

DUAL SIDED HALF RACK XFW-8300

Featuring as many as three rack stations and a number of versatile training tools, the space efficient and stylish XFW-8300 Dual Sided Half Rack is designed to accommodate multiple users and withstand the rigorous demands of heavy use athletic training environments. Construction combines 11 gauge tubing with 7 gauge uprights for maximum performance under load, while the availability of a variety of training options insures that your athletes always have the tools they need to succeed.

Attachment points on upper frame accommodate Optional Chin Bars and Suspension Brackets.

SHOWN (Optional)
Chin Bar, Core Trainer,
Plate Holders, Band Pegs,
and Dip Station.

*Accessories including Bumper
Plates and Olympic Bars
are not included

CHIN BAR (Optional)



PLATE STORAGE (Optional)
8 posts for Olympic and Bumper
plates with integrated storage pegs
for resistance bands and chains

**19 VERTICAL
CATCH POSITIONS**

Your choice, clearly marked (1-19)
in 3" increments (8 cm)

DIP STATION
(Optional)
Attaches easily
in multiple
locations



CORE TRAINER
(Optional)
Perfect accessory
for ground based
training

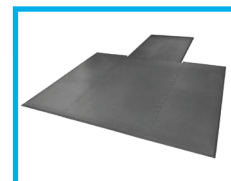
**2 UPRIGHT OLYMPIC
BAR STORAGE POSTS**
Come standard

BAND PEGS (Optional)
Lower band pegs for band
resistance exercises

OPTIONS AVAILABLE

DIP STATION (max 4)
PLATE STORAGE (cannot combine w/ Center Catch Rails)
SUSPENSION BRACKET (max 2) (not shown)
CHIN BAR (max 4)

CORE TRAINER (max 2)
CENTER CATCH RAILS
(cannot combine w/ Plate Storage)
BAND PEG KIT (pair)(max 4)



3/4" 4x8' or 6x8'
rubber platforms
with insert and
custom logos

DUAL SIDED HALF RACK XFW-8300

SPECIFICATIONS

BASE UNIT DIMENSIONS L X W X H

105" x 51" x 92" / 267 cm x 130 cm x 234 cm

PRODUCT WEIGHT

Machine Weight (no options): 547 lbs. / 248 kg

Max Load Capacity: 765 lbs. / 347 kg

COLOR

Powder coat finish in charcoal.

FRAME COLOR OPTIONS: Custom Color options available. Contact your sales representative for more information.

CENTER CATCH RAILS (Optional)

Make for a 3rd rack position



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