

# SM-1000 FORCE FUNCTIONAL TRAINER



The FORCE line delivers an all-inclusive solution to meet the space and budget requirements for a variety of facilities, from community centers to multi-family living to hotels or resorts.

## **FEATURES**

- Dual weight stack design allows users to train or rehabilitate each arm using different resistance levels or allows for two simultaneous users
- Unique twist and roll pulley handles allow for effortless one-handed adjustments through 31 heights clearly marked 1-31
- Instruction placards include illustrations of beginning and ending positions for 20 common exercises
- Multi-grip pull-up bar enhances versatility
- Integrated accessory tray with water bottle holder adds convenience
- Standard accessories include long bar, short bar, lined ankle strap and tricep rope
- Weight stacks per side: 215 lb (98 kg)
- Resistance profile - 2:1
- Max Resistance at pull points: 107.5 lb (49 kg)
- Resistance increments per side: 5 lb (2 kg)
- Cable Travel: 8' (224 cm)

## **SPECIFICATIONS**

**DIMENSIONS (L x W x H)**  
44" x 66" x 85" /  
113 cm x 168 cm x 215 cm

**PRODUCT WEIGHT**  
Weight Stack: 215 lbs / 98 kg  
Machine Weight: 681 lbs / 309 kg

**COLOR**  
Matte Black

