

# SPECTRUM ADJUSTABLE STRIDE ELLIPTICAL

The Most Versatile Cardio Machine On the Market: a stepper, elliptical and runner all in one machine. Ranging from 13" to 30", the TRUE Spectrum provides one of the largest adjustable strides in the industry and versatility for every user with 1 stride adjustments. With quick keys, users can go from a stepping motion to a full-stride running motion with the push of a button, to work out a variety of muscle groups in one cardio session.

**CARDIO 360™**  
a guided workout to engage the upper, core, and lower body with varying resistance.

## FEATURES

- Core Drive® System
- Electromagnetic Eddy Current Brake
- 13"- 30" Adjustable Stride
- Soft Step Cushioned Footpads
- Ergonomic Multi-Grip Handles

## SPECIFICATIONS

### DIMENSIONS (L X W)

78" x 36" / 198cm x 91 cm

### Q-FACTOR

1.9" (4.8 cm)

### STEP-UP HEIGHT

5" / 13 cm

### PRODUCT WEIGHT

425 lbs / 193 kg

### COLOR

Charcoal/Black



## CONSOLE OPTIONS



**ENVISION II**  
16" Touchscreen



**ENVISION II**  
9" Touchscreen



**SHOWRUNNER II**  
16" Integrated LCD



**EMERGE II**  
LED Console

## SPECTRUM ADJUSTABLE STRIDE ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	110V / 220V option available
	Cord Length	12' / 3.7M
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Electromagnetic Eddy Current Brake
	Maximum Workload	600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Quick Stride Buttons	13"/33 cm, 21"/53 cm, 30"/76.2 cm / Envision II
	Adjustable Stride Range	13"/33 cm to 30"/76.2 cm / 1" increments
	Footpad	Soft Step Cushioned Anti-Fatigue Material
	Multi Grip Exercise Arms	Ergonomic Multi-Grip Handles with Stride and Workload Speed Keys
	Handrail Design	Center Contact Heart Rate Grips
	Side Step Design	Brushed Aluminum with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Envision II 16", Envision II 9", ShowRunner II, Emerge II	
ASSET TRACKING	EcoFit Compatible	
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	Activity Guard (removable)	Standard
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	78" L x 36" W / 198cm x 91 cm
	Active Footprint	85" L x 36" W / 214cm x 91 cm
	Q-Factor	1.9" (4.8 cm)
	Machine Weight	425 lbs / 193 kg
	Shipping Weight	475 lbs / 215 kg
	Maximum User Weight	400 lbs. / 181 kg
	Step-Up Height	5" / 13 cm
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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