

APEX RECUMBENT ELLIPTICAL



With its advanced and innovative design, the Apex Recumbent Elliptical allows users to reap the benefits of an elliptical workout while remaining seated. The recumbent seating reduces strain on the back and joints while also providing a low-impact workout, suitable for all ages and fitness levels.

FEATURES

- Comfortable Swivel Seat
- Step-through Design
- Upper/Lower Body Isolation
- PowerStroke Technology
- Active Seat Position for optimal comfort

SPECIFICATIONS

DIMENSIONS (L x W)
72" x 39" / 183 cm x 99 cm

STEP-UP HEIGHT
8" / 20.32 cm

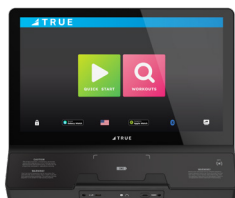
UNIT HEIGHT
56" / 142.24 cm

PRODUCT WEIGHT
339 lbs / 154 kg

COLOR
Matte Black



CONSOLE OPTIONS



UNITE 22"
TOUCHSCREEN



UNITE 16"
TOUCHSCREEN



UNITE 10"
TOUCHSCREEN



UNITE LED
CONSOLE

APEX RECUMBENT ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating (100-220V required with non-LED consoles)
	Cord Length	12' / 3.7M
	Drive System	Front Drive
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Resistance Levels	30
	Pedals	Oversized Soft-Grip Pedals
	Swivel Seat	Yes
	Handlebar Design	Exercise Arms-Ergonomic Handles with moisture-resistant MultiGrip
	Seat Height Adjustments	20
	Stationary Foot Pegs	Yes
	Quick Access Control	Fingertip controls on stationary handles
	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body Workout	Yes
	Maximum Workload	40-600 watts
	Contact Heart Rate Monitoring	Yes
Asset Management	Ecofit	
AVAILABLE CONSOLES	UNITE 22", UNITE 16", UNITE 10", and UNITE LED	
WORKOUTS	UNITE 22", UNITE 16" and UNITE 10" Consoles	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RIDE
	UNITE LED Console	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL
WORKOUT BOOSTERS	UNITE 22", UNITE 16", UNITE 10", and UNITE LED Consoles	X-MODE, LEG PRESS, CHEST PRESS
SAFETY	Side Steps	Yes
	Step-Through Design	Yes
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	72" x 39" / 183 cm x 99 cm
	Machine Weight	339 lbs / 154 kg
	Shipping Weight	518 lbs / 235 kg
	Shipping Dimensions	82" L x 30" W x 36" H / 208 cm x 76 cm x 91 cm
	Maximum User Weight	400 lbs / 181 kg
	Portability	2 Front Transport Wheels
COMMERCIAL WARRANTY	Frame	7 Years
	Parts	3 Years
	Labor	2 Years
	Consoles	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



truefitness.com | 800.426.6570 | 636.272.7100

©2025 TRUE Fitness Technology, Inc

REV 6-6-2025