

# FITNESS LINE LAT PULLDOWN/ SEATED ROW FS-53



Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

## FEATURES

- 8-position thigh pad easily adjusts to accommodate a wide range of users
- Dual-foot platforms provide support and encourages proper alignment during Seated Row exercise
- Rubber-coated lat bar and row handle for added comfort



## SPECIFICATIONS

**DIMENSIONS (L x W x H)**  
77" x 48" x 84" / 196 cm x 122 cm x 213 cm

**PRODUCT WEIGHT**  
Weight Stack Options    170 lbs / 77 kg                      250 lbs / 113 kg  
Machine Weight            479 lbs / 217 kg                      559 lbs / 254 kg

**COLOR OPTIONS**  
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.