

## FS-53 LAT PULLDOWN/SEATED ROW

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

### FEATURES

- 8-position thigh pad easily adjusts to accommodate a wide range of users
- Dual-foot platforms provide support and encourages proper alignment during Seated Row exercise
- Rubber-coated lat bar and row handle for added comfort

### SPECIFICATIONS

#### DIMENSIONS L X W X H

77" x 48" x 84" / 196 cm x 122 cm x 213 cm

#### PRODUCT WEIGHT

Weight Stack Options 170 lbs / 77 kg 250 lbs / 113 kg

Machine Weight 479 lbs / 217 kg 559 lbs / 254 kg

#### COLOR

Powder coat finish in charcoal.

#### VINYL SEAT COLOR OPTIONS:

Black with custom color options available at additional cost.

#### FRAME COLOR OPTIONS:

Custom color options available.  
Contact your sales representative for more information.



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