

# XFW-8200 3-WAY PRESS BENCH

 **TRUE**<sup>®</sup>

Offering modern styling, high-quality construction, and time-tested innovative designs, XFW benches truly represent the best in form, function and reliability.

## **FEATURES**

- Easily adjusts into 3 positions: Supine, 30 degrees incline, 10 degrees decline
- 3-position seat and dual-position foot rest to accommodate wide range of users for each exercise
- Replaceable, 3-position bar catches with 6 plate holders come standard
- Dual foot rest tubes with custom, molded-rubber, non-skid foot grips provide support during exercise
- Floor anchor provisions in frame

## **SPECIFICATIONS**

**DIMENSIONS (L x W x H)**  
75" x 65" x 56" /  
190 cm x 165 cm x 142 cm

**PRODUCT WEIGHT**  
239 lbs / 108 kg

**COLOR OPTIONS**  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

