

FUSE-1400 ABDOMINAL



Modern and comprehensive strength conditioning series designed to meet the space and performance demands of today's fitness facilities. The user-friendly features and performance will appeal to a wide variety of users.

FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Four position adjustable roller pad with dual hand grips allows users to determine range of motion best suited to their individual needs
- Contoured lumbar pad encourages pelvic stabilization and isolation of abdominal region
- Low seat frame and open design for ease of entry and exit of machine

USER AMENITIES

- Step-by-step exercise chart with easy to follow user instructions
- Accessory Tray with Cup Holder
- Integrated Towel Holder
- Height Adjustment Guide

SPECIFICATIONS

DIMENSIONS (L x W x H)
46" x 35" x 63" / 117 cm x 89 cm x 160 cm

WEIGHT STACK OPTIONS
170 lbs / 77 kg (standard weight stack)
250 lbs / 113 kg (heavy weight stack)

PRODUCT WEIGHT
413 lbs / 187 kg (standard weight stack)
493 lbs / 223 kg (heavy weight stack)

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery available.

ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1

Easy to view Height Adjustment Guide shows proper seat placement based on height

