# TMS4000 SINGLE MODULAR **QUAD FRAME**



This stand alone quad frame provides up to four workout stations in a compact and space-efficient footprint.

## **FEATURES**

- Stand alone 4-sided pod
- Personalize paint colors and upholstery
- Shown with optional front and rear shrouds

## **END AND SIDE STATIONS**

- A POSITION ENDS (MAX 2, MIN 1)
  - Single Adjustable Cable Column (as shown)
  - Biceps Curl
  - Triceps Extension (as shown)

## **B** POSITION SIDES (MAX 2, MIN 1)

- Lat Pulldown (as shown)
- Seated Low Row (as shown)

# **SPECIFICATIONS**

DIMENSIONS (L x W x H) 78" x 145" x 94" / 198 cm x 368 cm x 239 cm (dimensions for unit as shown)

# **COLOR OPTIONS**

Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.



TMS1200 **SEATED LOW ROW** 

pad assembly Elevated seat position with elevated weight stack for minimizes floor space. easy access.



TMS0600 **BICEPS CURL** 

Space efficient biceps curl station.



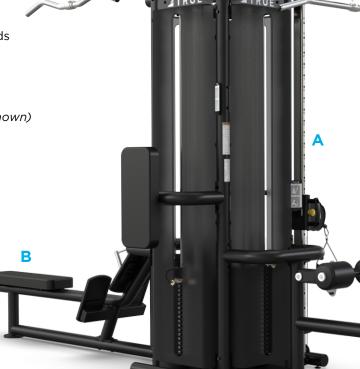
TMS0500 **TRICEPS EXTENSION** 

Triceps station with comfortable upholstered back support pad.



TMS0070 SINGLE ADJUSTABLE **CABLE COLUMN** 

Single adjustable cable column with swivel pulley housing and easy lift handle. 25 different positions.



TMS1100

LAT PULLDOWN

Adjustable thigh