

TOTAL BODY PRESS TRUE[®]

PLS-1500

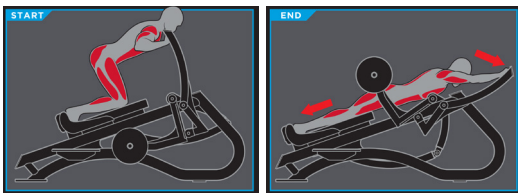
The Palladium Series Plate Loaded PLS-1500 Total Body Press combines upper and lower body pressing movements, allowing users to engage multiple muscle groups and maximize calorie burn in less time. Designed to mimic weight-bearing exercises like the Push-Press, the PLS-1500 minimizes joint stress, making it a safe and effective option for a broad range of users.

FEATURES

- Concurrent upper and lower body pressing motion enables users to burn more calories and strengthen more muscle groups in less workout time.
- Enjoy the benefits of traditional weight-bearing exercises like the Push-Press or Thruster while reducing shearing and compressive forces to the ankles, knees, and hips, when compared to their free weight equivalent.
- Spring-assisted, 10-position adjustable knee pad accommodates a wide range of users.

USER AMENITIES

- QR code links to online instructional video
- Height Adjustment Guide
- Instruction Placard illustrates proper START and END positions



SPECIFICATIONS

DIMENSIONS (L x W x H)
78" x 66" x 52" / 198 cm x 168 cm x 132 cm

PRODUCT WEIGHT
640 lbs / 290 kg

MAX TRAINING CAPACITY
8 x 45 lb / 20 kg

MAX USER WEIGHT
400 lbs / 181 kg

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

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