# HACK SQUAT PLS-1000



Designed for stability and comfort, the Palladium Series Plate Loaded PLS-1000 Hack Squat features a low-profile frame for easy entry and exit. Its ergonomic seat and low back support help shift force to the hips, reducing strain on the lower back and shoulders. An oversized, non-skid foot platform allows for versatile foot positioning. Equipped with four weight storage posts.

### **FEATURES**

- Back pad offloads weight against hips rather than spine and provides support throughout range of motion
- Low-profile and easy-entry/exit design features oversized foot platform with non-skid surface for exercise variation
- 4-position adjustable safety stop allows users to set a range of motion best suited to their individual needs

## **USER AMENITIES**

- (4) Weight Storage Posts
- Instruction Placard illustrates proper START, SQUAT and END positions









## **SPECIFICATIONS**

DIMENSIONS (L x W x H) 76" x 71" x 49" / 193cm x 180cm x 124cm

# **COLOR OPTIONS**

Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

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