With its advanced and innovative design, the Apex Recumbent Elliptical allows users to reap the benefits of an elliptical workout while remaining seated. The recumbent seating reduces strain on the back and joints while also providing a low-impact workout, suitable for all ages and fitness levels.

## **FEATURES**

- Comfortable Swivel Seat
- Step-through Design
- Upper/Lower Body Isolation
- PowerStroke Technology
- Active Seat Position for optimal comfort

## **SPECIFICATIONS**

DIMENSIONS (L x W) 72" x 39" / 183 cm x 99 cm

STEP-UP HEIGHT 8" / 20.32 cm

UNIT HEIGHT 56" / 142.24 cm

PRODUCT WEIGHT 339 lbs / 154 kg

COLOR Matte Black

## **CONSOLE OPTIONS**



UNITE 22"
TOUCHSCREEN



UNITE 16"
TOUCHSCREEN



UNITE 10"
TOUCHSCREEN



10" UNITE LED CONSOLE



Side Steps



## **APEX RECUMBENT ELLIPTICAL**

| TECHNICAL SPECIFICATIONS | Power Source   | Self-Generating (100-220V required with non-LED consoles)  |
|--------------------------|--|--|
|                          | Cord Length  | 12' / 3.7M   |
|                          | Drive System   | Front Drive  |
|                          | Frame Construction   | Robotically Welded Heavy-Gauge Steel   |
|                          | Resistance Levels  | 30   |
|                          | Pedals   | Oversized Soft-Grip Pedals   |
|                          | Swivel Seat  | Yes  |
|                          | Handlebar Design   | Exercise Arms-Ergonomic Handles with moisture-resistant MultiGrip  |
|                          | Seat Height Adjustments                                    | 20   |
|                          | Stationary Foot Pegs                                       | Yes  |
|                          | Quick Access Control                                       | Fingertip controls on stationary handles   |
|                          | Upper Body Isolation                                       | Yes  |
|                          | Lower Body Isolation                                       | Yes  |
| _                        | Total Body Workout   | Yes  |
| _                        | Maximum Workload   | 40-600 watts   |
| <del>-</del>             | Contact Heart Rate Monitoring                              | Yes  |
| _                        | Asset Management   | Ecofit   |
| AVAILABLE CONSOLES       |  | UNITE 22", UNITE 16", UNITE 10", and UNITE LED   |
| WORKOUTS                 | UNITE 22", UNITE 16" and UNITE 10"<br>Consoles             | 10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RIDE |
|                          | UNITE LED Console  | 10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG<br>Shaper, MMA, Quick Start, Rolling Hills, Single Hill, Target Hrc, Time Goal                           |
| WORKOUT BOOSTERS         | UNITE 22", UNITE 16", UNITE 10", and<br>Unite LED Consoles | X-MODE, LEG PRESS, CHEST PRESS   |
| SAFETY                   | Side Steps   | Yes  |
|                          | Step-Through Design  | Yes  |
| EXTRAS                   | Accessories  | Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder  |
| PHYSICAL SPECIFICATIONS  | Footprint  | 72" x 39" / 183 cm x 99 cm   |
|                          | Machine Weight   | 339 lbs / 154 kg   |
|                          | Shipping Weight  | 518 lbs / 235 kg   |
|                          | Shipping Dimensions  | 82" L x 30" W x 36" H / 208 cm x 76 cm x 91 cm   |
|                          | Maximum User Weight  | 400 lbs / 181 kg   |
|                          | Portability  | 2 Front Transport Wheels   |
| COMMERCIAL WARRANTY      | Frame  | 7 Years  |
|                          | Parts  | 3 Years  |
|                          | Labor  | 2 Years  |
|                          | Consoles   |  |
|                          |  |  |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

