

APEX RECUMBENT BIKE



The Apex Recumbent Bike combines the features of a standard recumbent bike with additional benefits, all within a space-efficient and compact design. The Apex Recumbent Bike offers self-generating capabilities, quick-access controls, and multiple training settings to explore and customize workouts. Featuring an easy, step-through design and 25-position ergonomic seat, users of all ages and fitness levels can enjoy a smooth, comfortable workout.

FEATURES

- Self-Generating Capability*
- Single Stage Drive System
- 40-600 Watts Workload Range
- Dual Sided Pedals with Ratcheting Strap
- Quick Access Controls

SPECIFICATIONS

DIMENSIONS

58" x 26" x 51" /
147 cm x 66 cm x 130 cm

RESISTANCE SOURCE

Hybrid Self-Generating Brake

DRIVE SYSTEM

Single Stage Drive System
with Poly-V Belt

PRODUCT WEIGHT

181lbs / 82kg

COLOR

Matte Black



CONSOLE OPTIONS



**UNITE 22"
TOUCHSCREEN**



**UNITE 16"
TOUCHSCREEN**



**UNITE 10"
TOUCHSCREEN**



**UNITE LED
CONSOLE**

*LED Console only

APEX RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating (110V required with non-LED consoles)
	Cord Length	12' / 3.7M
	Drive System	Single Stage Drive System with Poly-V Belt
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	40-600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat Bottom with 25 Settings and Custom Molded Seat Back with Infinite Reclining Positions
	Handlebar Design	Multi-Position with Moisture-Resistant Sleeves
	Folding Armrests	Optional
	Quick Access Control	Resistance Level Thumb Controls
	Contact Heart Rate Monitoring	Yes
	Asset Management	Ecofit
AVAILABLE CONSOLES		UNITE 22", UNITE 16", UNITE 10", and UNITE LED
WORKOUTS	UNITE 22", UNITE 16" and UNITE 10" Consoles	10K, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RIDE
	UNITE LED Console	10K, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL
SAFETY		Reinforced Walk-Through Design
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	58" L x 26" W x 51" H / 147 cm x 66 cm x 130 cm
	Machine Weight	181 lbs / 82 kg
	Shipping Weight	203 lbs / 92 kg
	Shipping Dimensions	58" L x 22" W x 34" H / 147 cm x 56 cm x 86 cm
	Maximum User Weight	400 lbs / 181 kg
	Portability	2 Front Transport Wheels with Built in Rear Handholds
COMMERCIAL WARRANTY	Frame	7 Years
	Parts	3 Years
	Labor	2 Years
	Consoles	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



truefitness.com | 800.426.6570 | 636.272.7100

©2025 TRUE Fitness Technology, Inc

REV 8-21-2025