

MP 3.5 3 WEIGHT STACK/ 4 STATION GYM



Offering premium styling and optimum function, the MP Series represents the best value-priced two, three, and four stack multi-purpose units on the market today. With commercial quality construction and proper biomechanics, MP is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes.

LEG EXTENSION/ LEG CURL

- Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- 5-position back pad and leg curl thigh pad accommodate a wide range of users
- Self-adjusting ankle pad eliminates need for adjustment while providing proper support throughout entire range of motion

LOW SWIVEL PULLEY

- Ideal for wide range of exercises including biceps curl, upright rows, inner thigh, and outer thigh

LEG PRESS

- Low profile design and ergonomically positioned handles for easy entry and exit
- 6-position foot platform adjusts easily using integrated gas cylinder
- Contoured back pad provides support throughout the entire range of motion

SPECIFICATIONS

DIMENSIONS (L x W x H)

Configuration 1:

In use: 112" x 110" x 84" / 285 cm x 279 cm x 213 cm

Physical: 93" x 102" x 84" / 236 cm x 259 cm x 213 cm

Configuration 2:

In use: 123" x 108" x 84" / 312 cm x 274 cm x 213 cm

Physical: 110" x 88" x 84" / 279 cm x 244 cm x 213 cm

PRODUCT WEIGHT

1190 lbs / 540 kgs: includes 3 x 170 lbs / 77 kgs weight stacks

1270 lbs / 576 kgs: includes 2 x 170 lbs / 77 kgs weight stacks

and 1 x 250 lbs / 114 kgs weight stack

1350 lbs / 612 kgs: includes 1 x 170 lbs / 77 kgs weight stack

and 2 x 250 lbs / 114 kgs weight stacks

1430 lbs / 649 kgs: includes 3 x 250 lbs / 114 kgs weight stacks

COLOR

Silver powder coat finish. Textured Grey upholstery.

UPPER BODY

- Exercise choices include chest, incline, and shoulder presses; lat pulldown and seated row; triceps pushdown and extension; and abdominal crunch
- 8-position press arm and adjustable back pad are color coded for quick and accurate adjustment
- 5-position seat to accommodate wide range of users
- Mid-level pulley includes contoured multi-purpose strap for abdominal and triceps exercises

