

MP 3.5

3 WEIGHT STACK / 4 STATION GYM

Offering premium styling and optimum function, the MP Series represents the best value-engineered multi-purpose units on the market today. With commercial quality construction and proper biomechanics, MP is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes.

LOWER BODY

- Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- 5-position back pad and leg curl thigh pad accommodate a wide range of users
- Self-adjusting ankle pad eliminates need for adjustment while providing proper support throughout entire range of motion

UPPER BODY

- Exercise choices include chest, incline, and shoulder presses; lat pulldown and seated row; triceps pushdown and extension; and abdominal crunch
- 8-position press arm and adjustable back pad are color coded for quick and accurate adjustment
- 5-position seat to accommodate wide range of users
- Mid-level pulley includes contoured multi-purpose strap for abdominal and triceps exercises

LOW SWIVEL PULLEY

- Ideal for wide range of exercises including biceps curl, upright rows, inner thigh, and outer thigh

LEG PRESS

- Low profile design and ergonomically positioned handles for easy entry and exit
- 6-position foot platform adjusts easily using integrated gas cylinder
- Contoured back pad provides support throughout the entire range of motion

SPECIFICATIONS

DIMENSIONS (L x W x H)

Configuration 1:

In use: 112" x 110" x 84" / 285 cm x 279 cm x 213 cm

Physical: 93" x 102" x 84" / 236 cm x 259 cm x 213 cm

Configuration 2:

In use: 123" x 108" x 84" / 312 cm x 274 cm x 213 cm

Physical: 110" x 88" x 84" / 279 cm x 244 cm x 213 cm

WEIGHT STACKS

3 @ 250 lbs / 113 kgs

Upper Body station and Low Pulley share a weight stack

PRODUCT WEIGHT

1430 lbs / 649 kgs

COLOR

Matte Black powder coat finish with Black upholstery.

