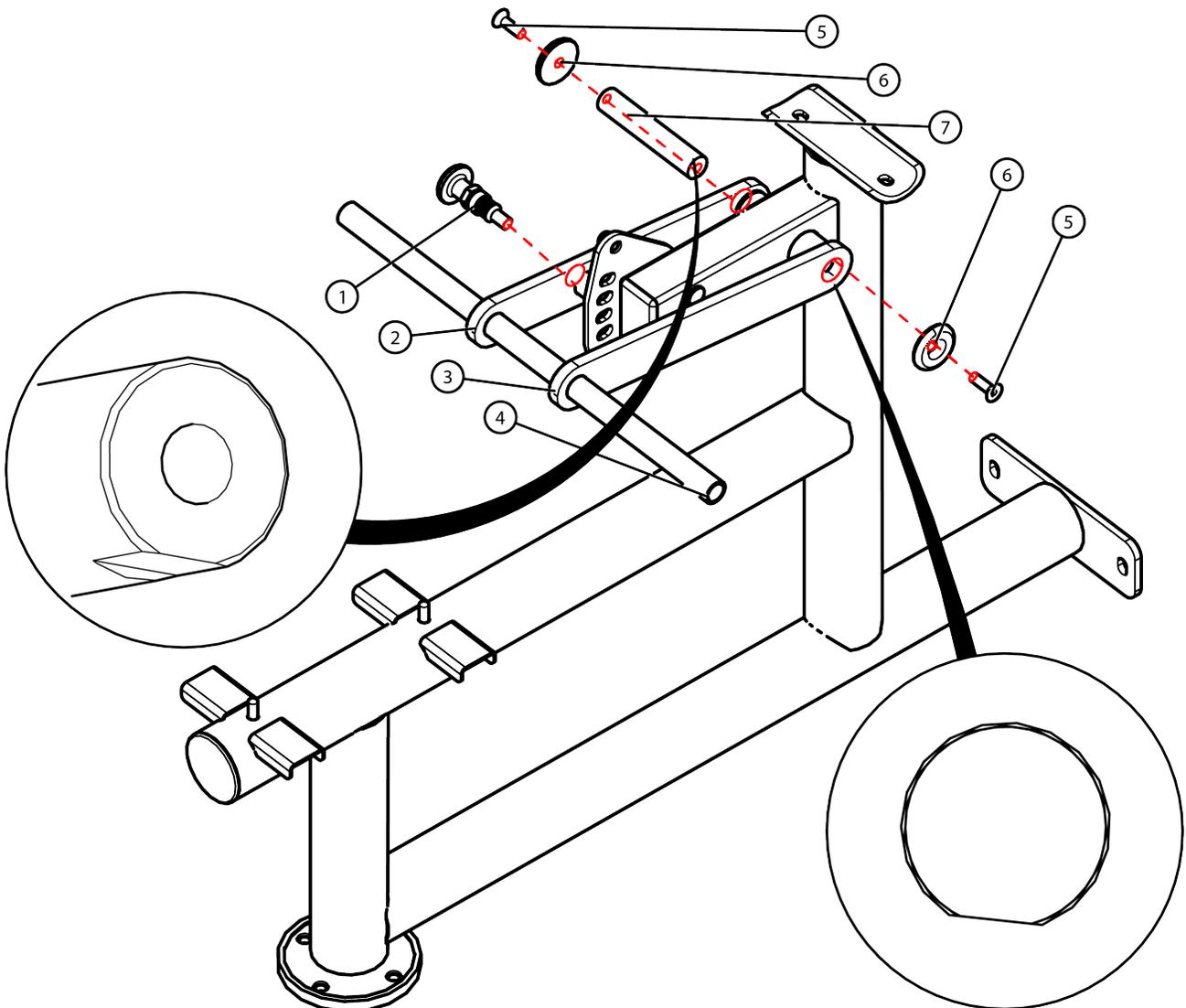
ASSEMBLY STEPS:

Step 16-2 (Lat Pulldown Station):

Secure the Cam Assembly to the Lower Assembly using the identified hardware.

Note: Align the tab on the Axle with the tab on the Lower Assembly.

Item	Part Number	Description	Quantity
1	TMS0006311	CAM ASSEMBLY POP PIN	1
2	TMS0006312	SUPPORT PLATE, LEFT	1
3	TMS0006315	SUPPORT PLATE, RIGHT	1
4	TMS0006313	AXLE	1
5	C-659	FH SCREW, 3/8"-16, 1-1/4"	2
6	SD0092	ALUMINUM END CAP 50*10.5*8	2
7	TMS0006316	AXLE	1



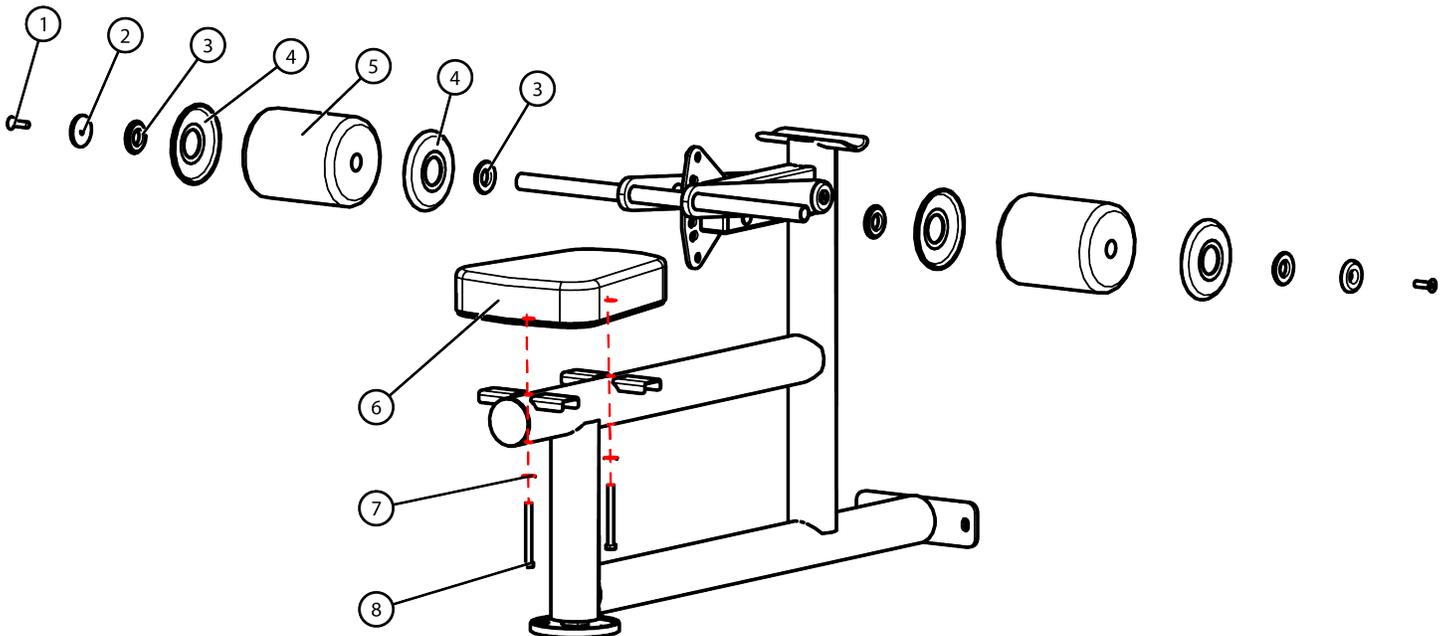
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ASSEMBLY STEPS:

Step 16-3 (Lat Pulldown Station):

Secure the Roller Pad Assembly to the Lower Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C 658	FH SCREW, 3/8"-16, 1"	2
2	SD0092	ALUMINUM END CAP 50*10.5*8	2
3	TMS110031	PLASTIC ROLLER CAP (SMALL)	4
4	TRXL2-02AX501	PLASTIC ROLLER CAP (LARGE)	4
5	PAD-RL003-00XBK	ROLLER PAD, SHORT, W/ VINYL	2
6	SD0024	SEAT PAD	1
7	C 754D	WASHER, FLAT, 3/8"	2
8	C 1001	HH SCREW, M10 x 100MM	2



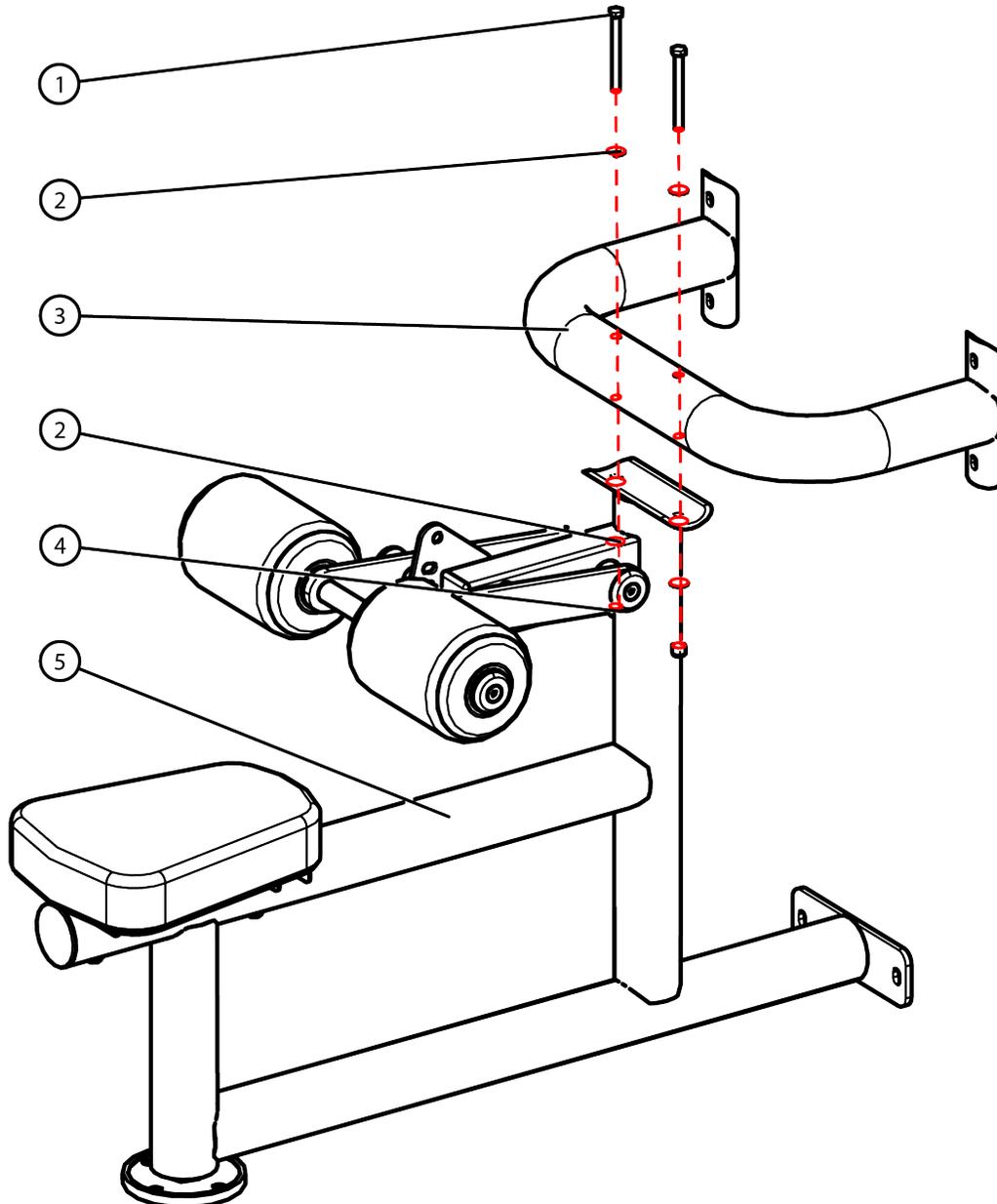
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 16-4 (Lat Pulldown Station):

Secure the Middle Assembly to the Lower Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C 455B	HH SCREW, 3/8"-16, 4"	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	TMS11002	MIDDLE ASSEMBLY	1
4	C 742C	NYLON LOCK NUT, 3/8"-16	2
5	TMS11003	LOWER ASSEMBLY	1



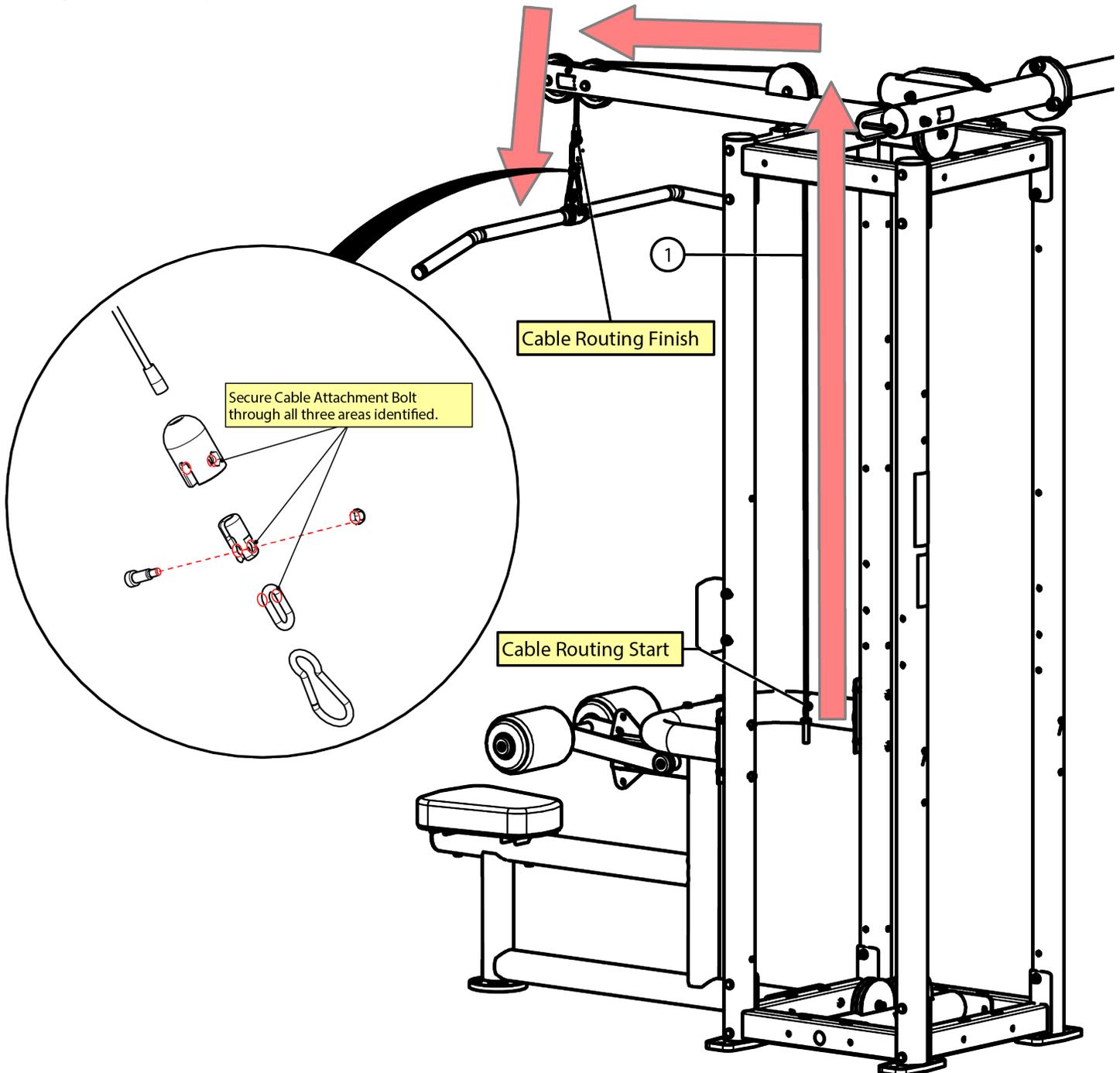
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ASSEMBLY STEPS:

Step 16-5 (Lat Pulldown Station):

Refer to the below illustration for routing the Weight Stack Cable of the Lat Pulldown Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	TMS11004	WEIGHT STACK CABLE	1



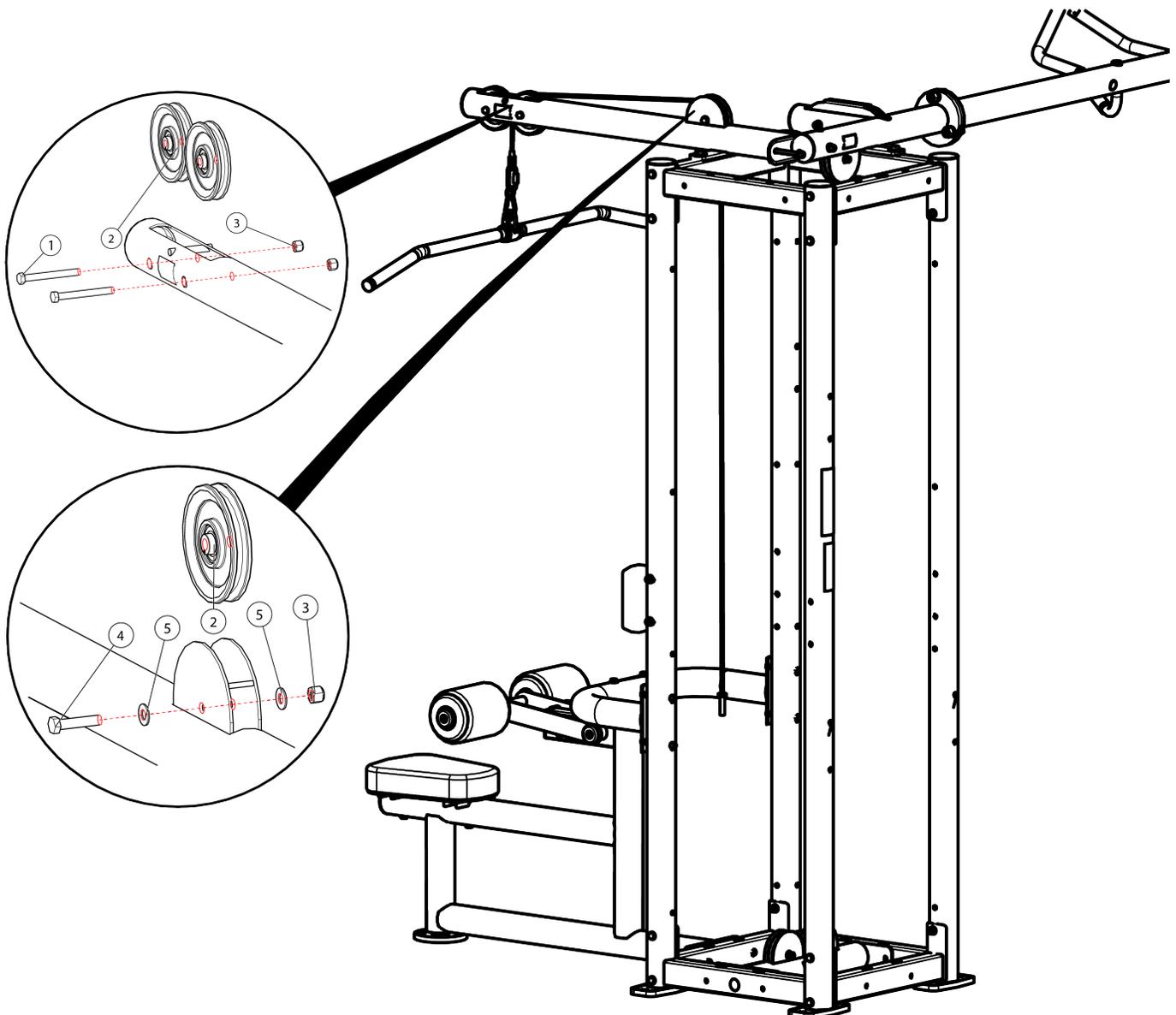
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 16-5 (Lat Pulldown Station):

Refer to the below illustration for assembling the pulleys of the Lat Pulldown Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	C 457A	HH SCREW, 3/8"-16, 3-3/4"	2
2	B 900	PULLEY, 4-1/2" WITH 1/4" GROOVE	3
3	C 742C	LOCK NUT, 3/8"-16	3
4	C 453C	HH SCREW, 3/8"-16, 2"	1
5	C 754D	WASHER, FLAT, 3/8"	2



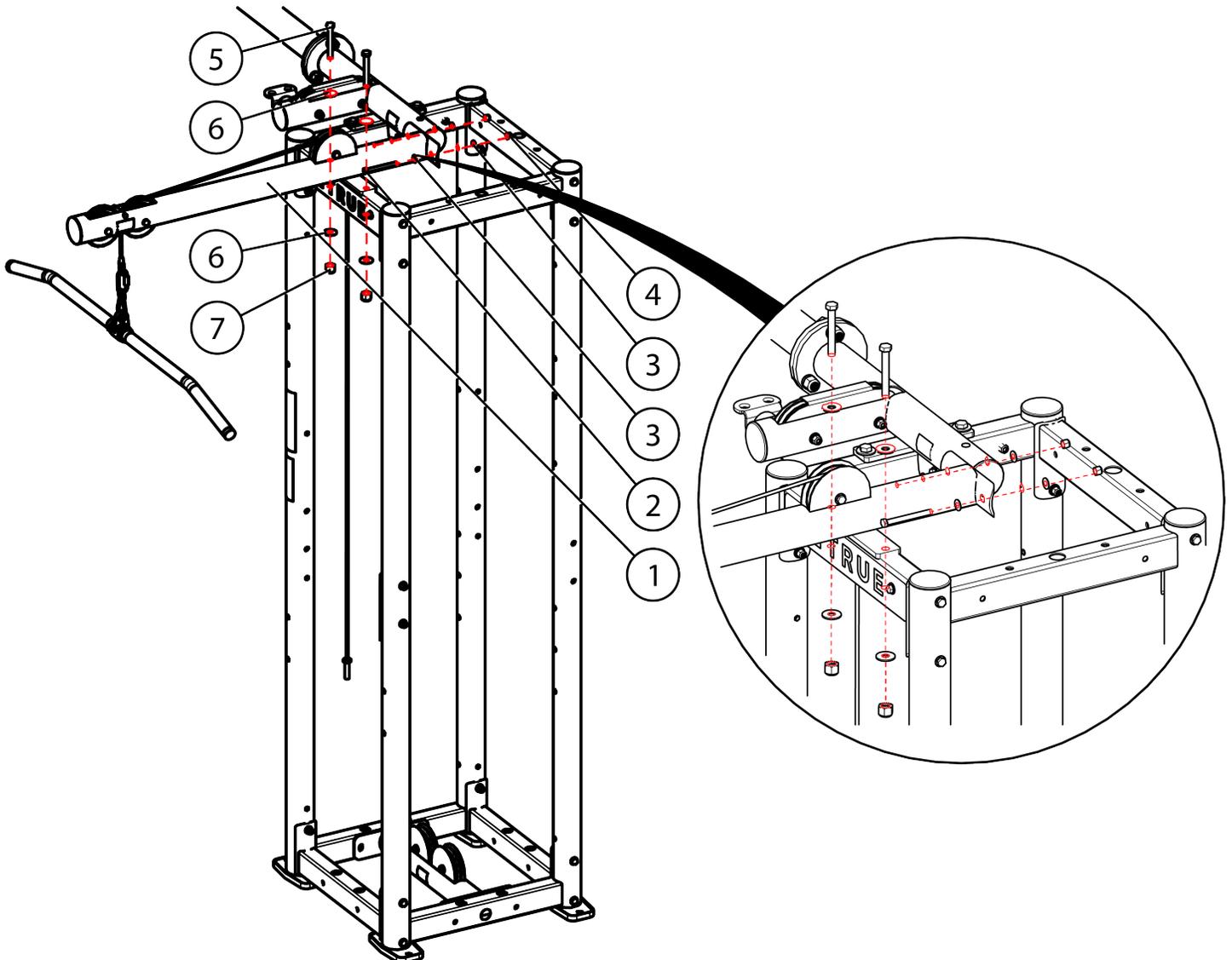
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 16-6 (Lat Pulldown Station):

Secure the Upper Assembly to the Upright Assembly and Crossbar using the identified hardware.

Item	Part Number	Description	Quantity
1	TMS11001	UPPER ASSEMBLY	1
2	C 1354A	HH SCREW, 3/8"-16, 4-1/4"	2
3	C 754D	WASHER, FLAT, 3/8"	4
4	C 742C	NYLON LOCK NUT, 3/8"-16	2
5	C 476B	HH SCREW, 1/2"-13, 4"	2
6	C 755C	WASHER, FLAT, 1/2"	4
7	C 766B	NYLON LOCK NUT, 1/2"-13	2



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ASSEMBLY STEPS:

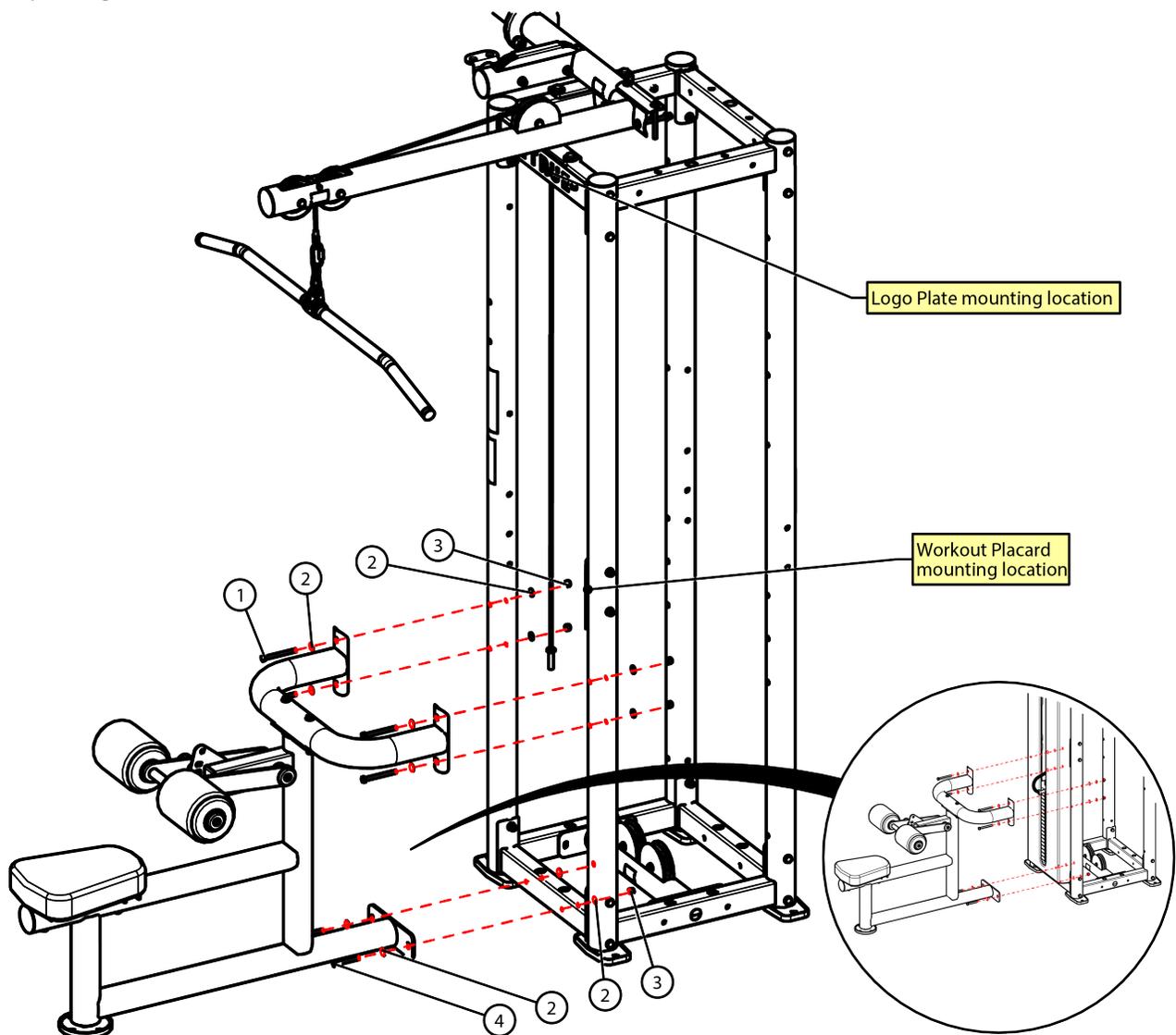
Step 16-7 (Lat Pulldown Station):

Secure the Logo Plate to the Upright Assembly as shown in Step 8 (Logo Plate).

Secure the Workout Placard to the Upright Assembly as shown in Step 11 (Workout Placard).

Item	Part Number	Description	Quantity
1	C 455B	HH SCREW, 3/8"-16, 4"	4
2	C 754D	WASHER, FLAT, 3/8"	12
3	C 742C	NYLON LOCK NUT, 3/8"-16	6
4	C 452B	HH SCREW, 3/8"-16, 3"	2

Lastly, secure the Middle Assembly and Lower Assembly to the Upright Assembly using the identified hardware.



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

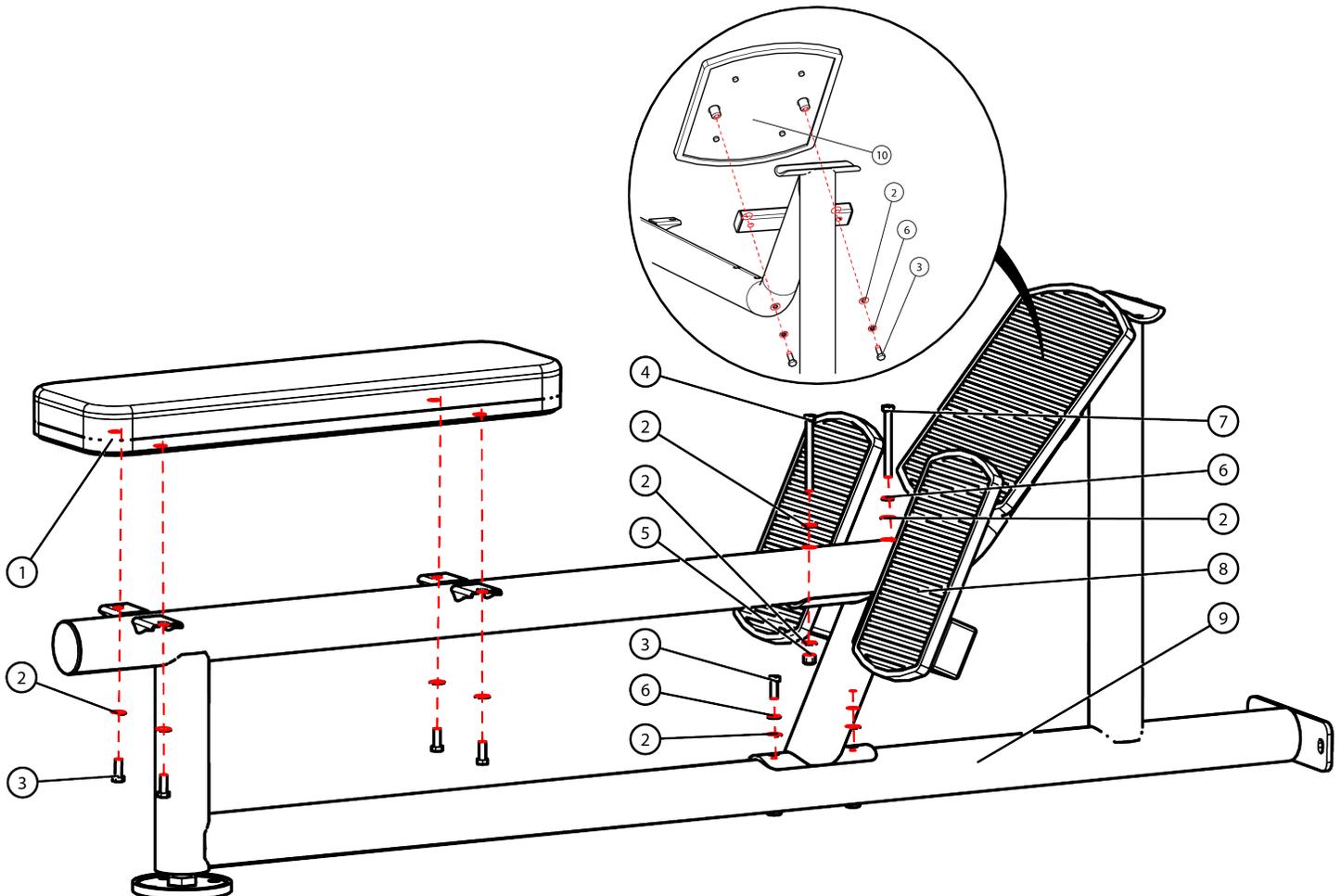
Step 17-1 (Seated Row Station):

Secure the Handlebar Rest Assembly to the Lower Assembly using the identified hardware.

Next, secure the Seat Pad to the Lower Assembly using the identified hardware.

Lastly, position the Footplate Assembly as shown below and secure to the Lower Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	TMS12007	SEAT PAD	1
2	C 754D	WASHER, FLAT, 3/8"	9
3	C 445D	HH SCREW, 3/8"-16, 1"	6
4	C 455B	HH SCREW, 3/8"-16, 4"	1
5	C 742C	NYLON LOCK NUT, 3/8"-16	1
6	C 749B	WASHER, LOCK, 3/8"-16	3
7	C 457A	HH SCREW, 3/8"-16, 3-3/4"	1
8	TMS12004	FOOTPLATE ASSEMBLY	1
9	TMS12003	LOWER ASSEMBLY	1
10	TMS120031	HANDLEBAR REST ASSEMBLY	1



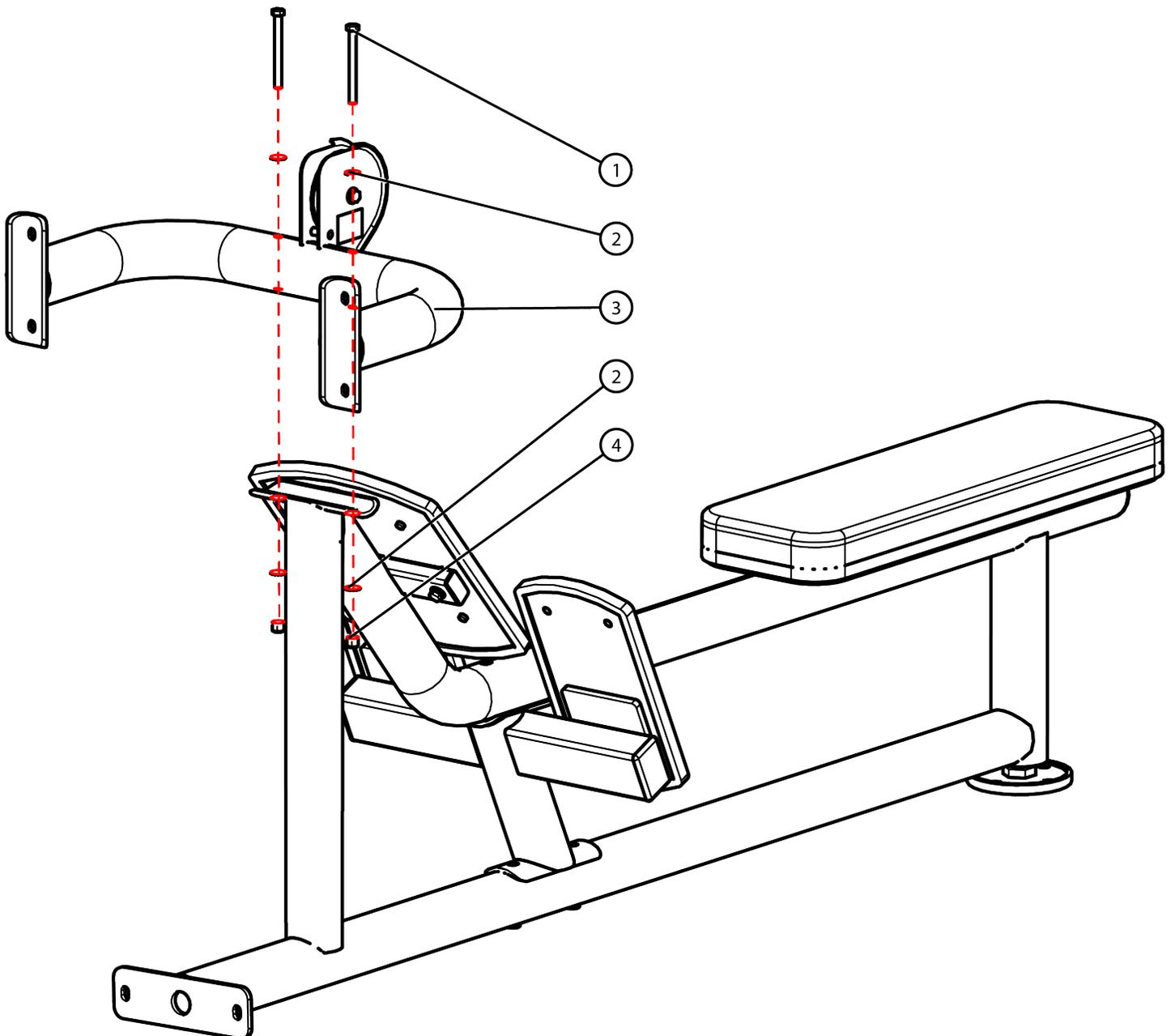
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 17-2 (Seated Row Station):

Secure the Middle Assembly to the Lower Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C 455B	HH SCREW, 3/8"-16, 4"	2
2	C 754D	WASHER, FLAT, 3/8"	4
3	TMS12002	MIDDLE ASSEMBLY	1
4	C 742C	NYLON LOCK NUT, 3/8"-16	2



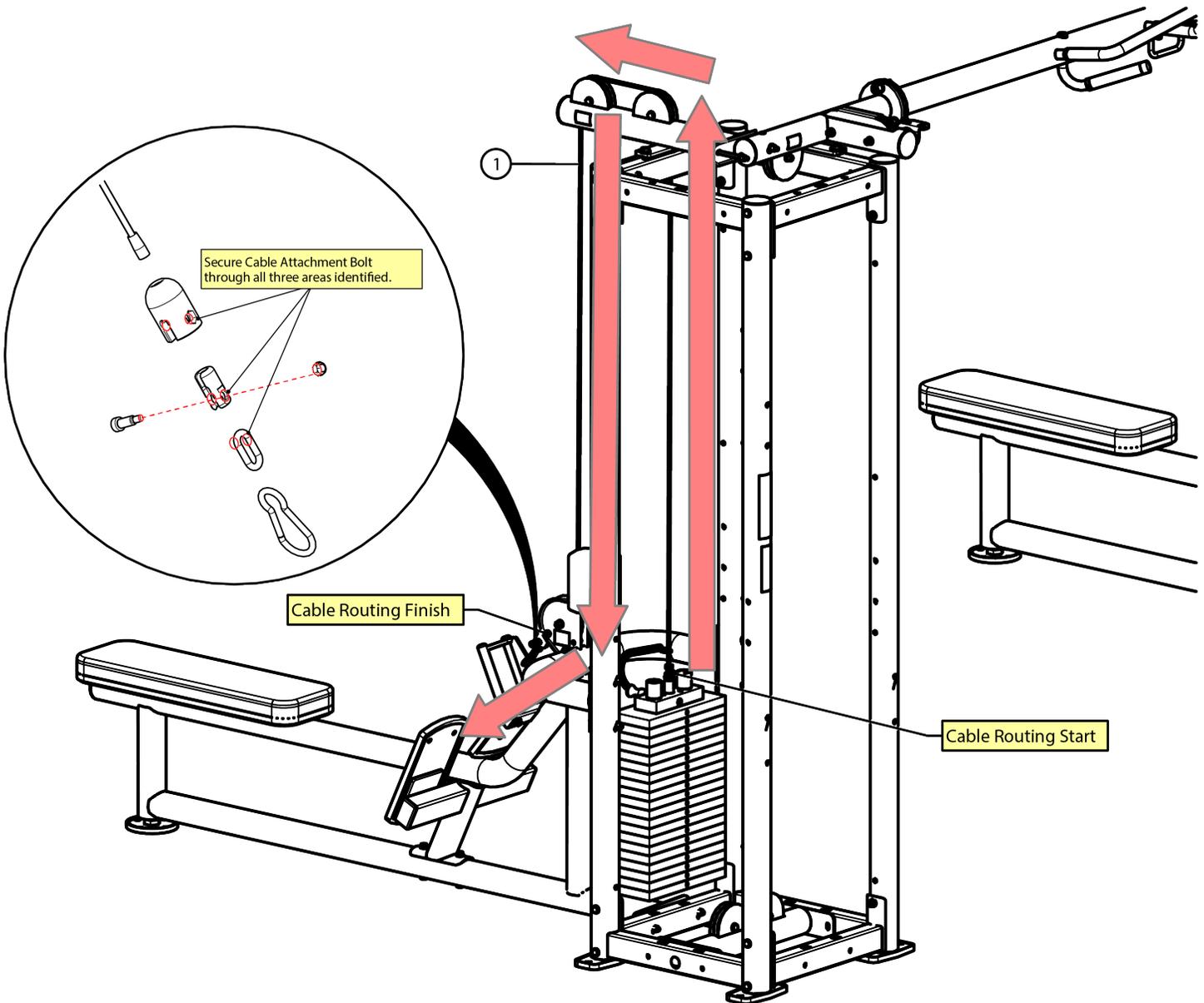
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 17-3 (Seated Row Station):

Refer to the below illustration for routing the Weight Stack Cable of the Seated Row Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	TMS12006	WEIGHT STACK CABLE	1



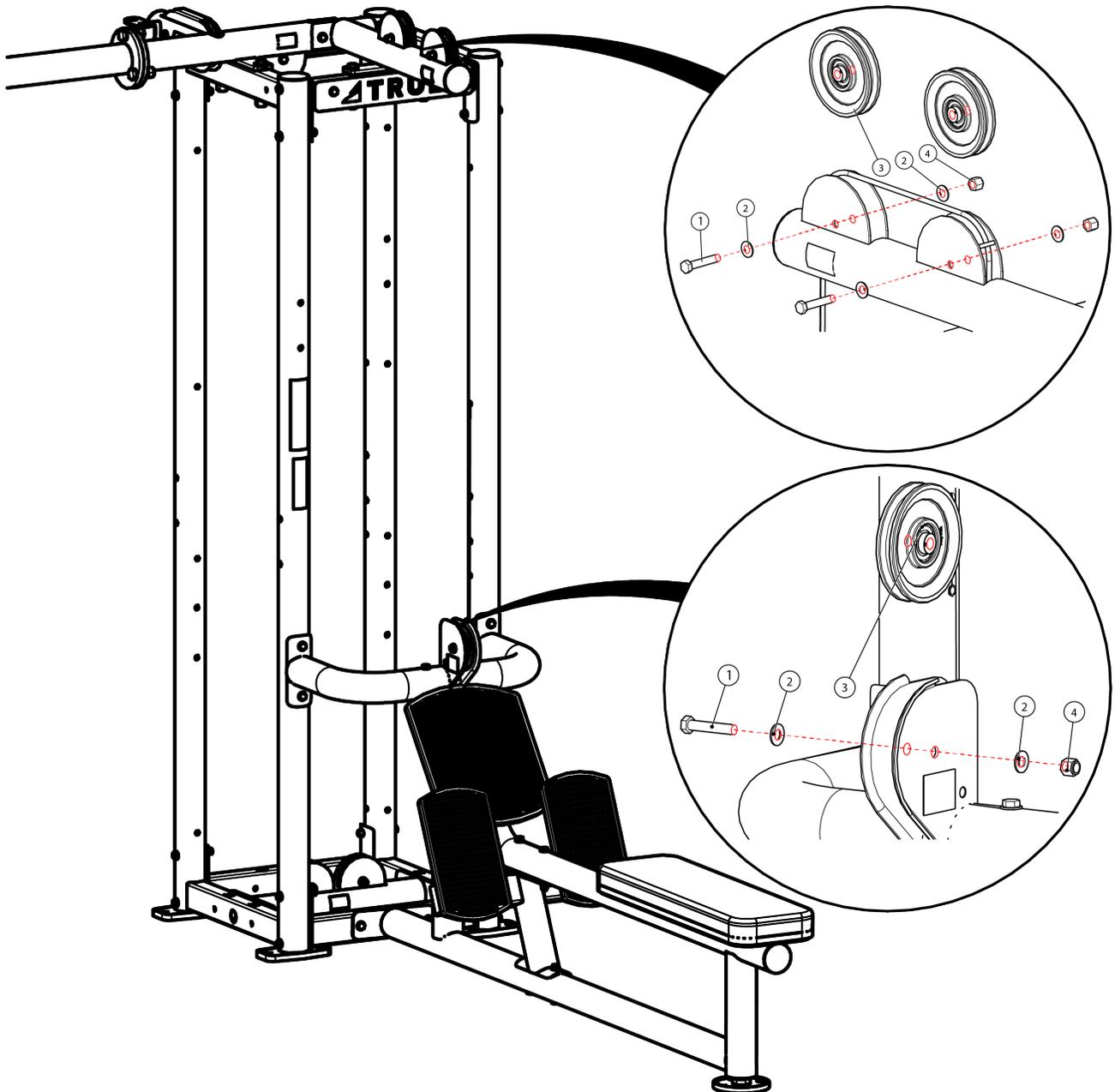
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 17-3 (Seated Row Station):

Refer to the below illustration for assembling the pulleys of the Seated Row Station as you proceed through the assembly steps.

Item	Part Number	Description	Quantity
1	C 453C	HH SCREW, 3/8"-16, 2"	3
2	C 754D	WASHER, FLAT, 3/8"	6
3	B 900	PULLEY, 4-1/2" WITH 1/4" GROOVE	3
4	C 742C	LOCK NUT, 3/8"-16	3



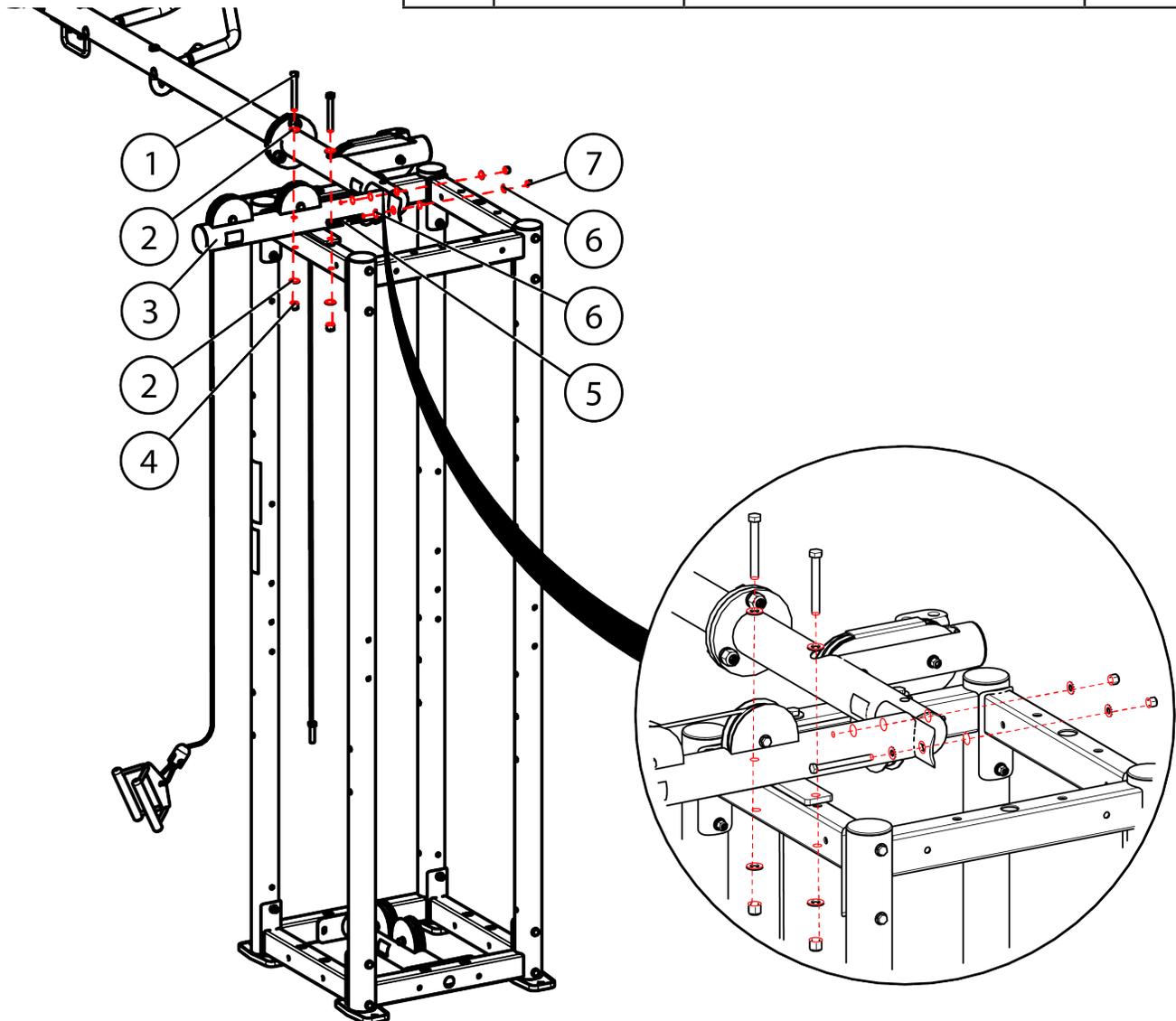
CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 17-4 (Seated Row Station):

Secure the Upper Assembly to the Upright Assembly and Crossbar using the identified hardware.

Item	Part Number	Description	Quantity
1	C 476B	HH SCREW, 1/2"-13, 4"	2
2	C 755C	WASHER, FLAT, 1/2"	4
3	TMS12001	UPPER ASSEMBLY	1
4	C 766B	NYLON LOCK NUT, 1/2"-13	2
5	C 1354A	HH SCREW, 3/8"-16, 4-1/4"	4
6	C 754D	WASHER, FLAT, 3/8"	8
7	C 742C	NYLON LOCK NUT, 3/8"-16	4



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 17-5 (Seated Row Station):

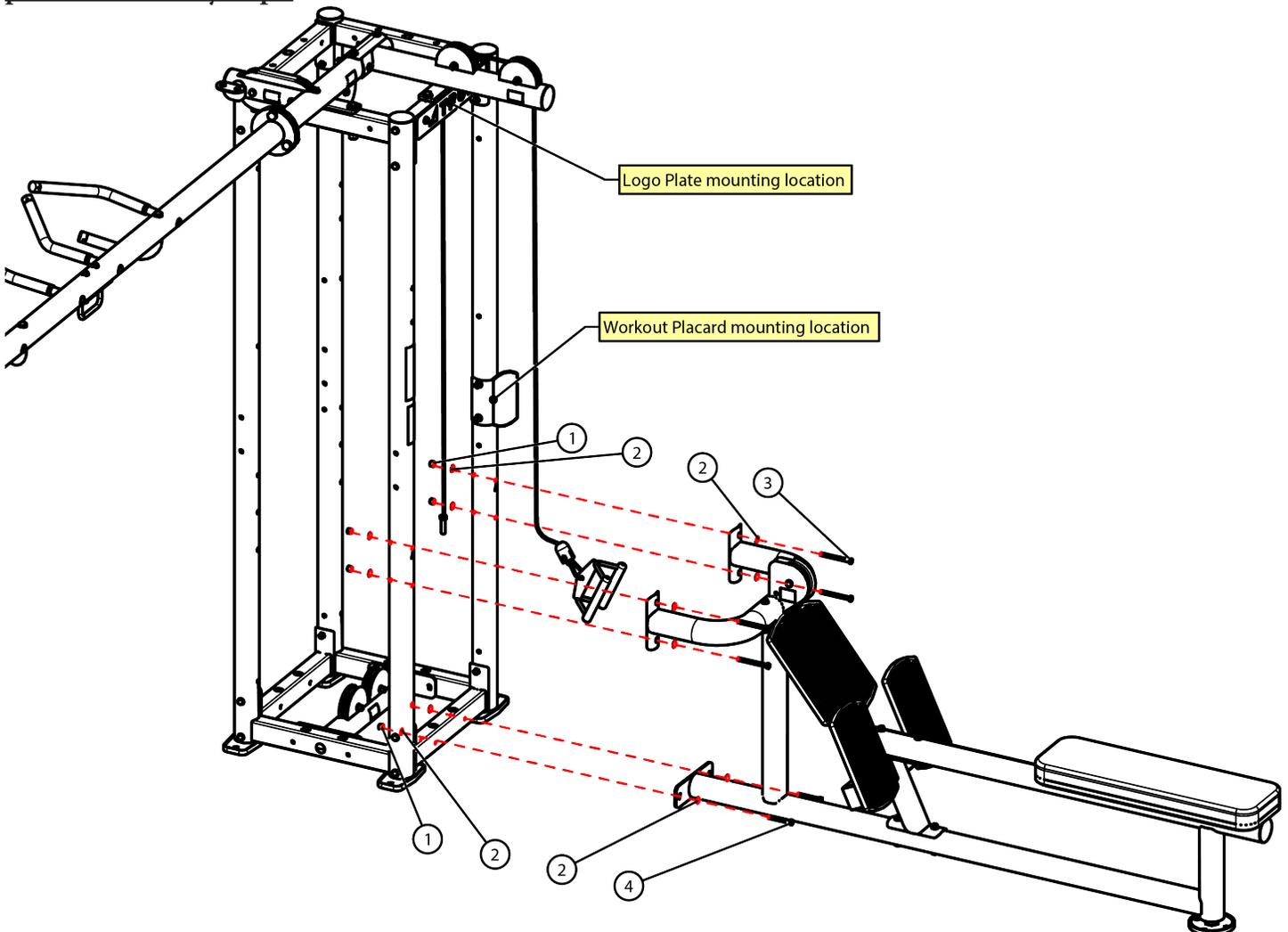
Secure the Logo Plate to the Upright Assembly as shown in Step 8 (Logo Plate).

Secure the Workout Placard to the Upright Assembly as shown in Step 11 (Workout Placard).

Lastly, secure the Middle Assembly and Lower Assembly to the Upright Assembly using the identified hardware.

Item	Part Number	Description	Quantity
1	C 742C	NYLON LOCK NUT, 3/8"-16	6
2	C 754D	WASHER, FLAT, 3/8"	12
3	C 455B	HH SCREW, 3/8"-16, 4"	4
4	C 452B	HH SCREW, 3/8"-16, 3"	2

Note: Fully tighten all hardware used in previous assembly steps.



CHAPTER 2: ASSEMBLY GUIDE

ASSEMBLY STEPS:

Step 18 (Weight Stack Shrouds [Front and Rear]):

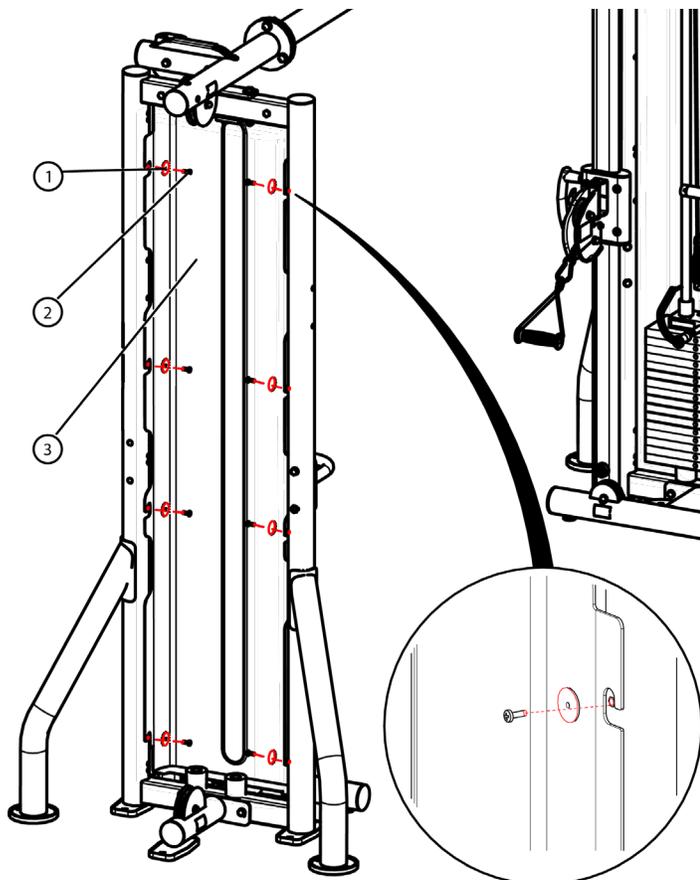
Secure the hardware for the Weight Stack Shroud (Front) to the Upright Assembly. Next, position the Weight Stack Shroud (Front) onto the corresponding hardware to secure in place.

Align the Weight Stack Shroud (Rear) with the mounting brackets and secure in place using the identified hardware.

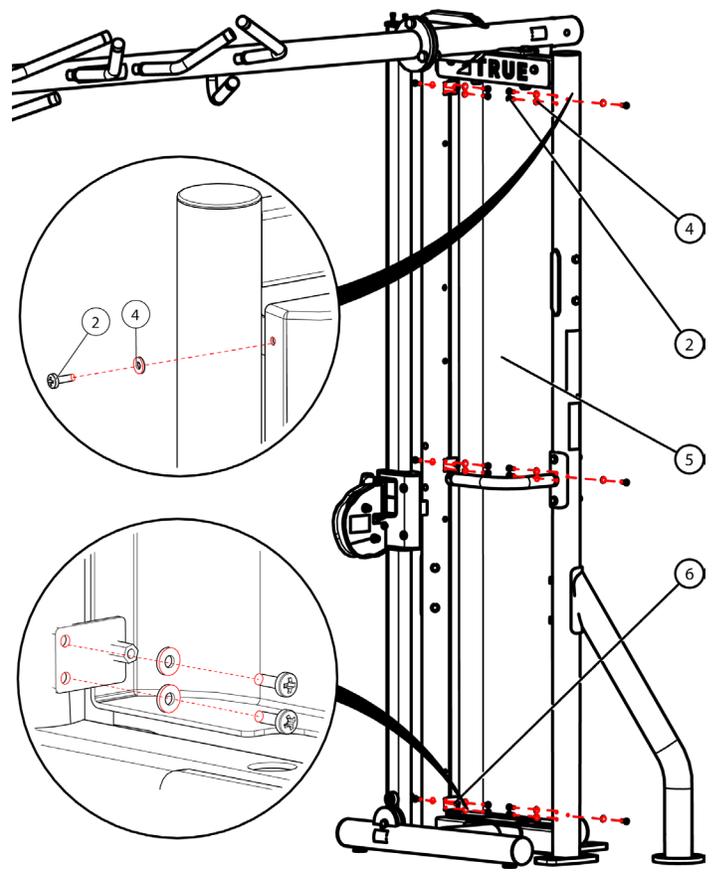
Note: Use the Weight Stack Shroud (Rear) paired with the Weight Stack Shroud (Front) only with the TMS0001 (Frame, Single Sided) in the TMS2000, TMS5000, and TMS6000. In all other instances, only use the Weight Stack Shroud (Front).

Item	Part Number	Description	Quantity
1	TMS001411	PLASTIC SHROUD STOP	8
2	C 1200	BHCS, M6 x 20MM	26
3	TMS00141	WEIGHT STACK SHROUD (FRONT)	1
4	CC-36-011A	WASHER, FLAT, M6	18
5	TMS00111	WEIGHT STACK SHROUD (REAR)	1
6	TMS001121	REAR SHROUD BRACKET	6

Front Shroud



Rear Shroud



CHAPTER 3: CARE & MAINTENANCE

CARE & MAINTENANCE:

Preventative maintenance is crucial to maintaining the function and safety of this equipment. Your facility must establish written guidelines for preventative maintenance and keep written or online records of the maintenance performed on these products. As a minimum, the items presented in the Safety Instructions section of this document and the items that follow here, should be included in your maintenance program.

IMPORTANT: Always purchase replacement parts from TRUE Fitness. Many parts are tested and manufactured specifically for TRUE Fitness equipment. Use of unapproved parts may cause serious injury and/or void the limited warranty.

DAILY INSPECTION & MAINTENANCE:

The following items are critical to the safety of users and maintenance staff as well as ensuring the optimum performance of the machines. These inspections should be performed each day before the equipment is subject to use. TRUE Fitness is not responsible for performing or scheduling regular maintenance or inspections.

- Inspect cables for wear, tension, and proper connection (as described in the cable inspection section below) if equipped.
- Inspect all adjustment pins, weight stack pins, set screws, gas shocks, snap links, and pulleys if equipped.
- Inspect all safety and instructional decals.
- Inspect all weight stack shields if equipped.
- Verify that rubber hand grips are intact and secure.
- Verify that anti-skid foot grips are intact and secure
- Verify that the weight stack selector pin is attached with the coiled lanyard to the top plate if equipped.

WEEKLY INSPECTION & MAINTENANCE:

The following items are critical to the safety of users and maintenance staff as well as ensuring the optimum performance of the machines. These inspections should be performed each week. TRUE Fitness is not responsible for performing or scheduling regular maintenance or inspections.

- Check entire length of cable & end fittings for any signs of wear if equipped. Replace immediately as required. (Refer to Daily Maintenance Section).
- Verify that a minimum of 1/2 inch (12.7mm) of the threaded portion of the cable bolt is threaded into the top plate and that the nut is tight if equipped with a cable. (See Cable Inspection & Maintenance Section).
- Perform a function test by placing the selector pin in the top plate and cycling the machine through the intended motion if equipped with a cable. Verify that the machine operates smoothly without binding. Select a moderate weight and repeat.
- Verify that each pulley rotates freely when performing the exercise if equipped with pulleys. A pulley that does not rotate will cause extreme cable wear and could lead to cable failure. Determine cause and remedy immediately.
- Verify that the adjustment pop pins retract easily and fully engage (when released) into each adjustment disc hole/slot. The pop pins are spring loaded so they should return to the engaged position when you release the knob.
- Verify that the adjustment pin disengages and engages freely when actuating the adjustment mechanism. Be sure that the adjustment pin inserts fully into the adjustment disc.
- Verify that all hardware is tight and that associated frame members are secure. Apply a few small drops of a thread locking compound such as Loctite on any loose bolts.
- Inspect frame for integrity and function. Replace any components at the first sign of wear with only TRUE supplied parts.

CHAPTER 3: CARE & MAINTENANCE

OTHER SCHEDULED PREVENTIVE MAINTENANCE:

TRUE recommends that scheduled maintenance be performed by a qualified service technician. Please contact your dealer or visit www.truefitness.com to contact a local TRUE authorized service technician.

Monthly:

Clean guide rods and lubricate with a Teflon grease if equipped with guide rods.

Every 6 months:

Lubricate pivot bearing and linear bearings with lithium grease.

CLEANING THE EQUIPMENT:

Daily Cleaning:

Wipe all machines with a water dampened cloth and dry completely. This includes painted parts, chrome plated parts (except guide rods), plastic parts, and upholstered pads. It is important not to leave parts damp. This will increase the potential for corrosion to occur.

▲ CAUTION:

Certain anti-bacterial cleaners and other harsh cleaning agents can induce corrosion on the machine components. These solutions can also dry out and cause cracking and splitting on the upholstery.

Heavy Duty Cleaning:

Guide Rods (If Equipped): Clean and lubricate with a Teflon Spray. Be sure to coat the entire guide rod. Spraying lubricant into the cap plate bushings is also recommended.

Chromed Adjustment Tubes: Wipe away dust and dirt before applying a Teflon spray lubricant. TRUE Fitness recommends using TriFlow or a similar brand.

Linear Bearings: Clean the linear shaft and lubricate (as required) with Teflon based grease. Keeping linear bearings clean and lubricated is critical to long life and good performance.

Painted Frames: If you have scuff marks, grease or a heavy dirt buildup on frame components, start with a mild soap solution or a diluted solution of a product such as Simple Green with a dilution of 32:1. If you cannot remove the marks using those methods, use a car polish/cleaner. DO NOT use solvents such as lacquer thinner, mineral spirits or acetone. For deeper scuff marks, use an automobile finish rubbing compound.

Upholstery: For heavy duty cleaning, use a mild soap solution. This method should be sufficient in the majority of instances. In severe stain cases, you can use a solution of 5-10% household bleach diluted with water. Be sure to test an inconspicuous area first. DO NOT use chemical cleaners on the vinyl upholstery. You can also use a lanolin based hand cleaner to clean your upholstery. Wipe off after cleaning with a damp cloth and thoroughly dry. Plastic Parts: use a mild soap solution to clean dirt and grease marks. Labels: use a mild soap solution to clean dirt and grease marks. Shrouds: use a mild soap solution to clean dirt and grease marks.

▲ CAUTION:

Do not use any acidic cleaners. Doing so will weaken the paint or powder coatings and may void the TRUE Fitness Warranty. Never pour or spray liquids on any part of the equipment. Allow the equipment to dry completely before using.

CHAPTER 3: CARE & MAINTENANCE

⚠ CAUTION:

If you determine that the equipment needs service, make sure that the equipment cannot be used inadvertently and ensure other users know that the machine needs service.

*To order parts or to contact a TRUE Authorized Service representative, please visit www.truefitness.com

CABLE INSPECTION & MAINTENANCE:

One of the most critical areas that require frequent inspection on any weight machine is the cable or belt system that lifts the weight stack if the machine is equipped with those items. Sudden failure of a worn cable can, in some instances, result in injury to the user. It is the responsibility of the facility to inspect the cables frequently.

Cables are components that wear over time. This means that the more often a piece of equipment is used, the greater the likelihood that cable wear will occur. This holds true for equipment made by any manufacturer and applies to urethane belts as well as wire rope cables. Listed below are the areas of the cable that require inspection.

*TRUE Fitness recommends that all cables be replaced on an annual basis to maintain the safety of all users.

Cable Wear:

Inspect all cables for any signs of wear. Pay close attention to the cable in the area of the end fittings and attachment points. Inspect the areas around the pulleys and/or cams. Shown below are examples of cables that exhibit signs of potential failure. If any of these conditions are apparent, the machine should immediately be taken out of service and repaired. Be sure to use only cables supplied by TRUE Fitness. DO NOT use cables that have fittings attached with hand-crimp tools.

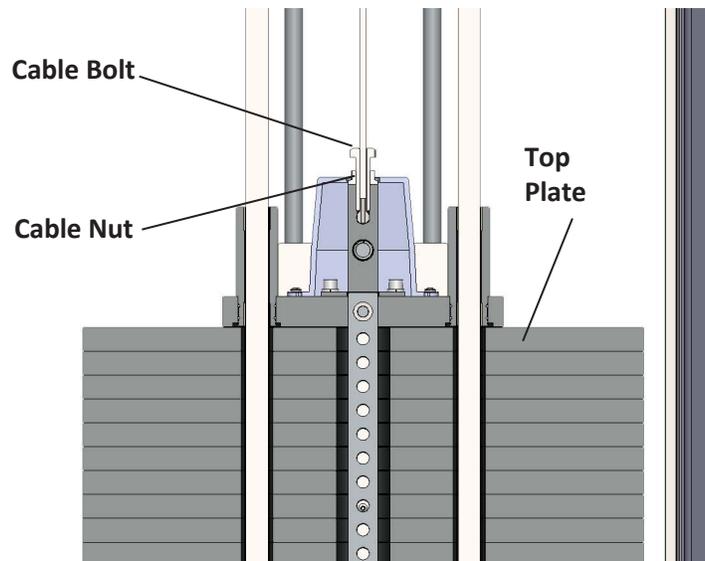
<p>Twisted Cable (Zig-Zag pattern):</p> 	<p>Break in the Cable Cover:</p> 
<p>Break/Bend in Cable:</p> 	<p>Tear in the Cable Cover:</p> 
<p>Stretched Cable Covering:</p> 	<p>Crimp Connector Dislodged:</p> 

CHAPTER 3: CARE & MAINTENANCE

Cable Tension:

Ensure that the cables are adjusted to remove any slack using the threaded end fittings. These are normally located at the weight stack connection. Depending upon the machine, there may be multiple threaded fitting on multiple cables. You can determine if there is too much slack by performing the exercise. As you start to move a load arm or handle, the weight stack should lift immediately. If not, the cable tension needs to be adjusted.

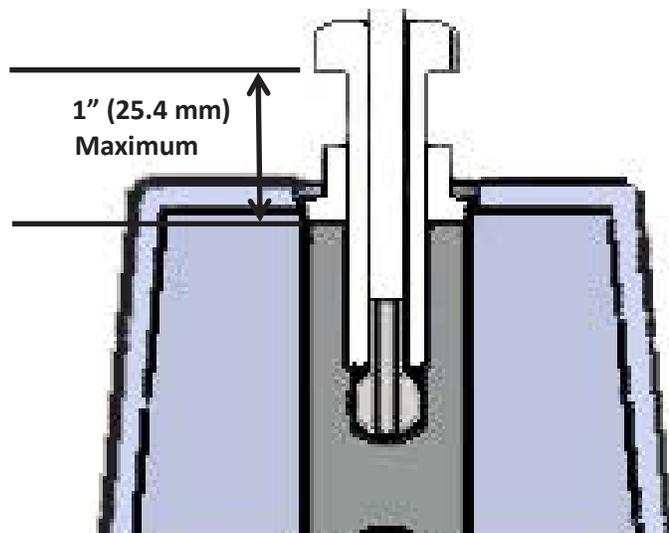
To adjust the cable tension, loosen the cable nut that is located on the cable bolt connected to the top plate. Tighten the cable bolt until the top plate is barely lifted off of the first weight plate and then re-tighten the cable nut.



▲ CAUTION:

A minimum of 1/2 inch (12.7mm) of the threaded portion of the cable bolt must be threaded into the top plate.

*No more than 1 inch (25.4 mm) of the threaded portion of the cable bolt should be visible.



Handle Fittings (if applicable):

Inspect the cable fittings where any handles are attached to the end of the cable. The fittings supplied with this machine are load rated snap-links. Ensure that the snap-link opens and closes easily and is fully engaged when closed. Replace the snap-link as needed.



CHAPTER 4: CUSTOMER SERVICE

CONTACTING SERVICE:

TRUE Fitness recommends that you gather the serial number, model number, and a brief description of the reason for the request. After information has been gathered you may choose to contact your selling dealer or local service company to set an appointment. (If you are not familiar with who is in your area, you may visit our website at www.truefitness.com and use our dealer locator to obtain the contact information for the closest dealer).

You may also contact TRUE Fitness' customer support team by calling 800-883-8783 or emailing us at service@truefitness.com Monday — Friday during normal hours of operation.

TRUE FITNESS SERVICE DEPARTMENT
865 HOFF ROAD
ST. LOUIS, MO 63366
1.800.883.8783
HOURS OF OPERATION: 8:30 A.M. - 5:00 P.M. CST
E-MAIL: service@truefitness.com

CONTACTING SALES:

Interested in TRUE products? Please contact us with any sales or product inquires so that we may direct you to the appropriate sales representative to answer your questions.

TRUE FITNESS HOME OFFICE
865 HOFF ROAD
ST. LOUIS, MO 63366
1.800.426.6570
HOURS OF OPERATION: 8:30 A.M. - 5:00 P.M. CST
E-MAIL: sales@truefitness.com

CHAPTER 4: CUSTOMER SERVICE

REPORTING FREIGHT OR PARTS DAMAGE:

Unfortunately, sometimes materials can be damaged during shipment. If materials are damaged during shipment, please follow the guidelines below to determine the appropriate process for you to follow in case of damages.

Severe Damage:

Obvious damage to external packaging / internal product. Please refuse the shipment and it will be returned to TRUE Fitness by the carrier. Contact the TRUE Fitness customer support team by calling 800.883.8783 or sales support team by calling 800.426.6570 Monday-Friday during normal hours of operation to notify us that the shipment has been refused. Once we have received the damaged shipment, a replacement shipment will be sent to you. Only refuse the damaged piece if the shipment is multiple boxes.

Slight Damage:

The box may have minimal damages and you are not sure if the actual product is damaged or not. You must sign the bill of lading as damaged when accepting the shipment. Once you have opened the box and you have determined something is indeed damaged please gather the serial number, model number, description and photos of damages. Please make sure the photos include the damaged product as well as the damaged box the product arrived in. Contact the TRUE Fitness customer support team by calling 800.883.8783 or sales support team by calling 800.426.6570 Monday-Friday during normal hours of operation.

Concealed Damage:

You may receive a shipment that looks intact and discover once the box has been opened that there are hidden damages. Please notify the carrier immediately. We will not be able to file a claim if the carrier is not notified in a timely manner. Once you have called the carrier you will need to gather the serial number, model number, description and photos of damages. Contact the TRUE Fitness customer support team by calling 800.883.8783 or sales support team by calling 800.426.6570 Monday-Friday during normal hours of operation.

CHAPTER 5: WARRANTY INFORMATION

Save Time and Register Online!
Activate Multiple Warranties at truefitness.com

All TRUE® Fitness products are distributed by TRUE and are warranted to the original registered product purchaser and the parts of the TRUE product (the “Product”) listed below, under normal use and service, shall be free of manufacturing defects in workmanship and materials only for the period of time beginning from the original date of purchase set forth below:

Frame*	10 Years
Parts	
• Bearings (Excluding Linear Bearings), Bushings, and Weight Plates	5 Years
• Guide Rods and Pulleys	5 Years
• Cables, Belts, Linear Bearings, Linear Shafts, and all other components not mentioned elsewhere in this warranty	1 Year
• Cosmetics, Coatings, Grips, and Upholstery	3 Months
Labor	
• Frame	1 Year
• Bearings (Excluding Linear Bearings), Bushings, Weight Plates	1 Year
• Guide Rods and Pulleys	1 Year
• Cables, Belts, Linear Bearings, Linear Shafts, and all other components not mentioned elsewhere in this warranty	1 Year
• Cosmetics, Coatings, Grips, and Upholstery	3 Months

NOTE: Warranty valid for USA and Canada only.
NOTE: Failure to register this product will result in no servicing or authorization of parts to be shipped.
NOTE: Buying after-market products from a 3rd party will result in voided warranty.
NOTE: This product is intended for Commercial use. If this product will not be used in this particular setting, please contact TRUE as warranty is void.

Frame: The frame is warranted for defects in material and workmanship for a 10 years. The frame is warranted for labor and freight (for parts shipped from TRUE) for one year from date of purchase. * This limited warranty on structural frame does not include paint or coatings.

Parts: The Palladium Modular Training System Line’s mechanical parts including sealed rotating bearings, bushings, weight plates, guide rods and pulley wheels are warranted for defects in material and workmanship for five years with one

year labor warranty. Cables, belts, linear bearings, linear shafts, and all other mechanical parts not mentioned elsewhere are warranted for defects in material and workmanship for one year with one year labor warranty. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner’s manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance.

Cosmetics: The Palladium Modular Training System Line’s cosmetic parts, coatings, grips and upholstery are warranted for defects in material and workmanship for three months with labor warranty to match the parts warranty period. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner’s manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance. This limited warranty will apply to, but may not be limited to, plastic covers, shrouds, caps, badges, overlays, paint, coatings, soft step inserts, and grips.

Labor: Labor is covered for a period of one year from the date of purchase unless otherwise expressed within this limited warranty as long as a TRUE authorized service provider performs the service. Service that requires over 50 miles of travel may be subject to additional charges. Reasonable and necessary maintenance guidelines can be found in the owner’s manual.

Claims Procedure: TRUE Limited Warranty service may be obtained by contacting the authorized TRUE dealer from whom the Product was purchased. If the dealer from whom the Product was purchased is no longer an authorized TRUE dealer, then TRUE Limited Warranty service may be obtained by contacting TRUE directly using the following contact information:

TRUE Fitness, Service Department
 865 Hoff Road, St. Louis, MO 63366
 1.800.883.8783
 Hours of operation 8:30am - 5:00 pm CST

CHAPTER 5: WARRANTY INFORMATION

Save Time and Register Online!
Activate Multiple Warranties at truefitness.com

The above Limited Warranty is subject to and will be in accordance with the conditions set forth below:

- 1. THIS LIMITED WARRANTY GIVES YOU SPECIAL LEGAL RIGHTS AND YOU MAY ALSO HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE.**
2. This Limited Warranty can be processed only if the Warranty Registration Form is completed online, or if the attached form is filled in, signed by the original purchaser, and mailed to TRUE within 30 days of purchaser's receipt of this Product. The serial number must be intact on the Product for this Limited Warranty to be valid.
3. This Limited Warranty applies to the product only while the Product remains in the possession of the original purchaser and is not transferable
4. This Limited Warranty becomes VALID ONLY if the Product is initially assembled/installed by a TRUE authorized dealer/ technician (if anyone other than a TRUE authorized dealer/ technician initially assembles and installs the Product, this Limited Warranty will be void unless the written authorization of TRUE is first obtained).
5. This Limited Warranty does not cover damage or equipment failure resulting from or caused by improper assembly/ installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance (as referenced in the owner's manual.)
6. This Limited Warranty applies only to the cost of repair or replacement of parts and does not include labor (beyond the above warranty period), transportation, service, return and freight charges associated therewith except as expressly specified herein.
7. This Limited Warranty shall not apply to: Service calls to correct installation of the equipment or instruction to owners on how to use the equipment; or any labor costs incurred beyond the applicable labor warranty period.
8. This Limited Warranty, which is given expressly and in lieu of all other express warranties, constitutes the only warranty made by TRUE.
- 9. ANY IMPLIED WARRANTY, INCLUDING WITHOUT LIMITATION THE WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, IS LIMITED IN DURATION AND REMEDY TO THE TIME PERIOD COVERED BY THE LIMITED WARRANTY. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU.**
- 10. THE REMEDIES DESCRIBED ABOVE ARE YOUR SOLE AND EXCLUSIVE REMEDIES AND TRUE'S ENTIRE LIABILITY**

FOR ANY BREACH OF THIS LIMITED WARRANTY. TRUE'S LIABILITY SHALL UNDER NO CIRCUMSTANCES EXCEED THE ACTUAL AMOUNT PAID BY YOU FOR THE PRODUCT, NOR SHALL TRUE UNDER ANY CIRCUMSTANCES BE LIABLE FOR ANY CONSEQUENTIAL, INCIDENTAL, SPECIAL, OR PUNITIVE DAMAGES OR LOSSES, WHETHER DIRECT OR INDIRECT. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.

NOTE TO AUTHORIZED WARRANTY LABOR PROVIDERS:
Warranty labor reimbursement or warranty parts rights may not be transferred to, reassigned to, a third party without the express written consent of TRUE. Even jobbing out warranty labor requires TRUE's written approval.

PALLADIUM MODULAR TRAINING SYSTEMS LINE SERIAL NUMBER:

The Palladium Modular Training Systems Line comes with one serial number on the base of the machine. Please write down your serial number below and keep for your records.

SERIAL NUMBER:

SAMPLE SERIAL NUMBER STICKER:



Keep this page for your records

CHAPTER 5: WARRANTY INFORMATION

Thank you for purchasing a TRUE product. To validate the TRUE product warranty the fast and easy way, please go on-line now to truefitness.com/support and register your product. The information you provide will never be distributed to any other individuals or agencies for any purpose. If you prefer to mail your warranty card, have the owner of the product complete the information below and return it to TRUE Fitness within 30 days from the date of equipment installation.

To mail your warranty information, please fill in the information below and mail to: Service Dept., TRUE Fitness, 865 Hoff Road, St. Louis, MO 63366 (or save postage and register online at truefitness.com)

Commercial Warranty Registration

**PLEASE PROVIDE YOUR SERIAL NUMBER BELOW.
REQUIRED FOR WARRANTY REGISTRATION:**

SERIAL NUMBER:

Model Type _____

Date of Purchase _____

Your Company Name _____

Contact First Name _____

Contact Last Name _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Website _____

Phone _____ Fax _____

1. Where did you first learn about TRUE?

- a. Dealer b. Website
 c. Advertisement d. Referral
 e. Current Customer f. Other _____

2. Why did you purchase a TRUE product?

- a. Design/Appearance b. Dealer Suggestion
 c. Price/Value d. Quality Construction
 e. Performance f. TRUE Reputation
 g. Other _____

3. Please indicate your type of facility:

- a. Apartment/Condo b. Corporate Fitness Center
 c. Municipality d. Health Club/Gym/Spa
 e. Hotel/Resort f. Military Base
 g. Student Rec Center h. Other

4. What other types of equipment does your company ly own?

- a. Treadmill Brand _____
 b. Bike Brand _____
 c. Elliptical Brand _____
 d. Free Weights/Gym Brand _____

5. How many people use your facility on a daily basis?

- a. <25 b. 25-75
 c. 76-150 d. 150+

6. Do you plan to purchase more fitness equipment in the next 6-12 months?

- Yes No

7. If you answered "yes" to question 6, what type do you plan to purchase?

- a. Treadmill b. Elliptical
 c. Stationary Bike d. Free Weights
 e. Gym f. Other _____

8. Would you recommend TRUE to other club owners?

- Yes No

9. You are a valued TRUE customer and your suggestions allow us to continually improve your experience. Is there anything else you would like us to know? Please explain: