

FUNCTIONAL TRAINERS



FITNESS LINE FUNCTIONAL TRAINER FS-100

- + Pulley housings rotate 270° to allow movement in multiple planes
- + Choice of 23 vertical positions clearly marked 1-23 on adjustment tube
- + Color-coded exercise guide clearly illustrates the starting and ending positions of 18 primary exercises divided into 6 categories
- + Optional accessory kit includes Triceps Rope, Sports Handle, Ankle Strap, Teardrop Handle (2)