

# KNEE RAISE /AB CRUNCH PLS-0500



Accessible to all levels of users in your facility, the Palladium Series Plate Loaded line combines modern styling and heavy-duty commercial construction with easy entry/exit designs and precision biomechanics. The Palladium Series Plate Loaded line provides the innovation, durability and aesthetic you've come to expect from TRUE.

## FEATURES

- Unique, patent-pending dual pivot design provides simultaneous ab crunch and knee raise movements to target upper and lower abs
- Low profile design allows for easy entry and exit

## USER AMENITIES

- (2) Weight Storage Posts
- Instruction Placard illustrates proper START and END positions



## SPECIFICATIONS

DIMENSIONS (L x W x H)  
39" x 75" x 62" / 99cm x 191cm x 158cm

COLOR OPTIONS  
Frame comes standard with matte black powder coat finish.  
Custom frame and upholstery options available.