

# INCLINE CHEST PRESS PLS-1100



The Palladium Series Plate Loaded PLS-1100 Incline Chest Press offers unique 5-position handles that allow the user to adjust starting position and range of motion to fit their specific needs. Unilateral arms converge to maximize articulation of the shoulder and allow for a complete range of motion. Six weight storage posts standard.

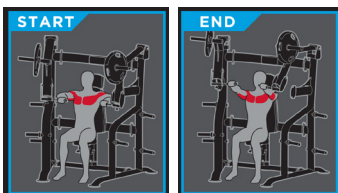
## FEATURES

- Unilateral arms converge to maximize articulation of the shoulder and allow for a complete range of motion
- Unique 5-position adjustable handles allow user to set range of motion best suited to their individual needs
- 6-position seat uses gas cylinder assist for stable, friction-free adjustments

HEIGHT	METRIC	SEAT
5'	152cm	1
5' 4"	163cm	2
5' 7"	170cm	3
5' 10"	178cm	4
6' +	183cm +	5-6

## USER AMENITIES

- (6) Weight Storage Posts
- Height Adjustment Guide
- Instruction Placard illustrates proper START and END positions



## SPECIFICATIONS

DIMENSIONS (L x W x H)  
49" x 73" x 71" / 124cm x 185cm x 180cm

COLOR OPTIONS  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.



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